

# KATHERINE J.W. BAUCOM, PH.D.

## Curriculum Vitae

Department of Psychology  
University of Utah  
380 South 1530 East  
BEHS 502  
Salt Lake City, UT 84112  
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[katherine.baucom@psych.utah.edu](mailto:katherine.baucom@psych.utah.edu)

## EDUCATION

- |                             |   |
|-----------------------------|---|
| <b>Ph.D.</b><br>Spring 2012 | <b>University of California, Los Angeles</b><br>Clinical Psychology (Measurement Minor) |
| <b>M.A.</b><br>Fall 2006    | <b>University of California, Los Angeles</b><br>Clinical Psychology (Measurement Minor) |
| <b>B.A.</b><br>Spring 2005  | <b>New College of Florida, Sarasota, FL</b><br>Psychology                               |

## LICENSURE

- |                |  |
|----------------|--|
| 2012 – present | Licensed Psychologist (# 8385115-2501)<br>Utah |
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## PROFESSIONAL APPOINTMENTS

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|----------------|--|
| 2020 – present | Assistant Professor, University of Utah Department of Psychology                   |
| 2018 – present | Adjunct Instructor, NYU Family Translational Research Group                        |
| 2017 – 2020    | Research Assistant Professor, University of Utah Department of Psychology          |
| 2017 – 2018    | Assistant Research Scientist, NYU Family Translational Research Group              |
| 2012 – 2017    | Staff Associate, University of Utah Counseling Center                              |
| 2012 – 2016    | Assistant Professor (Clinical), University of Utah Department of Psychology        |
| 2011 – 2012    | Psychology Intern, University of California, San Diego/San Diego VA                |
| 2011 – 2012    | Research Associate, San Diego VA   |
| 2009 – 2012    | Research Associate, LA Biomedical Research Institute at Harbor-UCLA Medical Center |
| 2006 – 2011    | Teaching Assistant, UCLA Department of Psychology                                  |
| 2005 – 2006    | Graduate Student Researcher, UCLA Department of Psychology                         |

## AWARDS & HONORS

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|-------------|--|
| 2019        | Faculty Recognition Award, University of Utah Career & Professional Development Center                   |
| 2018-2020   | NIH Clinical Research Loan Repayment Program, NIDDK  |
| 2016-2017   | Vice President's Clinical and Translational Research Scholar, University of Utah                         |
| 2015-2017   | NIH Clinical Research Loan Repayment Program, NIDDK  |
| 2011        | Virginia Roswell Dissertation Award, ABCT (\$1,000)  |
| 2010        | Tamar Diana Wilson Grant, UCLA Institute of American Cultures' Chicano Studies Research Center (\$5,000) |
| 2010        | Randy Gerson Memorial Grant, American Psychological Foundation (\$6,000)                                 |
| 2006 – 2008 | Summer Research Mentorship Awards, UCLA Graduate Division  |
| 2006        | Steve Duck New Scholar Award, International Association for Relationship Research                        |

**RESEARCH SUPPORT****CURRENT**

2018-2023 *Couple-Based Lifestyle Intervention to Prevent Type 2 Diabetes*  
K23, NIDDK (\$899,723)  
Role: PI  
Mentors: Timothy Smith, Ph.D., Lauren Clark, Ph.D., Debra Simmons, M.D.

**COMPLETED**

2016 – 2017 *Couple Therapy as an Adjunct to Medical Treatment in Relationally Distressed Individuals with Metabolic Syndrome and Their Partners*  
Funding Incentive Seed Grant (\$24,805)  
Utah Research Foundation, University of Utah  
Role: PI

2015-2017 *Couple Therapy as an Adjunct to Medical Treatment in Relationally Distressed Individuals with Metabolic Syndrome and Their Partners*  
Faculty Pilot Grant (\$10,000)  
Consortium for Families and Health Research, University of Utah  
Role: PI

2014 – 2017 *Self-Regulation and Collaborative Coping with Type 1 Diabetes over the Life Span*  
DP3, NIDDK (\$3,874,558 for 2014-2019)  
Role: Co-Investigator (11.1% effort)  
PIs: Cynthia Berg, Ph.D., Vicki Helgeson, Ph.D.

2015-2016 *Incorporating Patient-Partner Dyads in a Healthy Lifestyle Program Following Total Knee Arthroplasty: A Pilot Assessment of Feasibility and Preliminary Effects*  
Faculty Pilot Grant (\$9,600)  
Consortium for Families and Health Research, University of Utah  
Role: Co-Investigator  
PI: Paul LaStayo, Ph.D., PT

2013 *Prevention of Relationship Distress at the Transition to Parenthood*  
LEGO Foundation Grant  
Role: Statistical Consultant  
PI: Tea Trillingsgaard, Ph.D. (Aarhus University, Denmark)

2009-2012 *Prevention of Relationship Distress in Low-Income Couples Transitioning to Parenthood*  
F31, NICHD (\$91,683)  
Role: PI, Katherine Williams [Baucom] (F31HD062168)  
Faculty sponsors: Andrew Christensen, Ph.D., Astrid Reina, Ph.D.

2005-2006 *Acceptance and Change in Couple Therapy*  
R01, NIMH  
Role: Graduate Student Researcher  
PIs: Andrew Christensen, Ph.D. (R01MH56223), Neil Jacobson, Ph.D. (R01MH56165)

**PUBLICATIONS****Peer-reviewed journal articles**

32. \*Aguirre, M.C., Brown, H., Gershenoff, D., Hinton, K.L., \*Huntzinger, O.M., Klein, N., Ramos, C., Tavake-Pasi, O.F., Witte, B., Wolfsfeld, M., Sher, T., Simmons, D., Smith, T.W., Clark, L., & **Baucom**,

