

Curriculum Vitae
Brianna Wellen

brianna.wellen@psych.utah.edu

Education

- In Progress University of Utah Department of Psychology
Clinical Psychology Doctoral Candidate
Advisor: Dr. Michael Himle
- May, 2014 B.A. with Honors in Psychology, Magna Cum Laude
Skidmore College, Saratoga Springs, NY
Honors Thesis Advisor: Dr. R. Brooke Bays

Honors and Awards

- December 2013 Psi Chi
- May 2013 The Foley Psychology Department Research Fund, Skidmore College
- Summer 2013 Skidmore College Faculty-Student Summer Research Collaborative Program
- March 2014 Skidmore College Travel to Conference Research Grant
- May 2014 Caren Lane Sass '35 Psychology Award, Skidmore College
- May 2014 Phi Beta Kappa
- August 2014 Award for Outstanding Poster Presentation, International Obsessive Compulsive Disorder Foundation (IOCDF)

Research Experience

- May 2014 –
June 2016 *Clinical Research Assistant*, Pediatric Anxiety Research Center (PARC), Bradley Hospital and Brown University Medical School
Responsibilities: Coordinated two federally funded studies, and performed lab manager duties.
Integrative Examination of Neurobehavioral Mechanisms in Tic Suppression, PI: Christine Conelea, PhD

Responsibilities on this grant include management of participant recruitment and screening, running of participants through Transcranial Magnetic Stimulation (TMS) and data management.

CBT for Pediatric OCD: A Community Training Pilot, PIs: Jennifer Freeman, PhD, and Kristen Benito, PhD

Responsibilities on this grant include patient and therapist participant recruitment, communication with community mental health agencies, managing data and budgets, and coding of therapy tapes using a complex coding system.

General Lab Duties

Responsibilities in the lab as a whole include hiring and supervising 1-3 volunteers each year, managing IRB submissions for studies going on in the lab, literature reviews for new grant applications.

September 2013 – *Student Principal Investigator*, Honors Thesis, Memory and Cognition Lab
May 2014 Skidmore College. Faculty sponsor: Dr. Brooke Bays.

Responsibilities: Design 2X2 mixed-design study to test the effects of photographs on future thinking. Independently recruit and tested adult participants, train new lab members to test participants, analyze data using SPSS and inferential statistics, and prepare work for publication.

September 2013 – *Research Assistant*, Cognitive, Affect and Temperament Lab, Skidmore College.
May 2014 Worked under the direction of Dr. Casey Schofield.

Responsibilities: Assist in development of mental health literacy research, including submission of IRB proposal, writing of online survey, collection of data using Qualtrics and Amazon's Mechanical Turk, analysis and interpretation of data. Participate in discussions and literature reviews about anxiety disorders, depression, and mental health literacy, and assisted with studies investigating these issues.

January 2014 – *Research Assistant*, Positive Psychology Lab, Skidmore College. Worked under
May 2014 the direction of Dr. Mark Rye.

Responsibilities: Assist with lab work, including recruitment of participants via cold calling, and review of papers and books for publication. Participate in discussions to further knowledge of techniques of positive psychology.

January 2013 – *Research Assistant*, Child Development Lab, Skidmore College. Worked under
August 2013 the direction of Dr. Amy Gardiner.

Responsibilities: Conduct cognitive development research project from start to finish in collaboration with one other student. Coordinate with area preschools and parents to organize recruitment and schedule data collection including travel to schools to collect data by working directly with preschoolers in individual sessions. After collection, code data from video recordings, create data files, and conduct analyses using descriptive and inferential statistics in SPSS. Present findings at campus-wide research conference to a general audience.

Peer-Reviewed Publications

Wellen, B., Skriner, L., Freeman, J., Stewart, E., Garcia, A., Sapyta, J., & Franklin, M. (2016). Psychometrics Properties of the Pediatric Quality of Life Enjoyment and Satisfaction Questionnaire. *Child Psychiatry and Human Development*, 1-9.

Stewart, E., Frank, H., Benito, K., **Wellen, B.**, Herren, J., Skriner, L., & Whiteside, S. (2016). Exposure therapy practices and mechanism endorsement: A survey of specialty clinicians. *Professional Psychology: Research and Practice*, 1-9.

