

ERIKA M. ROBERGE

CIRRICULUM VITAE

affected by PTSD and couples who are not.

Duties: Score and interpret study measures, analyze study data, and prepare manuscript.

April 2011- March 2014 **Henry M. Jackson Foundation for the Advancement of Military Medicine**

Washington DC VAMC

Principal Investigator, *An Analysis of Recruitment and Enrollment in INTRuST Clinical Consortium Mental Health-related Clinical Trials*

PI: Erika Roberge, BA

Co-Investigators: Ariel Lang, PhD, MPH & David Benedek, MD

Goal: Identify the most successful recruitment methods used in clinical trials and demographic variables which contribute to probability of completing a randomized controlled trial.

Duties: Conceptualize research question, develop the protocol, conduct data analyses, and prepare study's manuscript.

Study Coordinator, *A Proof-of-Concept, Double-Blind, Randomized, Placebo- Controlled Study of Ganaxolone in Posttraumatic Stress Disorder*

Lead PIs: Christine Marx, M.D. & Ann Rasmusson, M.D.

Site PIs: Richard Rosse, M.D. & David Benedek, M.D.

Goal: Assess the efficacy and tolerability of a neuroactive steroid, an allopregnanolone agonist, in the treatment of PTSD in a multi-site Phase II randomized controlled clinical trial.

Duties: Develop and implement recruitment strategies, screen interested participants for: PTSD (CAPS) and depression (PHQ-9) severity, suicidal ideation (Columbia Suicide Severity Scale), substance abuse and dependence (AUDIT-C, FTND), co-morbid psychiatric disorders (MINI), and medical history, complete point-of-care vitals and urine testing; re-assess randomized participants bi-weekly for the 17 week enrollment period, assess tolerability and distribute appropriate medication dose, centrifuge blood to obtain plasma samples, supervise undergraduate research assistants, design study advertisements, and prepare IRB submissions. Screened over 1,000 veterans and was the second-performing randomization site.

Center for the Study of Traumatic Stress

Research Assistant, *Ecological Momentary Assessment of PTSD and Insomnia*

PIs: Quinn Biggs, PhD, MPH, & Robert Ursano, MD

Goal: Monitor trend of posttraumatic stress and insomnia symptoms with ecological momentary assessment and actigraphy.

Duties: Assist in study development.

Clinical Psychopharmacology Psychophysiology Laboratory

Volunteer, *A Marker of Brain Function that Mediates Risk for Drug and Alcohol Abuse*

PIs: Frances Gabbay, PhD & Connie Duncan, PhD

Goal: Evaluate neuropsychological and brain indices of attention and cognitive control as potential markers of vulnerability to alcohol and drug abuse.

Duties: Recruit and screen participants, enter data, manage the lab calendar and data spreadsheets, and clean event-related potential (ERP) caps.

October 2012- October 2013 **Georgetown University**

Study Coordinator, *Warrior Internet Recovery and Education*

PIs: Janice Krupnick, PhD & David Cueva, PsyD

Goal: Assess the efficacy of an internet-adapted cognitive behavioral therapy for the treatment of Veterans with PTSD.

ERIKA M. ROBERGE

CIRRICULUM VITAE

Duties: Establish recruitment procedures, , prepare and maintain IRB documents, prepare for ORO (Office of Research Oversight) visit (passed), and assist with manuscript preparation.

**April 2009- August 2010 Comprehensive Assessment and Intervention Program
University of Maryland, College Park, MD**

Research Assistant

Director & PI: Andres de los Reyes, PhD

Goal: Broadly, CAIP studies social anxiety in adolescents and informant discrepancy.

Duties: Administer structured interviews, coordinate multi-room recording of study sessions, assist in the development of a physiological study of anxiety, and train new research assistants.