- K.J.W.** (in press). The role of advocacy in adapting the Diabetes Prevention Program for couple-based delivery that reaches marginalized groups. *the Behavior Therapist*.
31. Crenshaw, A.O., Leo, K., Christensen, A., Hogan, J.N., **Baucom, K.J.W.**, & Baucom, B.R.W. (in press). Relative importance of conflict topics for within-couple tests: The case of demand/withdraw interaction. *Journal of Family Psychology*.
  30. Heyman, R.E., **Baucom, K.J.W.**, Slep, A.M.S., Mitnick, D.M., & Halford, W.K. (in press). An uncontrolled trial of flexibly delivered relationship education with low-income, unmarried perinatal couples. *Family Relations*. <https://doi.org/10.1111/fare.12431>
  29. Heyman, R.E., **Baucom, K.J.W.**, Xu, S., Slep, A.M.S., Snarr, J.D., Foran, H.M., Lorber, M.F., Wojda, A.K. & U.S. Air Force Family Advocacy Program (in press). High sensitivity and specificity screening for clinically significant intimate partner violence. *Journal of Family Psychology*. <https://doi.org/10.1037/fam0000781>
  28. Leo, K., Crenshaw, A.O., Hogan, J.N., Bourne, S.V., **Baucom, K.J.W.**, & Baucom, B.R.B. (in press). A replication and extension of the interpersonal model of demand/withdraw behavior: Incorporating subjective emotional experience. *Journal of Family Psychology*.
  27. Ritchie, N.D., **Baucom, K.J.W.**, & Sauder, K.A. (in press). Current perspectives on the impact of the National Diabetes Prevention Program: Building on successes and overcoming challenges. *Diabetes, Metabolic Syndrome & Obesity: Targets & Therapy*.
  26. Slep, A.M.S., Heyman, R.E., Lorber, M.F., **Baucom, K.J.W.**, & Linkh, D.J. (in press). Evaluating the effectiveness of NORTH STAR: A community-based framework to reduce secretive adult problems. *Prevention Science*.
  25. Bulling, L.J., **Baucom, K.J.W.**, Lorber, M.F., Heyman, R.E., Slep, A.M.S., & Mitnick, D.M. (2020). Predicting program retention in a flexibly-delivered relationship education program for low-income, unmarried parents. *Journal of Family Social Work*, 23(3), 234-256. <https://doi.org/10.1080/10522158.2019.1681337>
  24. Deits-Lebehn, C., **Baucom, K.J.W.**, Crenshaw, A.O., Smith, T.W., & Baucom, B.R. (2020). Incorporating physiology into the study of psychotherapy process. *Journal of Counseling Psychology*, 67(4), 488-499. <https://doi.org/10.1037/cou0000391>
  23. Heyman, R.E., Snarr, J. D., Smith, A.M.S., **Baucom, K.J.W.**, & Linkh, D. J. (2020). Self-reporting DSM-5/ICD-11 clinically significant intimate partner violence and child abuse: Convergent and response process validity. *Journal of Family Psychology*, 34(1) 101-111. <https://doi.org/10.1037/fam0000560>
  22. †Ritchie, N., †**Baucom, K.J.W.**, & Sauder, K.A. (2020). Benefits of participating with a partner in the National Diabetes Prevention Program. *Diabetes Care*, 43(2), e20-e21. <https://doi.org/10.2337/dc19-1489>
- †equal contributions
21. **Baucom, K.J.W.**, & Ritchie, N.D. (2019). Including partners in the National Diabetes Prevention Program: Rationale and practical considerations. *American Association of Diabetes Educators in Practice*, 7(6), 46-47. <https://doi.org/10.1177/2325160319877569>
  20. Heyman, R.E., **Baucom, K.J.W.**, Slep, A.M.S., Mitnick, D.M., & Lorber, M.F. (2019). A research program testing the effectiveness of a preventive intervention program for couples with a newborn. *Family Process*, 58(3), 669-684. <https://doi.org/10.1111/famp.12428>
  19. Heyman, R.E., Slep, A.M.S., Lorber, M.F., Mitnick, D.M., Xu, S., **Baucom, K.J.W.**, Halford, W. K., & Niolon, P. (2019). A randomized, controlled trial of the impact of the Couple CARE for Parents of Newborns program on the prevention of intimate partner violence and relationship problems. *Prevention Science*, 20, 620-631. <https://doi.org/10.1007/s11121-018-0961-y>
  18. Tracy, E.L., Berg, C.A., **Baucom, K.J.W.**, Turner, S., Kelly, C.S, Van Vleet, M., Butner, J., & Helgeson, V.S. (2019). Daily sleep quality and daily stressors in couples coping with type 1 diabetes. *Health Psychology*, 38(1), 75-83. <https://doi.org/10.1037/hea0000690>
  17. Baucom, B.R.W., **Baucom, K.J.W.**, Hogan, J.N., Crenshaw, A.O., Bourne, S.E., Crowell, S., Georgiou, P.G., & Goodwin, M. (2018). Cardiovascular reactivity to marital conflict in laboratory and naturalistic settings. *Family Process*, 57(3), 662-678. <https://doi.org/10.1111/famp.12353>

16. **Baucom, K.J.W.**, \*Chen, X.S., \*Perry, N., \*Revolorio, K.Y., Reina, A., & Christensen, A. (2018). Recruitment and retention of low-SES ethnic minority couples in intervention research at the transition to parenthood. *Family Process*, 57(2), 308-323. <https://doi.org/10.1111/famp.12287>
15. **Baucom, K.J.W.**, Turner, S.L., Tracy, E.L., Berg, C.A., & Wiebe, D.J. (2018). Depressive symptoms and diabetes management from late adolescence to emerging adulthood. *Health Psychology*, 37(8), 716-724. <https://doi.org/10.1037/hea0000645>
14. Baucom, B.R.W., Leo, K., Adamo, C., Georgiou, P., & **Baucom, K.J.W.** (2017). Conceptual and statistical issues in couples observational research: Rationale and methods for design decisions. *Journal of Family Psychology*, 31(8), 972-982. <https://doi.org/10.1037/fam0000370>
13. Butner, J.E., Deits-Lebehn, C., Crenshaw, A.O., Wiltshire, T.J., Perry, N.S., Kent de Grey, R.G., Hogan, J.N., Smith, T.W., **Baucom, K.J.W.**, & Baucom, B.R.W. (2017). A multivariate dynamic systems model for psychotherapy with more than one client. *Journal of Counseling Psychology*, 64(6), 616-625. <https://doi.org/10.1037/cou0000238>
12. Perry, N.S., **Baucom, K.J.W.**, Bourne, S., Butner, J., Crenshaw, A.O., Hogan, J.N., ... Baucom, B.R.W. (2017). Graphic methods for interpreting longitudinal dyadic patterns from Repeated-Measures Actor-Partner Interdependence Models. *Journal of Family Psychology*, 31(5), 592-603. <https://doi.org/10.1037/fam0000293>
11. \*Perry, N.S., \*Chaplo, S. D., & **Baucom, K.J.W.** (2017). The impact of cumulative minority stress on cognitive behavioral treatment with gender minority individuals: A case study and clinical recommendations. *Cognitive and Behavioral Practice*, 24(4), 472-483. <https://doi.org/10.1016/j.cbpra.2016.12.004>
10. Queen, T.L., **Baucom, K.J.W.**, Baker, A., Mello, D., Berg, C.A., & Wiebe, D. (2017). Neighborhood disorder predicts HbA1c in late adolescents with type 1 diabetes. *Social Science and Medicine*, 183, 126-129. <https://doi.org/10.1016/j.socscimed.2017.04.052>
9. Kliem, S., Weusthoff, S., Hahlweg, K., **Baucom, K.J.W.**, & Baucom, B. (2015). Predicting long-term risk for relationship dissolution using non-parametric conditional survival trees. *Journal of Family Psychology*, 29(6), 807-817. <https://doi.org/10.1037/fam0000134>
8. **Baucom, K.J.W.**, Queen, T.L., Wiebe, D.J., Turner, S.L., Wolfe, K.L., Godbey, E.I., Fortenberry, K.T., Mansfield, J.H., & Berg, C.A. (2015). Depressive symptoms, daily stress, and adherence in late adolescents with type 1 diabetes. *Health Psychology*, 34(5), 522-530. <https://doi.org/10.1037/hea0000219>
7. **Baucom, K.J.W.**, Baucom, B.R., & Christensen, A. (2015). Changes in dyadic communication during and after Integrative and Traditional Behavioral Couple Therapy. *Behaviour Research and Therapy*, 65, 18-28. <https://doi.org/10.1016/j.brat.2014.12.004>
6. Trillingsgaard, T., **Baucom, K.J.W.**, & Heyman, R.E. (2014). Predictors of change in relationship satisfaction during the transition to parenthood. *Family Relations*, 63(5), 667-679. <https://doi.org/10.1111/fare.12089>
5. \*Kaufman, E.A., & **Baucom, K.J.W.** (2014). Treating comorbid social anxiety and major depression: The challenge of diagnostic overshadowing. *Clinical Case Studies*, 13(3), 265-281. <https://doi.org/10.1177/1534650113508220>
4. **Baucom, K.J.W.**, Baucom, B.R., & Christensen, A. (2012). Do the naïve know best? The predictive power of naïve ratings of couple interactions. *Psychological Assessment*, 24(4), 983-994. <https://doi.org/10.1037/a0028680>
3. Trillingsgaard, T., **Baucom, K.J.W.**, Heyman, R.E., & Elklit, A. (2012). Relationship interventions at the transition to parenthood: Issues of timing and efficacy. *Family Relations*, 61(5), 770-783. <https://doi.org/10.1111/j.1741-3729.2012.00730.x>
2. **Baucom, K.J.W.**, Sevier, M., Eldridge, K.A., Doss, B.D., & Christensen, A. (2011). Observed communication in couples two years after Integrative and Traditional Behavioral Couple Therapy: Outcome and link with five-year follow-up. *Journal of Consulting and Clinical Psychology*, 79(5), 565-576. <https://doi.org/10.1037/a0025121>