Stewart, E., Cancilliere, M. K., Freeman, J., **Wellen, B.**, Garcia, A., Sapyta, J., & Franklin, M. (2016). Elevated Autism Spectrum Disorder Traits in Young Children with OCD. *Child Psychiatry & Human Development*, 1-9.

Conelea, C., & Wellen, B. (in press). *Tic treatment goes tech: A review of TicHelper.com*. Cognitive and Behavioral Practice.

Bays, R., **Wellen, B.** (under review). Looking Forward: The Effects of Photographs on Future Thinking.

Conference Presentations

Gardiner, A.K. **Wellen, B.** & Weiner, K. (2013, August). *Children's learning through observation*. Poster presented at the Skidmore Student-Faculty Summer Research Collaboration Symposium.

Wellen, B. & Bays, R.B. (2014, March). *The impact of photography on future thinking*. Poster presented at the annual meeting of the Eastern Psychological Association. Boston, MA.

Wellen, B., Frank, H., Hana, L., and Conelea, C. (2014, November). *Examining the Relationship Between Urge Intensity and Tic Suppression in Children*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

Wellen, B., Stewart, E., Skriner L., Freeman, J. (2015, April). *Measuring Symptoms, Quality of Life, and Functioning in Young Children with Obsessive Compulsive Disorder*. Poster presented at the annual meeting of the Anxiety and Depression Association of America. Miami, FL.

Stewart, E., Lachance, K., **Wellen, B.**, Case, B., Freeman, J., & Garcia, A. (2015, April). *Preliminary treatment outcomes and baseline phenomenology in an intensive outpatient program for pediatric Obsessive Compulsive Disorder*. Poster presented at the annual meeting of the Anxiety and Depression Association of America. Miami, FL.

Wellen, B., Stewart, E. Skriner, L., Freeman, J. (2015, August). *Reliability and Validity of the Pediatric Quality of Life Enjoyment and Satisfaction Questionnaire in Young Children with OCD*. Poster presented at the annual meeting of the International Obsessive Compulsive Disorder Foundation. Boston, MA.

Stewart, E., **Wellen, B.**, Case, B., Freeman, J., & Garcia, A. (2015, August). *Demographics of youth enrolled in an intensive program for Obsessive Compulsive Disorder*. Poster presented at the annual meeting of the International Obsessive Compulsive Disorder Foundation. Boston, MA.

Wellen, B., Stewart, E., Conelea, C. (2015, November). *Exploring the Characteristics of Young Children with Tic Disorders*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Chicago, IL.

Stewart, E., **Wellen, B.**, Conelea, C., Freeman, J., & Garcia, A. (2015, November). *Neuropsychological functioning in pediatric Obsessive Compulsive Disorder: Differences among Obsessive Compulsive Disorder severity*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Chicago, IL.

Conelea, C., **Wellen, B.**, & Greenberg, B. (2016, April). *Brain-context interactions in tic suppression: Description of a new methodology integrating rTMS and a behavioral experimental paradigm*. Poster presented at the annual Minnesota Neuromodulation Symposium. Minneapolis, MN.

Wellen, B., and Conelea, C., (2016, March). *Exploring the Tic Suppression Paradigm in Youth with Tic Disorders*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Clinical Experience

May 2015 – Present Volunteer at Intensive Outpatient Program for Children and Adolescents with OCD, Pediatric Anxiety Research Center (PARC), Bradley Hospital. East Providence, RI.

September 2013 Intern in a classroom for children with autism, Prospect Center.
December 2013 Queensbury, NY.

Summer 2012 Intern in a classroom for children with emotional disabilities, Collaborative School. New Gloucester, ME.

January 2011 – May 2011 Teacher's aide in pre-kindergarten classroom, Skidmore College. Saratoga Springs, NY.

Professional Affiliations

October 2013 – October 2014 Eastern Psychological Association, Student Member

October 2014 – Present Association for Cognitive and Behavioral Therapies, Student Member

May 2015 – Anxiety and Depression Association of America, Post-Bac Member
Present

May 2015 – International Obsessive Compulsive Disorder Foundation, Student Member
Present

November 2015 · Tic and Impulse Control Disorder Special Interest Group, Association for
Present Cognitive and Behavioral Therapies, Poster Chair