CLINICAL EXPERIENCE

**May 2016- present Psychology Intern, PTSD Team
Salt Lake City Veterans Affairs Medical Center, UT**

Duties: Complete intake interviews to assess for presence of PTSD, complete diagnostic reports, and provide evidence-based treatment for PTSD.

**August 2015- April 2016 Practicum Counselor, University Counseling Center
University of Utah, Salt Lake City, UT**

Duties: Complete integrative assessments for counseling center clients and provide cognitive behavior therapy for clients with anxiety/ depression- related concerns.

**January 2011- May 2011 Psychiatric Technician, Inpatient Psychiatry Unit
Sibley Memorial Hospital, Washington DC**

Duties: Work with individuals on a 19-patient inpatient psychiatric unit, assist with recovery of electroconvulsive therapy patients, assist patients with personal care, take vital signs, draw blood and complete electrocardiograms. Develop and teach group therapy lesson plans and write progress notes. Accomplishments: Assisted in re-structuring of group program. Recognized for superior patient care by supervisors and patients each month of employment.

**November 2009- December 2010 Intensive Early Intervention (IEI) Therapist & Trainer
Community Services for Autistic Adults & Children,
Brookeville, MD**

Duties: Administer Applied Behavioral Analysis working with 13 children ages 22 months- 11 years with autism. Sessions were two to three hours long including: gross motor development activities, structured therapy programs, and extensive data taking. Assisted with treatment planning and development of new therapy programs. Receive one hour of bi-weekly clinical supervision per client by the staff psychologists. Accomplishments: Promoted on July 6, 2010 to be a trainer for new CSAAC technicians.

**May 2009- October 2009 Crisis Support Specialist, Residential Support Specialist
Southern Maryland Community Network,
Prince Frederick, MD**

Duties: As a Crisis Support Specialist: Assist adolescents and adults with varying degrees of mental disorders in personal crisis, scheduling psychiatric and somatic appointments, monitoring medication intake, and writing case progress notes. As a Residential Support Specialist: provide assistance to adults with serious mental illness in developing daily living skills and in utilizing and reconnecting them to support available within the community, scheduling appointments and monitoring medication intake.

ERIKA M. ROBERGE

CIRRICULUM VITAE

PUBLICATIONS

- Mahon-Snyder, A.B., **Roberge, E.M.**, Bryan, A.O., Morrow, C.E., Stephenson, J., Haskell, J., & Bryan, C.J. (Submitted). Depression as a moderator of somatic complaints and physical role limitation in military personnel.
- Krupnick, J., Dutton, M., Green, B., **Roberge, E.M.**, Alaoui, A., Belouali, A., Cueva, D., Roberts, M.E., Melnikoff, S.E., & Amdur, R. (Submitted). An internet-based writing intervention for PTSD in veterans: A feasibility and pilot effectiveness trial.
- Roberge, E.M.**, Benedek, D.M., Marx, C.E., Rassmusson, A.M., & Lang, A.J. (Submitted). Analysis of recruitment strategies: Enrolling veterans with PTSD in a clinical trial.
- Roberge, E.**, Allen, N., Taylor, J., & Bryan, C.J. (2016). Relationship functioning in Vietnam veteran couples: The roles of PTSD and anger. *Journal of Clinical Psychology*. E pub ahead of print.
- Bryan, C.J., **Roberge, E.**, Bryan, A.O., Ray-Sannerud, B., Morrow, C.E., & Etienne, N. (2015). Guilt as a mediator of the relationship among depression and posttraumatic stress with suicide ideation in two samples of military personnel and veterans. *International Journal of Cognitive Therapy*, 8, 143-155.
- Bryan, C.J., Graham, E., & **Roberge, E.** (2015). Living a life worth living: spirituality and suicide risk in military personnel. *Spirituality in Clinical Practice*, 2, 74-78.
- Bryan, C., Hirschfeld, M., Palmer, B., Schak, K., **Roberge, E.**, & Lineberry, T. (2014). Gender differences in the association of agitation and suicide attempts among psychiatric inpatients. *General Hospital Psychiatry*, 36, 726-731.