1. **Williams-Baucom, K.J.**, Atkins, D.C., Sevier, M., Eldridge, K.A., & Christensen, A. (2010). "You" and "I" need to talk about "us:" Linguistic patterns in couple interactions. *Personal Relationships*, 17(1), 41-56. <https://doi.org/10.1111/j.1475-6811.2010.01251.x>

### Book chapters and encyclopedia entries

10. **Baucom, K.J.W.**, Mercer, F.D., \*Aguirre, M.A., & Christensen, A. (in press). Integrative behavioral couple therapy. In Corcoran, K. & Roberts, A.R. (Eds.), *Social Workers' Desk Reference*, 4<sup>th</sup> Ed. Oxford University Press.
9. **Baucom, K.J.W.** & Baucom, B.R.W. (2017). Andrew Christensen. In Lebow, J., Chambers, A., & Breunlin, D. (Eds.), *Encyclopedia of Couple and Family Therapy*. New York, NY: Springer Publications, Inc.
8. \*Crasta, D., \*Knopp, K., Baucom, B.R.W., & **Baucom, K.J.W.** (2017). Couple Research and Treatment special interest group of ABCT. In Lebow, J., Chambers, A., & Breunlin, D. (Eds.), *Encyclopedia of Couple and Family Therapy*. New York, NY: Springer Publications, Inc.
7. **Baucom, K.J.W.** (2017). Integrative behavioral couple therapy. In Wenzel, A. (Ed.), *SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage Publications, Inc.
6. **Baucom, K.J.W.** & \*Leo, K. (2017). Protective buffering. In Wenzel, A. (Ed.), *SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage Publications, Inc.
5. **Baucom, K.J.W.** & \*Perry, N.S. (2017). Traditional behavioral couple therapy. In Wenzel, A. (Ed.), *SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage Publications, Inc.
4. **Baucom, K.J.W.**, Mercer, F.D., & Christensen, A. (2015). Integrative behavioral couple therapy. In Corcoran, K. & Roberts, A.R. (Eds.), *Social Workers' Desk Reference*, 3<sup>rd</sup> Ed. Oxford University Press.
3. Christensen, A. & **Williams, K.J.** (2009). Integrative behavioral couple therapy. In Reis, H., & Sprecher, S. (Eds.), *Encyclopedia of Human Relationships* (pp. 863-865). Thousand Oaks, CA: Sage Publications, Inc.
2. Christensen, A., McGinn, M.M., & **Williams, K.J.** (2008). Behavioral couples therapy. In Gabbard, G. (Ed.), *Textbook of Psychotherapeutic Treatments* (pp. 603-623). Arlington, VA: American Psychiatric Publishing, Inc.
1. **Williams, K.J.**, Mercer, F.D., & Christensen, A. (2008). Integrative behavioral couple therapy. In Franklin, C., et al. (Eds.), *Social Workers' Desk Reference*, 2<sup>nd</sup> Ed (pp. 467-473). Oxford University Press.

### Peer-reviewed conference proceedings

2. Chaspari, T., Timmons, A.C., Baucom, B.R., Perrone, L., **Baucom, K.J.W.**, Georgiou, P.G., Margolin, G., & Narayanan, S.S. (2017). *Exploring sparse representation measures of physiological synchrony for romantic couples*. International Conference on Affective Computing and Intelligent Interaction.
1. Chaspari, T., Baucom, B.R., Timmons, A.C., Tsiartas, A., Del Piero, L.B., **Baucom, K.J.W.**, Georgiou, P.G., Margolin, G., & Narayanan, S.S. (2015). *Quantifying EDA synchrony through joint sparse representation: A case-study of couples' interactions*. International Conference on Acoustics, Speech and Signal Processing.

