

# Nicolette C. Molina

## *Curriculum Vitae*

University of Utah, Department of Psychology  
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Pronouns: She/her

## Education

- 2020 – present      **University of Utah**  
Ph.D. Clinical Psychology  
Principal Advisor: Sheila E. Crowell, Ph.D.
- 2016                    **Rutgers University**  
B.A. Psychology (Magna Cum Laude)

## Grant Funding

- 2022                    **National Science Foundation (NSF) Graduate Student Research Fellowship**  
Principal Investigator: Prenatal exposure to discrimination: Effects on Latina maternal and fetal psychophysiology  
Amount awarded: \$148,000
- 2021                    **American Psychological Association of Graduate Students (APAGS)/Psi Chi Junior Scientist Fellowship**  
Principal Investigator: Prenatal exposure to discrimination: Effects on Latina maternal and fetal psychophysiology  
Amount awarded: \$1,000
- 2021                    **The Consortium for Families and Health (C-FAHR)/University of Utah Graduate Student Research Award**  
Principal Investigator: Prenatal exposure to discrimination: Effects on Latina maternal and fetal psychophysiology  
Amount awarded: \$1,000

## Honors and Awards

- 2022                    **University of Utah, Department of Psychology**  
Commendations for Excellence in Research
- 2022                    **University of Utah, College of Social and Behavioral Science**  
**Martin Harris Hiatt Endowed Fellowship Award**  
Amount awarded: \$5,000
- 2022                    **Academy of Psychological Clinical Science**  
**Clinical Science Student Training Award**  
Amount awarded: \$500

- 2022                    **Utah Psychological Association (UPA)**  
**Annual Graduate Student Scholarship**  
Amount awarded: \$500
- 2021                    **University of Utah, Department of Psychology**  
**Diverse Undergraduate Research Program**  
Principal Investigator: Jiayu Gao (Mentor: Molina, N.C.)  
Amount awarded: \$1,500

## **Publications**

### Peer-Reviewed Journal Articles

1. Gao, M. M., Speck, B., Ostlund, B. D., Neff, D., Shakiba, N., Vlisides-Henry, R. D., Kaliush, P. R., **Molina, N. C.**, Thomas, L., Raby, K. L., Crowell S. E., & Conradt, E. (2022). Early developmental foundations of physiological dynamics between mothers and infants: The role of newborn neurobehavior. *Child Development*, 1-16.
2. **Molina, N.**, Viola, M., Rogers, M., Ouyang, D., Gang, J., Derry, H., & Prigerson, H. G. (2019). Suicidal ideation in bereavement: A systematic review. *Behavioral Sciences*, 9, 53-64.
3. Leahy, R. L., Wupperman, P., Edwards, E., Shivaji, S., & **Molina, N.** (2019). Metacognition and emotional schemas: Effects on depression and anxiety. *International Journal of Cognitive Therapy*, 12, 25-37.
4. Yaseen, Z., **Molina, N.**, Hawes, M., Barzilay, S., Galynker, I. (2018). Suicide risk and emotional responses to thoughts of death: The response to morbid ideations questionnaire. *Suicide and Life-Threatening Behavior*, 49, 1209-1219.

### Book Chapters

5. Schreiner, M.W., Frandsen, S.B., **Molina, N.C.**, & Dillahun, A.K. (In press). Bridging brain and behavior: Using biology to inform NSSI interventions. In Lloyd-Richardson, E.E., Baetens, I. & Whitlock, J. (Ed.). *The Oxford Handbook of Nonsuicidal Self-Injury* (pp. xx-xx). New York, NY: Oxford University Press.
6. Crowell, S. E., Kaliush, P. R., Vlisides-Henry, R. D., & **Molina, N.** (2021). Dialectical behavior therapy as an evidence-based psychotherapy for personality disorders. In R. Feinstein (Ed.), *Primer on personality disorders* (pp. 283-312). New York, NY: Oxford University Press.
7. Rose, R., & **Molina, N.** (2017). Interventions. In I. I. Galynker (Author), *The suicidal crisis: Clinical guide to the assessment of imminent suicide risk* (pp. 260-268). New York, NY: Oxford University Press.

