

Donald Andrew Godfrey, PhD.

Post-Doctoral Research Associate & Statistical Consultant
Behavioral Health Innovation and Dissemination Center
Andy.Godfrey@hsc.utah.edu

EDUCATION

- Doctor of Philosophy 2018 - 2023
University of Houston, Houston, Texas
Program: Clinical Psychology (APA Accredited)
Advisor: Julia C. Babcock, Ph.D.
- Master of Arts 2018 - 2019
University of Houston, Houston, Texas
Program: Clinical Psychology
- Bachelor of Science 2014 - 2016
University of Utah, Salt Lake City, Utah
Major: Psychology
Minor: Family Studies & Human Development
Honors Distinction: *Cum Laude*
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RESEARCH INTERESTS & EXPERTISE

- Interpersonal Aggression and Psychopathology
 - Quantitative Methods: General Linear Mixed Models, Intensive Longitudinal Analysis, Meta-Analysis, Dyadic Modeling, Multi-Level Modeling, Structural Equation Modeling, & Power Analysis
 - Transdiagnostic Factors of Mental Health Outcomes
 - Psychophysiological Mechanisms of Behavior
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PEER-REVIEWED PUBLICATIONS

16. Babcock, J. C., Kini, S., Godfrey, D. A., & Rodriguez, L. (in press). Differential utility of communication skill techniques for partner abusive men: Proactivity moderates treatment outcome. *Psychosocial Intervention*.
15. Shahane, A. D., Godfrey, D. A., Denny B. T. (2023). Examining the connection between risk factors for cardiovascular disease and emotion regulation using novel scalable technology. *Emotion*. <https://doi.org/10.1037/emo0001211>
14. Godfrey, D. A., Bennett, V. E., Kehoe, C., Pathak, N., & Babcock, J. C. (2022). 6.26—Psychological Treatment With Couples. In G. J. G. Asmundson (Ed.), *Comprehensive Clinical Psychology (Second Edition)* (pp. 449–459). Elsevier. <https://doi.org/10.1016/B978-0-12-818697-8.00233-8>
13. Godfrey, D. A., Bennett, V. E., Snead, A. L., & Babcock, J. (2022). Neuropsychological and Psychophysiological Correlates of Intimate Partner Violence. In R. Geffner, J. W. White, L. K. Hamberger, A. Rosenbaum, V. Vaughan-Eden, & V. I. Vieth (Eds.), *Handbook of Interpersonal Violence and Abuse Across the Lifespan: A project of the National*

Partnership to End Interpersonal Violence Across the Lifespan (NPEIV) (pp. 2511–2535). Springer International Publishing. https://doi.org/10.1007/978-3-319-89999-2_136