\*denotes student mentee

## PROFESSIONAL ACTIVITIES

### Psychology Department Service, University of Utah

Undergraduate Committee (2019-present)  
 Clinical Training Committee (2012-present)  
 Diversity Committee (2018-2019)

### University of Utah Service

Mentor, Utah CCTS Interdisciplinary Spheres of Translation across the Research Spectrum (STARS) TL1 Training Program (2019-present)  
 Member, VPCAT Alumni Advisory Committee (2019-present)

### National Service

Member-at-Large, Society for a Science of Clinical Psychology Board of Directors (2019-2020)  
 Coordinator, ABCT Academic & Professional Issues (2017-2020)  
 Chair, ABCT Awards & Recognition Committee (2014-2017)  
 Member, ABCT Academic & Professional Issues Committee (2014-2017)  
 Co-President, ABCT Couples' Research & Therapy Special Interest Group (2014-2016)  
 Member, ABCT Awards & Recognition Committee (2012-2014)  
     Subcommittee Chair, Student Awards (2012-2014)  
     Subcommittee Member, Dissertation Awards (2012-2014)  
 External Reviewer, Facilitating Research & Creative Activities Pilot Grant, San Francisco State University (2014)  
 Reviewer, World Congress of Behavioral and Cognitive Therapies Posters and Open Papers (2013)  
 Student Co-President, ABCT Couples' Research & Therapy Special Interest Group (2009-2011)

### Editorial Boards

*the Behavior Therapist* (2017-2019)  
*Family Process* (2014-2017)

### Ad Hoc Manuscript Review

<i>Acta Paediatrica</i>	<i>Anxiety, Stress, and Coping</i>
<i>Behavior Therapy</i>	<i>Behaviour Research and Therapy</i>
<i>BMJ Open Diabetes Research &amp; Care</i>	<i>Depression &amp; Anxiety</i>
<i>Diabetes Research and Clinical Practice</i>	<i>Family Practice</i>
<i>Family Process</i>	<i>Journal of Child &amp; Family Studies</i>
<i>Journal of Clinical Psychology in Medical Settings</i>	<i>Journal of Consulting &amp; Clinical Psychology</i>
<i>Journal of Couple &amp; Relationship Therapy</i>	<i>Journal of Diabetes and Its Complications</i>
<i>Journal of Family Psychology</i>	<i>Journal of Language &amp; Social Psychology</i>
<i>Journal of Social &amp; Personal Relationship</i>	<i>Journal of Social &amp; Clinical Psychology</i>
<i>Personal Relationships</i>	<i>Psychology of Learning &amp; Teaching</i>

### Professional Affiliations

American Diabetes Association  
 American Psychological Association  
 Association for Behavioral and Cognitive Therapies  
     Behavioral Medicine Special Interest Group (SIG)  
     Couples' Research & Therapy SIG  
     Dissemination & Implementation Science SIG  
 Society for a Science of Clinical Psychology  
 Society of Behavioral Medicine

### CONFERENCE PRESENTATIONS

75. Tracy, E.L., **Baucom, K.J.W.**, Helgeson, V.S., & Berg, C.A. (2020, April 1-4). *Illness appraisal and positive interaction in couples with type 1 diabetes* [Poster presentation]. The Scientific Sessions of the Society for Behavioral Medicine, San Francisco, CA.
74. **Baucom, K.J.W.**, Aguirre, M.C., Arones, Y., Coulter, H., Gershonoff, D., Hinton, K.L., Napia, E., Ramos, C., Rowe, N., Tavake-Pasi, O.F., Villalta, J., Sher, T., Smith, T.W., & Clark, L. (2019, November 21-24). *Community advisory board for couple-based diabetes prevention* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, Atlanta, GA.
73. Rascon, A., Heyman, R.E., **Baucom, K.J.W.**, Isaac, L., Haydt, N.C., DiSpirito, Z.F., Glazman, J.E., Guerrero, C., Fat, S.J., & Slep, A.M.S. (2019, June 19-22). *Patient experience and expression of unpleasant emotion during healthcare encounters* [Poster presentation]. The International Association for Dental Research, Vancouver, Canada.
72. **Baucom, K.J.W.**, Helgeson, V.S., & Berg, C.A. (2019, June 7-11). *In the eye of the beholder? Communication in couples coping with type 1 diabetes* [Poster presentation]. The American Diabetes Association Scientific Sessions, San Francisco, CA.
71. Adamo, C., Crenshaw, A., Hogan, J., Leo, K., Bourne, S., **Baucom, K.J.W.**, & Baucom, B.R.W. (2018, November 15-18). *Utilizing wearable technology to study relationship conflict in naturalistic settings* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, Washington, DC.
70. Crenshaw, A.O., Leo, K., Christensen, A., Hogan, J.N., **Baucom, K.J.W.**, & Baucom, B.R.W. (2018, November 15-18). *Demand/withdraw behavior and the structure of couple conflict: Reexamining an old question with new methods* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, Washington, D.C.
69. Leo, K., **Baucom, K.J.W.**, & Baucom, B.R.W. (2018, November 15-18). *Methodological issues in observational research on group differences: Disentangling enactment and perception of behavior and emotion*. In F. Leifker (Chair), *Improving the Inclusivity, Replicability, and Generalizability of Couples Research Through Technological and Methodological Innovations* [Symposium]. The Association for Behavioral and Cognitive Therapies, Washington, D.C.
68. Adamo, C., Hogan, J.N., Leo, K., Crenshaw, A.O., **Baucom, K.J.W.**, & Baucom, B.R.W. (2017, November 16-19). *The physiology of relationship conflict across contexts* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, San Diego, CA.
67. **Baucom, K.J.W.** (2017, November 16-19). Discussant. In K. Knopp (Chair), *From efficacious to effective: Interventions for disadvantaged couples* [Symposium]. The Association for Behavioral and Cognitive Therapies, San Diego, CA.
66. Leo, K., Adamo, C., Georgiou, P.G., Baucom, B.R.W., & **Baucom, K.J.W.** (2017, November 16-19). *Observational coding: Power in the masses* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, San Diego, CA.
65. Heyman, R.E., Slep, A.M.S., **Baucom, K.J.W.**, Mitnick, D.M., Lorber, M.F., & Xu, S. (2017, August 3-4). *Prevention programs for couples with a newborn: Promising or problematic?* [Paper presentation]. Child Development: The Roles of the Family and Public Policies, Vejle, Denmark.
64. Adamo, C., Leo, K., Hogan, J.N., Crenshaw, A.O., **Baucom, K.J.W.**, & Baucom, B.R.W. (2017, May 25-27). *Absence makes the heart grow how? Daily life physiological functioning in romantic partners* [Poster presentation]. Association for Psychological Science, Boston, MA.
63. Adamo, C., Leo, K., Hogan, J.N., Crenshaw, A.O., **Baucom, K.J.W.**, & Baucom, B.R.W. (2017, April 6-8). *Strong reactions, stronger attributions: Evidence in support of the Polarization Process Model of relationship distress* [Poster presentation]. Rocky Mountain Psychological Association, Salt Lake City, UT.
62. Leo, K., Crenshaw, A.O., Hogan, J.N., Bourne, S., Chaspari, T., **Baucom, K.J.W.**, & Baucom, B.R.W. (2017, April 6-8). *The role of affect modulation in the demand-withdraw interaction pattern* [Poster presentation]. Rocky Mountain Psychological Association, Salt Lake City, UT.