PRESENTATIONS

- Roberge, E.M.** (2016, June). *Assessment of PTSD: Using the Clinician-Administered PTSD Scale*. Training presentation completed at The University of Utah, Salt Lake City, UT.
- Roberge, E.M.**, Williams, P.J., Heron, E., & Bryan, C.J. (Submitted). *Modifiable risk factors for the emergence of PTSD in deployed military personnel*. In A.J. Smith (Chair), "Diverse approaches to understanding post-combat adaptation among OEF/OIF/OND Veterans: Integrating social, cognitive, affective, and trait-based factors.
- Roberge, E.M.**, Atkinson, E., Oakey, D.N., Mahon-Snyder, A., Clemans, T.A., Mintz, J....& Bryan, C.J. (2016, April). *Reasons for living as a predictor of suicide ideation and depression in a sample of active duty military personnel*. Poster presented to the annual meeting for the American Association of Suicidology, Chicago, IL.
- Oakey, N., **Roberge, E.M.**, Atkinson, G., Mahon, A., Clemans, T.A., Mintz, J., Rudd, M.D.,...& Bryan, C.J. (2015, November). *Associations between reasons for living, depression, and suicide symptoms in a sample of active duty military personnel*. Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Mahon, A.B., **Roberge, E.M.**, Bryan, C.J., Bryan, A.O., Morrow, C.E., Stephenson, J., & Haskell, J. (2015, November). *Depression as a moderator of somatic complaints and functional impairment in military personnel*. Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, Chicago, IL.

ERIKA M. ROBERGE

CIRRICULUM VITAE

- Roberge, E.,** Bryan, C., Bryan, A., Ray-Sannerud, B., Morrow, C., & Etienne, N. (2015, November). *Guilt as a mediator of the relationship among depression and posttraumatic stress with suicide ideation in two samples of military personnel and veterans.* In C.J. Bryan (Chair), "What have I become?" Exploring the relationship of trauma with suicide risk. Paper presented at the annual meeting of the American Association of Suicidology, Atlanta, GA.
- Crenshaw, A.O., Baucom, B.R., Clemons, T.A., Leeson, T.A., **Roberge, E.,** Wolfe-Clark, A...Bryan, C.J. (2015, November). *Higher emotional arousal is associated with more difficulty generating reasons for living.* Symposium talk presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Roberge, E.,** Bryan, C., Bryan, A., Ray-Sannerud, B., Morrow, C., & Etienne, N. (2015, April). *Guilt as a mediator of the relationship among depression and posttraumatic stress with suicide ideation in two samples of military personnel and veterans.* Symposium talk to be presented at the annual meeting for the American Association of Suicidology, Atlanta, GA.
- Roberge, E.,** Bryan, C., Hitschfeld, M., Palmer, B., Schak, K., & Lineberry, T. (2015, April). *Gender differences in the association of agitation and suicide attempts among psychiatric inpatients.* Poster to be presented at the annual meeting for the American Association of Suicidology, Atlanta, GA.
- Roberge, E.,** Bryan, C., Hitschfeld, M., Palmer, B., Schak, K., & Lineberry, T. (2014, November). *Gender differences in the association of agitation and suicide attempts among psychiatric inpatients.* Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Roberge, E.,** Allen, N., & Taylor, J. (2014, March). *Impact of PTSD on Relationship Functioning in Vietnam Veterans and Their Partners.* Poster presented at the annual meeting of Anxiety and Depression Association of America, Chicago, IL.
- Roberge, E.,** & Krupnick, J. (2014, March). *Feasibility of an Internet Treatment Approach for PTSD in Veterans.* Poster presented at the annual meeting of Anxiety and Depression Association of America, Chicago, IL.
- Roberge, E.,** Lang, A., & Benedek, D. (2013, April). *Recruitment and Enrollment in Behavioral Health-related Clinical Trials: An Analysis of Recruitment Data from INTRuST Clinical Consortium Studies.* Poster presented at the annual meeting of Anxiety and Depression Association of America, La Jolla, CA.