12. Godfrey, D. A., Kaufman, E. A., & Crowell, S. E. (2022). Non-suicidal Self-injury History Moderates the Association Between Maternal Emotional Support and Adolescent Affect During Conflict. *Child Psychiatry and Human Development*. <https://doi.org/10.1007/s10578-022-01417-5>
11. Godfrey, D. A., Kehoe, C. M., Bennett, V. E., Pollard, D. L., & Babcock, J. C. (2022). Examining the Associations Between Multi-Dimensional Facets of Emotional Abuse and Posttraumatic Stress Disorder Among Trauma Exposed Women. *Journal of Family Violence*. <https://doi.org/10.1007/s10896-022-00429-y>
10. Godfrey, D. A., Zegel, M., Babcock, J. C., & Vujanovic, A. A. (2022). Posttraumatic Stress Disorder and Relationship Satisfaction among Firefighters: The Role of Emotion Regulation Difficulties. *Journal of Aggression, Maltreatment & Trauma, 31*(3), 356–369. <https://doi.org/10.1080/10926771.2022.2043973>
9. Bastardas-Albero, A., Godfrey, D. A., Bennett, V. E., Kehoe, C. M., Snead, A. L., & Babcock, J. C. (2022). 9.09 - Special Populations: Intimate Partner Violence. In G. J. G. Asmundson (Ed.), *Comprehensive Clinical Psychology (Second Edition)* (pp. 125–149). Elsevier. <https://doi.org/10.1016/B978-0-12-818697-8.00136-9>
8. Godfrey D. A., Kehoe C., Bennett V., Bastardas-Albero A., & Babcock J. C. (2021) Validating measures of emotional abuse with behavioral observations during interpersonal conflict. *Journal of Social and Personal Relationships*. <https://doi.org/10.1177/0265407520951854>
7. Godfrey, D. A., Bennett, V. E., & Babcock, J. C. (2020). Trait anger moderates the relation between facial affect recognition ability and perpetration of male-to-female physical and psychological intimate partner aggression. *Journal of Family Violence*. <https://doi.org/10.1007/s10896-020-00162-4>
6. Godfrey, D. A., & Babcock, J. C. (2020). Facial affect recognition moderates the relation between autonomic nervous system reactivity and aggression during dyadic conflict. *Psychophysiology*, e13588. <https://doi.org/10.1111/psyp.13588>
5. Godfrey, D. A., Kehoe, C. M., Bastardas-Albero, A., & Babcock, J. C. (2020). Empathy mediates the relations between working memory and perpetration of intimate partner violence and aggression. *Behavioral Sciences, 10*(3), 63. <https://doi.org/10.3390/bs10030063>
4. Bennett, V. E., Godfrey, D. A., Snead, A., Kehoe, C. M., Bastardas-Albero, A. & Babcock, J. C. (2020). Couples and family interventions for intimate partner aggression: A comprehensive review. *Partner Abuse*. <https://doi.org/10.1891/PA-2020-0011>

3. Kaufman, E. A., Puzia, M. E., Godfrey, D. A., & Crowell, S. E. (2020). Physiological and behavioral effects of interpersonal validation: A multilevel approach to examining a core intervention strategy among self-injuring adolescents and their mothers. *Journal of Clinical Psychology, 76*(3), 559–580. <https://doi.org/10.1002/jclp.22902>
2. Kerr, S., Hudenko, W., Godfrey, D.A, Lundgren, S., O'Malley, J., & Sharp, C (2020) Validation of the emotional tone index for families (ETIF): A multi-informant measure of emotional closeness. *Family Process. <https://doi.org/10.1111/famp.12608>*
1. Sharp, C., Vanwoerden, S., Jouriles, E. N., Godfrey, D. A., Babcock, J. C., McLaren, V., McFarlane, J., Brashear, B., Walton, Q., & Temple, J. R. (2020). Exposure to interparental intimate partner violence and the development of borderline features in adolescents. *Child Abuse & Neglect, 103*, 104448. <https://doi.org/10.1016/j.chiabu.2020.104448>

INVITED ORAL PRESENTATIONS

4. Godfrey D. A. (2023, November 9th) Introduction to Acceptance and Commitment Therapy for Children and Adolescents, *University of Utah Educational Psychology Department*
3. Godfrey D. A. (2023, September 5th, 12th, & 26th) Introduction to Dialectical Behavior Therapy Series, *University of Utah Clinical Psychology Department*
2. Godfrey D. A. (2021, October 16th) Couples Therapy Treatment Modalities for Relationship Functioning and Individual Psychopathology, *West Virginia Psychological Association Conference; Virtual Conference*
1. Godfrey D. A., & Babcock J.C. (2019, September 23rd) Invited presentation: What 25 years of physiological studies on intimate partner aggression and violence has taught us, *Health Tea Talk series, Rice University*