61. Lee, E., Helgeson, V.S., **Baucom, K.J.W.**, & Berg, C.A. (2017, March 29-April 1). *Daily diabetes stress, general stress, and sleep satisfaction in couples with type 1 diabetes: Evidence of bidirectional effects* [Poster presentation]. Society of Behavioral Medicine, San Diego, CA.
60. Wiebe, D. Silva, S., Suchy, Y., **Baucom, K.J.W.**, & Berg, C.A. (2017, March 29-April 1). *Depressive symptoms moderate links between self-regulation and type 1 diabetes management in late adolescents* [Paper presentation]. Society of Behavioral Medicine, San Diego, CA.
59. Deits-Lebehn, C.M., Smith, T.W., Hogan, J.N., Crenshaw, A.O., Perry, N.S., Wiltshire, T., Kent, R., Dickenson, J., Baron, C., **Baucom, K.J.W.**, & Baucom, B.R.W. (2016, October 27-30). A systems approach to modeling intra- and interpersonal processes in psychotherapy and psychopathology. In Z.E. Imel & B. Baucom (Chairs), *A biobehavioral model of therapeutic presence in couple therapy* [Symposium]. The Association for Behavioral and Cognitive Therapies, New York, NY.
58. Leo, K., Crenshaw, A.O., Hogan, J.N., Bourne, S., **Baucom, K.J.W.**, Baucom, B.R.W. (2016, October 27-30). *Observational assessment of couple conflict behaviors in the lab and in the home* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, New York, NY.
57. Perry, N.S. Crenshaw, A. O., Hogan, J. N., Leo, K., **Baucom, K. J. W.**, & Baucom, B. R. W. (2016, October 27-30). Interpersonal aspects of emotion regulation mediate associations between psychological distress and communication behavior in married couples. In K. Christensen (Chair), *Lifespan and methodological perspectives on interpersonal emotion regulation: Implications for clinical science* [Symposium]. The Association of Behavioral and Cognitive Therapies, New York, NY.
56. Crenshaw, A.O., Hogan, J.N., **Baucom, K.J.W.**, Leo, K., & Baucom, B.R. (2016, May 26-29). *Stress, empathic accuracy, and satisfaction across four relationship conversations: A multilevel SEM approach* [Poster presentation]. The Association for Psychological Science, Chicago, IL.
55. Berg, C., Helgeson, V., Queen, T., Van Vleet, M., Fuessel-Herrmann, D., Huntbach, B., Kelly, C., Russo, M., **Baucom, K.J.W.**, Ramsey, M., Jones, R., & Korytkowski, M. (2016, March 30-April 2). *Disclosure to partner and self-regulation of type 1 diabetes in couples during adulthood* [Paper presentation]. Society of Behavioral Medicine, Washington, DC.
54. **Baucom, K.J.W.**, Helgeson, V.S., & Berg, C.A. (2015, November 12-15). *Dyadic communication in adults with type 1 diabetes and their partners* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
53. Crenshaw, A.O., Hogan, J.N., **Baucom, K.J.W.**, Leo, K., Baucom, B.R. (2015, November 12-15). *Is it all about me? Predictors and consequences of empathic accuracy during relationship conversations* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
52. Hogan, J.N., Crenshaw, A.O., **Baucom, K.J.W.**, & Baucom, B.R. (2015, November 12-15) *Quantity, quality, and form of time spent together in intimate relationships: Implications for relationship functioning* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, Chicago, IL.
51. Hogan, J.N., Crenshaw, A.O., Bourne, S., Kent De Grey, R.G., Perry, N.S., Baron, C., Dickenson, J., **Baucom, K.J.W.**, & Baucom, B.R. (2015, November 12-15). *Multilevel models for characterizing dyadic psychophysiological reactivity* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
50. \*Klinkefus, N.S., \*Bishop, T., \*Chavez, A., \*Ferguson, C., \*Leo, K., \*Schaff, M., & **Baucom, K.J.W.** (2015, November 12-15). *Self-compassion, resilience, and psychological distress among same-sex attracted Mormons* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
49. Leo, K., Crenshaw, A.O., Hogan, J., Bourne, S., Chaspari, T., **Baucom, K.J.W.**, & Baucom, B.R. (2015, November 12-15). *Demand/withdraw behavior, emotional expression, and physiological reactivity during marital conflict* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
48. Perry, N.S., Butner, J., Hogan, J., Crenshaw, A., Bourne, S., **Baucom, K.J.W.**, & Baucom, B.R. (2015, November 12-15). *Using Vector Fields to Plot and Interpret Cross-Lagged Panel Models* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.



47. Hogan, J.N., Crenshaw, A.O., **Baucom, K.J.W.**, & Baucom, B.R. (2015, September 30 – October 5). *Electrodermal activity and high frequency heart rate variability during dyadic baselines* [Poster presentation]. The Society for Psychophysiological Research, Seattle, WA.
46. Baucom, B.R., **Baucom, K.J.W.**, Hogan, J.N., Crenshaw, A.O., Bourne, S.E., Moore, L., Crowell, S.E., Georgiou, P.G., & Goodwin, M. (2015, May 21-25). Resting high-frequency heart rate variability predicts behavioral roles in demand/withdraw behavior. In S. Holley and B.R. Baucom (Co-chairs), *Recognizing, regulating, and reciprocating: Associations between emotion regulatory processes and demand-withdraw behavior* [Symposium]. Association for Psychological Science Convention, New York, NY.
45. Chaspari, T., Timmons, A.C., Perrone, L., **Baucom, K.J.W.**, Georgiou, P.G., Baucom, B.R., Margolin, G., & Narayanan, S.S. (2015, February 26-28). Quantifying physiological synchrony in romantic relationships with joint sparse representation. In G. Lucas and R. Boyd (Co-chairs), *Computational Mental Health* [Symposium]. Society for Personality and Social Psychology, Long Beach, CA
44. Baucom, B.R., **Baucom, K.J.W.**, Hogan, J.N., Crenshaw, A.O., Bourne, S.E., Moore, L., Crowell, S.E., Georgiou, P.G., & Goodwin, M. (2014, November 20-23). Comparability of cardiovascular reactivity to marital conflict in laboratory and naturalistic settings. In B. Baucom (Chair), *Marrying the laboratory and daily life: Ambulatory physiological responses to relationship conflict as it occurs in everyday life* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
43. **Baucom, K.J.W.**, Baucom, B.R., & Christensen, A. (2014, November 20-23). *Changes in dyadic communication during and after Integrative and Traditional Behavioral Couple Therapy* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
42. **Baucom, K.J.W.**, Queen, T.L., Wiebe, D.J., Turner, S.L., Wolfe, K.L., Godbey, E.I., Fortenberry, K.T., Mansfield, J.H., & Berg, C.A. (2014, November 20-23). *Depressive symptoms, daily stress, and adherence in late adolescents with type 1 diabetes* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
41. Hogan, J.N., Bourne, S.E., Crenshaw, A.O., Moore, L., **Baucom, K.J.W.**, & Baucom, B.R. (2014, November) 20-23. *A comparison of baseline physiological regulatory functioning with spouse present versus alone* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
40. \*Leo, K., \*Chen, X.S., Reina, A., Christensen, A., & **Baucom, K.J.W.** (2014, November 20-23). *Individual distress and observed communication in low-SES couples transitioning to parenthood* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
39. **Baucom, K.J.W.** (2013, November 21-24). Panel Chair. *Beyond the intent to reach: Recruitment of couples for intervention research*. Panel discussion at the Association for Behavioral and Cognitive Therapies Convention, Nashville, TN.
38. \*Chen, X.S., \*Revolorio, K.Y., **Baucom, K.J.W.**, Reina-Patton, A., & Christensen, A. (2012, August 2-5). *Recruitment and retention of low-income couples: Spanish vs. English-speaking participants* [Poster presentation]. The American Psychological Association Convention, Orlando, FL.
37. \*Revolorio, K.Y., \*Chen, X.S., **Baucom, K.J.W.**, Reina-Patton, A., & Christensen, A. (2012, May 24-27). *Recruitment and enrollment of low-income couples for a distress prevention study during the transition to parenthood: The importance of timing* [Poster presentation]. The Association for Psychological Science Convention, Chicago, IL.
36. **Baucom, K.J.W.**, Baucom, B.R., & Christensen, A. (2011, November 10-13). *Do the naïve know best? The predictive power of naïve ratings of couple interactions* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
35. **Baucom, K.J.W.**, Sevier, M., Doss, B., Eldridge, K.A., & Christensen, A. (2011, November 10-13). Associations between changes in communication and relationship outcomes 5 years after Traditional and Integrative Behavioral Couple Therapy. In L. Benson (Chair), *Five-year follow-up data on a comparison of two couple therapies* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
34. Benson, L.A., Higier, R.G., Testerman, L., Glenn, D., **Baucom, K.J.W.**, & McFarr, L.M. (2011, November 10-13). *Dialectical Behavior Therapy's secondary targets as predictors of psychiatric services*