### Opinion Essays

8. Mendez, L., **Molina, N.**, Bootes, K.R. (2020, July 16). The Cuban People Are Crying Out — Will the World Listen? *The Daily Utah Chronicle*. <https://dailyutahchronicle.com/2021/07/16/letter-cuban-people-crying-out-will-world-listen/>

### Publications in Preparation

9. Kaliush, P. R., Kerig, P. K., Raby, K. L., Maylott, S. E., Neff, D., Speck, B., **Molina, N. C.**, Pappal, A. E., Parameswaran, U. D., Conradt, E., & Crowell, S. E. (under review). Testing the developmental timing of trauma on prenatal and newborn outcomes.
10. Vlisides-Henry, R. D., Terrell, S., Santana, M., **Molina, N.C.**, Kaliush, P. R., Gao, M. M., Raby, K. L., Dorn, U. P., Smid, M. C., Conradt, E., & Crowell, S. E. (under review). Predicting newborn birth outcomes with prenatal maternal health, demographic, and psychological characteristics: A machine learning approach.

## Presentations

1. **Molina, N.** (December 2019). Clinical Case Conference: “New directions in suicide prevention research.” The American Institute for Cognitive Therapy, New York, NY.
2. Viola, M. & **Molina, N.** (May 2019). Is diagnosis of panic disorder associated with self-reported financial status among survivors of cancer? Poster presented at the 2019 SPEECH Regional Cancer Health Disparity Conference, Philadelphia, PA.
3. **Molina, N.**, Hawes, M., Mehta, H., Forestal, C., Yaseen, Z., & Galynker, I. (May 2018). Openness to suicide as a moderator of the relation between hopelessness and suicidality. Poster presented at the 2018 American Psychiatric Association Conference, New York, NY.
4. Mehta, H., Hawes, M., **Molina, N.**, Forestal, C., Yaseen, Z., & Galynker, I. (May 2018). Childhood sexual abuse and suicide attempt history: Gender differences in a sample of adult psychiatric outpatients in New York City. Poster presented at the 2018 American Psychiatric Association Conference, New York, NY.
5. Forestal, C., Hawes, M., **Molina, N.**, Barzilay, S., Yaseen, Z., & Galynker, I. (April 2018). Correlates of NSSI in the U.S. adult population. Poster presented at the 2018 Anxiety and Depression Conference, Washington, DC.
6. **Molina, N.**, Hawes, M., Yaseen, Z., & Galynker, I. (May 2017). Emotional impact of morbid ideations in suicidal psychiatric patients. Poster presented at the 2017 Association for Psychological Science Conference, Boston, MA.
7. Varas, O., **Molina, N.**, Hawes, M., Yaseen, Z., & Galynker, I. (May 2017). The relationship between resilience and hopelessness in psychiatric outpatients. Poster presented at the 2017 Association for Psychological Science Conference, Boston, MA.
8. **Molina, N.** (March 2017). Psychiatry Grand Rounds: “Emotional Impact of Morbid Ideations in Psychiatric Patients.” Mount Sinai Beth Israel, New York, NY.

## Poster Presentations Under Review

9. **Molina, N. C.**, Kaliush, P. R., Zhou, A. M., Neff, D., Raby, K. L., Butner, J. E., Conradt, E., & Crowell, S. E. (2023, March). Predicting trajectories of depression symptoms over the perinatal period from life stress and biological vulnerabilities. The Society for Research in Child Development Biennial Meeting. Salt Lake City, UT.
10. **Molina, N. C.**, Kaliush, P. R., Zhou, A. M., Pappal, A. Neff, D., Conradt, E., & Crowell, S. E. (2023, March). Impact of partner stress on the birthing experience and infant negative affect. The Society for Research in Child Development Biennial Meeting. Salt Lake City, UT.

11. Zhou, A. M., Parameswaran, U. D., Kaliush, P. R., **Molina, N. C.**, Wyant-Stein, K., Crowell, S. E., & Conradt, E. (2023, March). Associations among racial discrimination, social support, and maternal emotion dysregulation. The Society for Research in Child Development Biennial Meeting. Salt Lake City, UT.

## Research Experience

- 2020 – present      **University of Utah**  
Project: Emotion dysregulation across generations: Identifying early developmental and clinical indicators of risk  
Principal Advisors: Sheila E. Crowell, Ph.D. and Elisabeth Conradt, Ph.D.  
Role: Psychophysiology - Heart Rate Variability Team Lead
- 2020 – 2022      **University of Utah Health**  
Project: Defining opioid exposure as a critical risk factor for suicide death using electronic health records data  
Principal Advisors: Amanda Bakian, Ph.D. and Hilary Coon Ph.D.  
Role: Lead the Manual Validations of Natural Language Processing (NLP)
- 2019 – 2020      **Weill Cornell Medicine**  
Project: The Language of Suicide: Detecting Suicide Attempt Risk in Online Text of Bereaved Survivors of Suicide  
Principal Advisor: Holly Prigerson, Ph.D.
- 2018 – 2020      **American Institute for Cognitive Therapy**  
Project: Metacognition and Emotional Schemas  
Principal Advisor: Robert L. Leahy, Ph.D.
- 2016 – 2018      **Mount Sinai Beth Israel**  
Project: Modular Assessment of Risk for Imminent Suicide  
Principal Advisors: Igor Galynker, Ph.D. M.D. and Zimri Yaseen, M.D.
- 2013 – 2016      **Rutgers University**  
Project: Confronting discrimination as a coping strategy  
Principal Advisor: Diana Sanchez, Ph.D.