POSTER PRESENTATIONS

10. Godfrey D. A., Reynero, D., Walla E., Babcock, J. C., (2022, September 30th) A Multilevel Examination of Cardiac Vagal Control and Aggressive Behavior during Interpersonal Conflict Among Partner Violent Couples: The Role of Empathy and Emotion Regulation, *Poster presentation at the 62nd annual meeting for the Society of Physiological Research*
9. Reynero, D., Godfrey D. A., Babcock, J. C., (2022, September 30th) Sympathetic Nervous System Reactivity during Interpersonal Conflict Among Women in Partner Violent Relationships: The Role of Posttraumatic Stress Disorder, *Poster presentation at the 62nd annual meeting for the Society of Physiological Research*

8. Kehoe, C.M., Reeves, V. A., Godfrey, D. A., Chu, J., Babcock, J. C., & Derrick, J. L. (November 2022). The Role of Cognitive Flexibility and Daily Anger on Intimate Partner Violence During the COVID-19 Pandemic. *Presentation at the 56th Annual Association for Behavioral and Cognitive Therapies National Conference, New York, NY.*
7. Reeves, V. E., Kehoe, C. M., Godfrey, D. A., Babcock, J. C., & Derrick, J. L. (May 2022). *The Impact of a Daily Gratitude Intervention on IPV During the Pandemic.* Paper presented at the 34th Annual Convention of the Association for Psychological Science, Chicago, IL.
6. Godfrey D. A., Zegel M., Babcock, J. C., Vujanovic, A. A. (2021, November 20th) Examining the Association Between Post-Traumatic Stress Disorder and Relationship Satisfaction Among First Responders: The Mediating Role of Emotion Dysregulation, *Poster presentation at the 55th annual Association for Behavioral and Cognitive Therapies Conference; Virtual Conference*
5. Godfrey D. A., Bennett V., & Babcock J. C. (2021, November 20th) Sympathetic Nervous System Reactivity During Marital Conflict Moderates the Association Between Perspective Taking and Perpetration of Intimate Partner Violence, *Poster presentation at the 55th annual Association for Behavioral and Cognitive Therapies Conference; Virtual Conference*
4. Godfrey D. A., Bennett V., & Babcock J. C. (2019, November 22nd) Interaction effects of trait anger and facial affect recognition on rate of male IPV perpetration, *Poster presentation at the 54th annual Association for Behavioral and Cognitive Therapies Conference; Atlanta GA*
3. Bennett, V.E., Godfrey, D. A., Snead, A. L., & Babcock, J. C. (2019, November 22nd). Sensitivity to facial affect among partner violent men: The role of personality disorder traits and alcohol. *Poster presentation at the 54th annual Association for Behavioral and Cognitive Therapies Conference; Atlanta GA*
2. Godfrey D.A., Babcock., (2019, April 19th) Respiratory Sinus Arrhythmia Reactivity During Interpersonal Aggression and its Relation to Antisocial Behaviors Amongst Male Perpetrators of Intimate Partner Violence, *poster presentation at the University of Houston Clinical Psychology Graduate Research Showcase, Houston TX*
1. Godfrey D.A., Dryjski M., Crowell S.E. (2017, November 10th). Biomarkers of emotion regulation in Peer Support within Self Injuring Adolescents, *poster at International Society of Developmental Psychobiology Conference; Washington, D.C.*

AD HOC REVIEWER

Aggressive Behavior
Neuropsychology Review
Psychiatry Research

Psychology of Violence
Journal of Family Violence
Psychosocial Intervention
Journal of Social and Personal Relationships
Suma Psicológica
Journal of Child Psychiatry and Human Development
Journal of Clinical Psychology and Special Education
Neural Regeneration Research

RESEARCH BACKGROUND

Post-Doctoral

Behavioral Health Innovation and Dissemination Center 2023 – Present
University of Utah, Department of Psychology
Principle Investigators: Brian Baucom PhD & Feea Leifker PhD
Post-Doctoral Research Associate & Statistical Consultant

Ongoing Collaborations

Virtual Coaching to Maximize Dementia Caregivers' Respite Time-Use: A Stage 1 Pilot Test for Feasibility and Efficacy, National Institute on Aging

- Co-Investigator: Statistical Analyst
- Principle Investigator: Rebecca Utz, PhD
- Award number: R01AG061946