- utilization in individuals with Borderline Personality Disorder* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
33. Eubanks, C.J., & **Baucom, K.J.W.** (2011, November 10-13). Symposium Chair. *Beyond relationship satisfaction: An examination of the effects of depression and distress in new domains of relationship health* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
  32. Glenn, D., Higier, R.G., Benson, L.A., Testerman, L., **Baucom, K.J.W.**, & McFarr, L.M. (2011, November 10-13). *Mindfulness and burnout in DBT for Borderline Personality Disorder: Does therapist mindfulness moderate the effects of therapy-interfering behavior* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
  31. Higier, R.G., Benson, L.A., Testerman, L., Glenn, D., Jackson, L.L., \*Mallam, S., **Baucom, K.J.W.**, & McFarr, L. (2011, November 10-13). *Predictors of burnout in DBT: Dialectical dilemmas and therapy-interfering behaviors* [Poster presentation]. The International Society for the Improvement and Teaching of Dialectical Behavior Therapy Conference, Toronto, Canada.
  30. Jackson, L.L., Higier, R.G., \*Mallam, S., **Baucom, K.J.W.**, Bedics, J., & McFarr, L.M. (2011, November 10-13). *Shaping team-interfering behavior using the strategies of Dialectical Behavior Therapy* [Poster presentation]. The International Society for the Improvement and Teaching of Dialectical Behavior Therapy Conference, Toronto, Canada.
  29. Jackson, L.L., \*Mallam, S., **Baucom, K.J.W.**, Bedics, J.D., & McFarr, L.M. (2011, November 10-13). *Links between therapy-interfering behaviors, emotion regulation, and skills use in patients diagnosed with Borderline Personality Disorder* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
  28. Trillingsgaard, T., & **Baucom, K.J.W.** (2011, November 10-13). *Predicting individual and interpersonal adjustment across the transition to parenthood* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
  27. \*Wu, M., **Baucom, K.J.W.**, & Christensen, A. (2011, November 10-13). *Examining the link between depressive symptoms and physical/psychological aggression in married couples* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
  26. \*Mallam, S., \*Revolorio, K., \*Quezada, M., **Baucom, K.J.W.**, Jackson, L.L., et al. (2011, August 4-7). *Identifying patterns in the trajectory of therapy-interfering behaviors in patients diagnosed with Borderline Personality Disorder* [Poster presentation]. The American Psychological Association Convention, Washington, DC.
  25. Higier, R.G., Benson, L., Mallam, S., Testerman, L., Glenn, D., **Baucom, K.J.W.**, Bedics, J.D., & McFarr, L.M. (2011, June 2-5). *Predictors of therapist burnout in DBT: The role of secondary targets* [Poster presentation]. The International Congress of Cognitive Psychotherapy Convention, Istanbul, Turkey.
  24. Jackson, L.L., Higier, R.G., Henriquez, S., **Baucom, K.J.W.**, Bedics, J.D., & McFarr, L.M. (2011, June). *Potential links between DBT skills acquisition, emotion regulation, and length of time in comprehensive DBT treatment* [Poster presentation]. The International Congress of Cognitive Psychotherapy Convention, Istanbul, Turkey.
  23. **Baucom, K.J.W.**, & Eubanks, C.J. (2010, November 18-21). Symposium Chair. *Extending research on associations between individual and relational distress in couples* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, San Francisco, CA.
  22. Conway, C.C., **Baucom, K.J.W.**, Castriotta, N., Jalbrzikowski, M., Radisavljevic, K., & McFarr, L.M. (2010, November 18-21). *Gender bias in assessment of Borderline Personality Disorder symptoms: An Item Response Theory analysis* [Poster presentation]. The International Society for the Improvement and Teaching of Dialectical Behavior Therapy Conference, San Francisco, CA.
  21. Holler, R., Jakle, K., Gorgorian, A., **Baucom, K.J.W.**, & McFarr, L.M. (2010, November 18-21). *Training Cognitive Behavioral Therapy practitioners in a community mental health setting: Identifying roadblocks and success in transfer of learning* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, San Francisco, CA.