## Clinical Experience

- 2022 – present      **Veterans Affairs (VA) – Salt Lake City Health Care System**  
Practicum Student  
Services for Outpatient Addiction Recovery (SOAR) Program  
Supervisor: Susan Murphy, PhD
- 2021 – 2022      **University of Utah Counseling Center**  
Practicum Student  
Cognitive Behavioral Therapy and Psychological Assessment  
Supervisors: Feea R. Leifker, Ph.D., and Sommer Thorgusen, Ph.D.

## Trainings and Certifications

### Research Methods

- 2022 Workshop: Equity-Informed Measurement  
Matthew Diemer, Ph.D., PITT Methods
- 2022 Training: Innovative Data Science Approaches to Assess Suicide Risk  
National Academy of Sciences
- 2022 Seminar and Workshop: Psychophysiology - Heart rate variability (HRV)  
Greg Norman, Ph.D. and Gary Berntson, Ph.D., MindWare Technologies
- 2021 Training: Summer Mentoring Workshop on African American Research  
The Michigan Center for African American Aging Research (MCUAAAR)  
and Program for Research on Black Americans (PRBA)

### Clinical Training

- 2022 Training: Comprehensive Suicide Risk Evaluation (CSRE)  
U.S. Department of Veterans Affairs
- 2022 Training: Opioid Overdose Education and Naloxone Distribution (OEND)  
U.S. Department of Veterans Affairs
- 2022 Workshop: Walking the Tightrope: Best Practices for Treating Suicidal Patients  
Jordan Kugler, Ph.D., Utah Center for Evidence Based Treatment
- 2022 Workshop: The Spirit of Motivational Interviewing  
Carl Sallee, Psy.D., Utah Center for Evidence Based Treatment
- 2022 Workshop: Tackling the Topic of Eating Disorders: Risks, Prevention, Early  
Detection, and Evidence Based Interventions  
Lindsey Ricciardi, Ph.D., Utah Psychological Association
- 2019 Training: Mindfulness and Modification Therapy (MMT)  
Peggielee Wupperman, Ph.D., American Institute for Cognitive Therapy

## Professional Service

### Departmental Service at the University of Utah

- 2022 – present Graduate Psychology Student Emergency Mutual Aid Fund (Funding Committee)
- 2020 – present Diversity Committee (Recruitment and Retention Subcommittee)  
Awards received:  
– College of Social and Behavioral Sciences Advancing Equity and Connecting  
Communities Award (2021)  
– University of Utah Beacons of Excellence Award (2021)
- 2020 – 2022 Diversity Graduate School Application Advisory (Mentor)
- 2020 – 2021 Clinical Training Committee Student Representative

### Service to the Community

- 2020                      Guest Mentor for Jill Chaifetz Transfer School, a community school with BronxWorks
- 2019                      Fundraiser Volunteer for American Foundation for Suicide Prevention
- 2016 – 2017              Crisis Counselor for Crisis Text Line

## **Mentorship and Teaching**

### Research Mentorship

- 2022-2023              Bergen E. Meyer, Honor's Psychology Student  
Thesis: The role of maternal mindfulness in the development of antenatal attachment

### Teaching Assistantships

- Fall 2020                University of Utah: Research Methods in Psychological Science
- Spring 2019            City University of New York: Applications of Psychology in the Modern World
- Spring 2016            Rutgers University: Personality Psychology

### Guest Lectures

- Fall 2022                Lecture: Guide to Applying for the National Science Foundation Graduate Student  
Research Fellowship  
University of Utah, Graduate School, First Year Practicum
- Spring 2021            Lecture: Prenatal exposure to discrimination among ethnic and racially diverse groups  
University of Utah, Undergraduate, Psychology as a Science and Profession

## **Professional Affiliations**

- Society for Research in Child Development (SRCD)
- Society of Pediatric Psychology - Division 54 of the American Psychological Association (APA)
- Consortium for Families and Health Research (C-FAHR)
- Psi Chi International Honor Society in Psychology
- Utah Psychological Association (UPA)