Testing efficacy of an intervention to promote Resilience in Stroke survivor-carepartner Dyads (ReStoreD), National Institute on Child Health and Human Development

- Statistical Analyst
- Principle Investigator: Alexandra Terrill, PhD
- Award number: R01HD105718

Pre-Doctoral

Emotions in Marriage Lab, University of Houston 2018 – 2023
University of Houston, Department of Psychology
Principal Investigator: Julia C. Babcock, Ph.D.
Graduate Research Assistant

Translational Social Cognitive and Affective Neuroscience Lab 2020 – 2023
Rice University, Department of Psychology
Principal Investigator: Bryan Denny, PhD.
Statistical Analyst & Research Assistant

Post-Bacc

Traumatic Brain and Spinal Cord Injury Lab 2017 – 2018
University of Utah Health Sciences

Donald A. Godfrey, PhD - Curriculum Vitae
Principal Investigator: Gregory Hawryluk, MD. Ph.D.
Clinical Research Coordinator

Positive Emotions, Brain and Behavior Lab, 2014 – 2017
University of Utah, Department of Psychology
Principal Investigator: Sheila Crowell, Ph.D.
Lab Manager

TEACHING & CLINICAL MENTORSHIP EXPERIENCE

- Behavioral Health Innovation and Dissemination Center 2023 - Present
- Co-leader for Introduction to Cognitive Behavioral Therapy Didactic Series
 - Supervision of first year therapists
- Teaching Fellow/Instructor of Record, University of Houston 2020 – 2022
- Introduction to Statistics in Psychology (Summer 2021 – Summer 2022)
 - Physiological Psychology (Fall 2020 – Spring 2021)
- Teaching Assistant, University of Houston 2018 – 2020
- Introduction to Statistics in Psychology (Spring 2020)
 - Psychology Research Methods (Spring 2020 – Summer 2020)
 - Personality Psychology (Spring 2019 – Fall 2019)
 - Human sexuality (Fall 2018)

CLINICAL EXPERTISE

- Competency in providing psychological care to children, adolescents, and adults in individual, group, family, and couple psychotherapy settings.
- Extensive experiencing applying CBT, DBT, ACT, and Exposure with Response prevention across levels of acuity.
- Specialized training in treating obsessive-compulsive, anxiety, depressive, trauma-based, autism spectrum, bipolar, and psychosis disorders.

LICENSURE

- Texas Behavioral Health Executive Council 2021 - Present
Licensed Psychological Associate (#39064)
- Jurisprudence Examination (Passed, 2021)
 - Examination for Professional Practice in Psychology (Passed, 2021)

CLINICAL THERAPY AND ASSESSMENT EXPERIENCE

Post-Doctoral

Behavioral Health Innovation and Dissemination Center, Salt Lake City, Utah 2023 – Present

Pre- Doctoral Clinical Internship

Huntsman Mental Health Institute, Salt Lake City, Utah 2022 – 2023

Donald A. Godfrey, PhD - Curriculum Vitae

Pre- Doctoral External Practicum

Texas OCD Institute (formally: McLean Houston OCD Institute), Houston Tx	2021 – 2022
Center for Couples Therapy, Houston Tx	2018 – 2022
Michael E. DeBakey VA Medical Center, Houston, TX	2020 – 2021

FUNDING AND AWARDS

Graduate Student Teacher Fellowship, University of Houston	2020 – 2022
Graduate Student Teacher Assistant, University of Houston	2018 – 2020
Psychology Departmental Undergraduate Scholarship, University of Utah	2015 – 2016
University of Utah Dean’s list, University of Utah	2014 – 2016

PROFESSIONAL AFFILIATIONS

Student Affiliation Membership to Society of Psychophysiological Research	2020 – 2023
Student Affiliation Membership to American Psychological Association	2020 – 2023
University of Houston Clinical Psychology Student Representative	2019 – 2020