20. \*Mallam, S., **Baucom, K.J.W.**, Bedics, J., & McFarr, L. (2010, November 18-21). *The trajectory of therapy-interfering behaviors in Dialectical Behavior Therapy: A case study* [Poster presentation]. The International Society for the Improvement and Teaching of Dialectical Behavior Therapy Conference, San Francisco, CA.
19. McGinn, M.M., **Baucom, K.J.W.**, Ferriter, C., Bolden, L., & McFarr, L. (2010, November 18-21). *Effectiveness of Acceptance and Commitment Therapy for chronic pain as an outpatient group intervention in a community hospital setting* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, San Francisco, CA.
18. **Baucom, K.J.W.**, Sevier, M., Eldridge, K.A., Doss, B., & Christensen, A. (2010, June 2-5). *Changes in behavior and changes in relationship satisfaction in Traditional and Integrative Behavioral Couple Therapy: Associations through 2-year follow-up* [Poster presentation]. The World Congress for Behavioral and Cognitive Therapies Convention, Boston, MA.
17. \*Derhovanesian, G., **Baucom, K.J.W.**, & Christensen, A. (2010, June 2-5). *Differences in observed mindfulness in distressed vs. nondistressed couples* [Poster presentation]. The World Congress for Behavioral and Cognitive Therapies Convention, Boston, MA.
16. Trillingsgaard, T., **Baucom, K.J.W.**, & Elklit, A. (2010, June 2-5). *Enhancing the couple relationship at the transition to parenthood: A randomized trial of the Prevention Relationship Enhancement Program versus two control conditions* [Poster presentation]. The World Congress for Behavioral and Cognitive Therapies Convention, Boston, MA.
15. \*Wu, M., **Baucom, K.J.W.**, & Christensen, A. (2010, May 14). *Examining the link between depressive symptoms and physical/psychological aggression in marital couples* [Poster presentation]. The Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.
14. **Williams-Baucom, K.J.**, Sevier, M., Doss, B., Eldridge, K.A., & Christensen, A. (2009, November 19-22). Behavior change in Traditional and Integrative Behavioral Couple Therapy: Examination of changes through 2-year follow up. In R. Brock & W. Aldridge (Chairs), *Beyond Marital Satisfaction as an Outcome of Interest in Couples' Research* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, New York, NY.
13. **Williams, K.J.**, Ferriter, C., Rubin, N., Gorgorian, A., & McFarr, L.M. (2009, November 19-22). *Prediction of student outcomes from student-rated supervisor competence* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, New York, NY.
12. Baucom, B.R., **Baucom, K.W.**, & Christensen, A. (2009, November 19-22). *Clinically significant change outcomes and change in endogenous eye-blink rate in two behavioral couple therapies* [Poster presentation]. The Couples Special Interest Group Meeting at the Association for Behavioral and Cognitive Therapies Convention, New York, NY.
11. \*Derhovanesian, G., **Williams-Baucom, K.J.**, & Christensen, A. (2009, November 19-22). *Changes in mindfulness following Integrative Behavioral Couple Therapy: Associations with relationship satisfaction* [Poster presentation]. The Mindfulness Special Interest Group Meeting at the Association for Behavioral and Cognitive Therapies Convention, New York, NY.
10. **Williams-Baucom, K.J.**, McFarr, L., & Arns, P. (2009, October 19-21). *Effectiveness of Dialectical Behavior Therapy in an outpatient community mental health clinic: Mechanisms and outcomes* [Paper presentation]. The Dialectical Behavior Therapy Strategic Planning Meeting, Seattle, WA.
9. \*Derhovanesian, G., **Williams, K.J.**, & Christensen, A. (2009, May 22-25). *Changes in mindfulness following Integrative Behavioral Couple Therapy* [Poster presentation]. The Association for Psychological Science Convention, San Francisco, CA.
8. \*Pang, L., **Williams, K.J.**, & Christensen, A. (2009, May 22-25). *Pronoun rates of distressed and non-distressed couples in social support and problem solving interactions* [Poster presentation]. The Association for Psychological Science Convention, San Francisco, CA.
7. Ferriter, C., **Williams, K.J.**, Lovato, L.D., Davidtz, J., & McFarr, L. (2008, November 13-16). *Impact of supervisees' reports of supervisor competency on supervision evaluation and patient outcomes* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Orlando, FL.

6. \*Huang, J., \*Kim, M., \*Pang, L., **Williams, K.J.**, & Christensen, A. (2008, May 22-25). *Emotion words in responders and non-responders to behavioral couple therapies* [Poster presentation]. The Association for Psychological Science Convention, Chicago, IL.
5. \*Kim, M., \*Huang, J., \*Pang, L., **Williams, K.J.**, & Christensen, A. (2008, May 22-25). *The impact of parents' emotional language on child adjustment* [Poster presentation]. The Association for Psychological Science Convention, Chicago, IL.
4. **Williams, K.J.**, Atkins, D.C., & Christensen, A. (2007, November 15-18). The language of closeness. In B. Baucom, B., & E. Gadol (Chairs), *Positive aspects of relationship functioning* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
3. **Williams, K.J.**, Baucom, B.R., Watson, M.J., Sevier, M., Eldridge, K.A., & Christensen, A. (2007, November 15-18). Do the naïve know best? Naïve ratings of relationship quality in problem solving interactions during a clinical trial of couple therapy. In B. Baucom (Chair), *Innovative behavioral research methods in couples research* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
2. **Williams, K.J.**, Atkins, D.C., & Christensen, A. (2006, November 16-19). "You" and "I" need to talk about "us:" Linguistic patterns in couples. In S. Steenywyk (Chair), *The language of relationships: Using computational linguistics to study couples and couple therapy* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
1. **Williams, K.J.**, Atkins, D.C., & Christensen, A. (2006, July 6-10). *Verbal language use in couples' problem solving discussions* [Poster presentation]. The International Association for Relationship Research Conference, Crete, Greece.

\*denotes student mentee

## TEACHING EXPERIENCE

### Courses taught (University of Utah):

F 2019, F 2018, S 2013, F 2012	Abnormal Behavior (undergraduate course)	PSY 2300 (formerly PSY 3400)
S 2017	Behavioral Couple Therapy Practicum (graduate course)	PSY 6310
F 2012 – SP 2017	CBT Pre-Practicum/Practicum (graduate course)	PSY 6960/6961
F 2012 – F 2017	Clinical Psychology Clerkship (coordination of graduate clinical training)	PSY 6910

### Research and clinical workshops, guest lectures:

10/2019	<b>Leveraging Close Relationships to Maximize the Impact of the Diabetes Prevention Program</b>	Diabetes and Metabolism Research Center Fall Retreat <i>University of Utah</i>
3/2017	<b>Recruitment Challenges in Health-Related Couple Intervention Research</b>	Consortium for Families & Health Research Spring Symposium <i>University of Utah</i>
12/2016	<b>Couple-Based Lifestyle Intervention to Prevent Type 2 Diabetes</b>	K Club <i>University of Utah</i>