TEACHING EXPERIENCE

Spring 2015 **Teaching Assistant, PSYC 1010: Introduction to Psychology**
University of Utah, Salt Lake City, UT

Professor: Michael Himle, PhD

Duties: Grade exams, provide extra support for students struggling with course content, and present course lectures.

Fall 2014 **Teaching Assistant, PSYC 3010: Research Methods in Psychology**
University of Utah, Salt Lake City, UT

Professor: Carol Werner, PhD

Duties: Independently lead discussion sections, present PowerPoint presentations, direct group activities, and grade course research papers for 16 students.

ERIKA M. ROBERGE

CIRRICULUM VITAE

Fall 2010 **Teaching Assistant, PSYC 100: Introduction to Psychology**
University of Maryland, College Park, MD

Professor: Scott Roberts, PhD

Duties: Provide support to the professor by grading weekly homework assignments and three exams for 84 students and holding office hours.

Spring 2010 **Teaching Assistant, PSYC 353: Abnormal Psychology**
University of Maryland, College Park, MD

Professor: Charles Gelso, PhD

Duties: Responsible for grading papers, writing exam items, and helping students with course material. Presented a 75-minute lecture on Posttraumatic Stress Disorder on March 9, 2010.

HONORS & PROFESSIONAL MEMBERSHIPS

May 2016	Recipient of University of Utah Psychology Department's Research Commendation
May 2016	Recipient of University of Utah Psychology Department's Graduate Student Service Commendation
April 2016	Nominated for College of Social and Behavioral Sciences Individual Commitment to Service Award
May 2015	Recipient of University of Utah Psychology Department's Graduate Student Service Commendation
March 2015	Recipient of Clayton Award for Excellence in Research on Underrepresented Populations (\$2500)
February 2015	Recipient of training and travel award (\$1000) from the Military Suicide Research Consortium Research Training Day
October 2014	Recipient of training and travel award (\$400) from USC's Adolescent Trauma Training Center
July 2014- present	Association for Behavioral and Cognitive Therapies (ABCT) Suicide and Self-Injury Special Interest Group member

SERVICE

Spring 2016 **Guest Speaker, Suicide Prevention talk**
Skyline High School, Salt Lake City, UT

Duties: Presented talk on suicide warning signs and prevention to high school students.

Spring 2016 **Applicant Recruitment Coordinator**
University of Utah, Salt Lake City, UT

Duties: Coordinate, plan, and schedule interview weekend for approximately 30 prospective incoming students.

August 2014- present **Student Representative, Clinical Training Committee**
University of Utah, Salt Lake City, UT

Duties: Nominated by classmates to attend weekly meetings with Clinical Science faculty addressing

ERIKA M. ROBERGE

CIRRICULUM VITAE

program-relevant topics such as APA accreditation and student concerns. Coordinate, plan, and schedule interview weekend for approximately 30 prospective incoming students.

CLINICAL INTERVENTION TRAINING

Applied Behavioral Analysis
Cognitive Behavior Therapy
Integrative Treatment for Complex Trauma for Adolescents

ASSESSMENT ADMINISTRATION & INTERPRETATION EXPERIENCE

Advanced Clinical Solutions Social Perception Subtest (ACS-SP)
Clinician Administered PTSD Scale (CAPS)
Connors' Continuous Performance Test (CPT-II)
Millon Clinical Multiaxial Inventory (MCMI-III)
Mini International Neuropsychiatric Interview (MINI)
Minnesota Multiphasic Personality Inventory (MMPI-2)
Personality Assessment Inventory (PAI)
Victoria Symptom Validity Test (VSVT)
Weschler Adult Intelligence Scale (WAIS-IV)