



What Can the Psychology Advising Center Do for You?

Working closely with the Psychology Advising Center will help you access resources for your education and help you achieve your academic goals. Below are some guidelines for what you can expect from your advisor and what will be expected of you.

What the **Psychology Advising Center** strives to do for you:

- Listen attentively to your questions and concerns and maintain confidentiality.
- Respect your unique interests, abilities, and circumstances.
- Help you explore a variety of academic options that support your personal and career interests.
- Explain the various Psychology degree requirements.
- Assist you in building an appropriate class schedule.
- Refer you to appropriate campus resources as needed.
- Help you learn how to search out answers for yourself.

The **Psychology Advising Center** cannot:

- Be your only source of advice. University College Advisors can clarify information about general education and University regulations, policies, and procedures. Career Counselors in Career Services are also valuable sources of information and advice as you begin to plan for life after graduation.
- Make decisions for you. Choices you make about courses to take or what to major/minor in must be yours, since the results of those decisions affect your future.
- Clear you for graduation. While the Psychology Advising Center can help you plan your courses to meet graduation requirements and sign graduation papers, you are responsible for making sure that you have met the requirements. The graduation office has the final authority in determining when you have satisfied all of the requirements for your degree.

What you can do as an advisee:

- Ask questions! Let us know when you need assistance with classes, ways to get involved, or even personal health concerns.
- Be prepared for advising sessions by bringing appropriate documents, making a list of questions and planning a tentative schedule.
- Honestly communicate your unique interests, abilities, and circumstances with your advisor.
- Take responsibility for achieving your success and accepting the consequences of your academic and personal decisions.
- Meet with your advisor regularly, we recommend meeting with an advisor every semester.
- Make sure that your AP, IB and transfer credits have been transferred to the U for evaluation.
- Arrive for your appointment on time. If you need to cancel, please let us know ASAP to allow us to assist other students needing appointments.