10/2016, 10/2015, 10/2014	<b>Case Formulation Approach to CBT</b>	Guest Lecture, Introduction to Clinical Science Graduate Course <i>University of Utah</i>
4/2014	<b>DBT Skills Training Workshop</b>	Psychology interns <i>University of Utah Neuropsychiatric Institute</i>
1/2014	<b>Integrative Behavioral Couple Therapy</b>	*co-facilitated with Brian Baucom, Ph.D. <i>Utah Psychological Association</i>
4/2013	<b>EPPP Panel Loan Repayment Options Panel</b>	Early Career Psychologist Workshop <i>Utah Psychological Association</i>
3/2013	<b>DBT Skills Training Workshop</b>	Clinical Psychology graduate students <i>University of Utah</i>
12/2012	<b>Integrative Behavioral Couple Therapy</b>	Postdoctoral Fellowship Seminar <i>Salt Lake City VA</i>
10/2012	<b>Case Formulation Approach to CBT</b>	Clinical Psychology graduate students <i>University of Utah</i>
4/2012	<b>Mindfulness and Distress Tolerance Skills in DBT</b>	Child & Adolescent Psychiatry Service <i>UCSD</i>
4/2012	<b>Helping Couples Get Past the Affair: The D. Baucom et al. Model</b>	Family Mental Health Program <i>San Diego VA</i>
3/2012	<b>DBT Applications to Inpatient Psychiatric Settings</b>	Child & Adolescent Psychiatry Service <i>UCSD</i>
3/2012	<b>An Overview of DBT</b>	Child & Adolescent Psychiatry Service <i>UCSD</i>
5/2011	<b>Behavioral Couple Therapies</b>	*co-facilitated with Brian Baucom, Ph.D. <i>Pepperdine University</i>
3/2011	<b>Assessment with Couples: An Integrative Behavioral Couple Therapy Framework</b>	Guest Lecture, Clinical Intervention Graduate Seminar <i>California Lutheran University</i>
10/2010	<b>The Transition to Parenthood</b>	Guest Lecture, Marriage and the Family <i>University of Southern California</i>
9/2010	<b>Skills Group &amp; Phone Coaching in DBT</b>	<i>Harbor-UCLA Medical Center</i>
8/2010	<b>An Introduction to Multilevel Modeling (2-day workshop)</b>	*co-facilitated with Brian Baucom, Ph.D. <i>T.U. Braunschweig (Braunschweig, Germany)</i>
3/2010	<b>Borderline Personality Disorder: Presentation, Etiology, &amp; Treatment</b>	Guest Lecture, Abnormal Psychology <i>University of Southern California</i>
2/2010	<b>DBT for Borderline Personality Disorder</b>	Clinical Psychology Graduate Seminar <i>UCLA</i>
9/2009	<b>Skills Group in Dialectical Behavior Therapy</b>	<i>Harbor-UCLA Medical Center</i>

## CLINICAL EXPERIENCE

- 2014 – present      **Clinical Supervisor, University of Utah Couple Therapy Clinic (Salt Lake City, UT)**  
Supervise advanced Clinical Psychology Ph.D. students in Integrative Behavioral Couple Therapy in the context of two research studies.
- 2012 – 2017      **Clinical Supervisor, University of Utah Counseling Center (Salt Lake City, UT)**  
Supervise 2nd year Clinical Psychology Ph.D. students in CBT for mood and anxiety disorders.
- 2011 – 2012      **Intern, San Diego VA Family Mental Health Program (San Diego, CA)**  
Supervisor: Joshua Madsen, Ph.D.  
Conducted couple therapy with Veterans presenting with relationship distress, typically in combination with individual physical/mental health problems in one or both partners.
- Intern, UCSD Child and Adolescent Psychiatry Service (San Diego, CA)**  
Supervisor: Sandra J. Brown, Ph.D.  
Conducted behaviorally-based individual and family therapy, as well as assessment, with children and adolescents with mood, anxiety, psychotic, autism spectrum, and disruptive behavior disorders in an inpatient psychiatric center.
- 2010 – 2012      **Clinical Supervisor, UCLA Transition to Parenthood Project (Los Angeles, CA)**  
Supervisor: Astrid Reina-Patton, Ph.D.  
Consultant: Andrew Christensen, Ph.D.  
Supervised graduate students in delivery of distress prevention program with low-SES couples pregnant with their first child on this NICHD-funded study.
- 2008 – 2011      **Therapist, UCLA Anxiety Disorders Research Center (Los Angeles, CA)**  
Supervisor: Michelle G. Craske, Ph.D.
- Neural Mediators of Behavior Therapy for Social Phobia (2008 – 2011)**  
Consultants: Jennifer Plumb, M.A. & Steven Hayes, Ph.D.  
Conducted Acceptance and Commitment Therapy (ACT) for Social Phobia on this NIMH-funded study (Co-PIs: Craske and Lieberman).
- Pilot Study of Acceptance Training and Exposure for Panic Disorder (2010)**  
Consultant: Michael Twohig, Ph.D.  
Conducted Acceptance Training and Exposure Therapy for Panic Disorder (Co-PIs: Craske and Mueret).
- Emotion Regulation in Treatment of Anxiety Disorders (2009 – 2010)**  
Consultants: Jennifer Plumb, M.A. & Steven Hayes, Ph.D.  
Conducted ACT for a range of anxiety disorders on this NIMH-funded study (PI: Craske).
- 2009 – 2011      **Therapist, UCLA Psychology Clinic (Los Angeles, CA)**  
Supervisor: Jayson Mystkowski, Ph.D.  
Conducted individual CBT for psychosis, mood, and anxiety disorders. Coordinated & conducted supportive therapy low-fee psychotherapy program for individuals with amyotrophic lateral sclerosis (ALS) at the UCLA Muscular Dystrophy/ALS Center.
- 2007 – 2009      **Psychology Extern, Harbor-UCLA Medical Center (Los Angeles, CA)**  
Supervisor: Lynn M. McFarr, Ph.D.  
Conducted outpatient individual and group CBT for variety of psychiatric disorders, including Dialectical Behavior Therapy (DBT) for Borderline Personality Disorder. Facilitated inpatient ACT for Psychosis group.
- 2006 – 2007      **Therapist and Assessor, UCLA Psychology Clinic (Los Angeles, CA)**  
Supervisors: Andrew Christensen, Ph.D., Eric Miller, Ph.D., & Jill Waterman, Ph.D.  
Conducted individual, family, and couple therapy, as well as psychoeducational assessments of children and adults with learning difficulties.

**ADVANCED STATISTICAL TRAINING RECEIVED**

*Intensive Longitudinal Modeling* with Niall Bolger, Ph.D. & Jean-Phillippe Laurenceau, Ph.D., October 27, 2016 (New York City, NY)

*Missing Data* with Craig Enders, Ph.D., September 10, 2012 (Utah State University)

*Propensity Score Methodology* with Elizabeth Stuart, Ph.D., April 8, 2010 (UCLA)

*Dyadic Data Analysis* with David Kenny, Ph.D., June 21-26, 2009 (University of Connecticut)

#### **ADVANCED CLINICAL TRAINING RECEIVED**

*Dialectical Behavior Therapy Intensive Training* with Tony DuBose, Psy.D., & Jennifer Waltz, Ph.D., April 26-30 & October 25-29, 2010 (Harbor-UCLA Medical Center, Los Angeles)

*Acceptance and Commitment Therapy Experiential and Core Skills Workshop* with Steven C. Hayes, Ph.D., July 25-27, 2008 (University of Nevada – Reno)