

TIMOTHY W. SMITH

ADDRESS

Department of Psychology
 University of Utah
 380 S. 1530 E. room 502
 Salt Lake City, Utah 84112-0251

tim.smith@psych.utah.edu

EDUCATION

Post-Doctoral Fellow, Brown University Program in Medicine, 1983
 Pre-Doctoral Clinical Psychology Intern, Brown University Program in Medicine, 1982
 Ph.D. University of Kansas, Clinical Psychology, Aug. 1982
 M.A. University of Kansas, Clinical Psychology, June 1980
 B.A. Gettysburg College, Psychology, June 1977

POSITIONS

2014 - present, Distinguished Professor, Department of Psychology, University of Utah
 1996 - 2002, Chair, Department of Psychology, University of Utah
 1992 - 1996, 2006 – 2009 Director of Clinical Training
 1990 - 2014, Professor, Department of Psychology, University of Utah
 1986 - 1990, Associate Professor, Department of Psychology, University of Utah
 1983 - 1986, Assistant Professor, Department of Psychology, University of Utah

HONORS

Outstanding Contributions to Health Psychology by a Senior Professional Award,
 Society for Health Psychology (APA Division 38) 2016
 The 1949 Award for Outstanding Alumni in Clinical Psychology, University of Kansas, 2016
 Distinguished Teaching Award, University of Utah, 2016
 Superior Teaching Award, College of Social and Behavioral Sciences, 2015
 Patricia R. Barchas Award in Sociophysiology, American Psychosomatic Society, 2014
 Distinguished Mentor Award, Graduate School, University of Utah, 2014
 C. Tracy Orleans Distinguished Service Award, Society of Behavioral Medicine, 2013
 President, Academy of Behavioral Medicine Research, 2010-2011
 Irwin Altman Award for Faculty Excellence, Psychology Department, University of Utah, 2009
 Utah Psychological Association, Academic Excellence Award, 2007
 Distinguished Scientist Award, Society of Behavioral Medicine, 2003
 President, Division of Health Psychology, American Psychological Association, 2000-2001
 Academy of Behavioral Medicine Research, Elected 2000
 Distinguished Research Award, University of Utah, 1998
 American Psychosomatic Society, Early Career Award, 1992
 Division of Health Psychology, American Psychological Association
 Early Career Award for Outstanding Contributions to Health Psychology, 1991
 College of Social and Behavioral Sciences Superior Research Award, Senior Category
 University of Utah, 1990
 David Schulman Award for Excellence in Clinical Psychology, University of Kansas, 1980

*student co-author

Phi Beta Kappa, Gettysburg College, 1977

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

American Psychological Association

Division 8 - Personality and Social Psychology; Division 38 - Health Psychology (Fellow)

American Psychosomatic Society

Society of Behavioral Medicine (Fellow)

American Psychological Society (Fellow)

PUBLICATIONS

Smith, T.W. (in press). Measurement and assessment in health psychology. In T.W. Smith, N.B. Anderson, & N. Schneiderman (Eds.). *APA Handbook of Health Psychology: Vol 1., Foundations and Context of Health Psychology* (pp.). Washington, DC; American Psychological Association.

Smith, T.W., & Anderson, N.B. (in press). Foundations of health psychology: Basic concepts, current issues, and future directions. In T.W. Smith, N.B. Anderson, & N. Schneiderman (Eds.). *APA Handbook of Health Psychology: Vol 1., Foundations and Context of Health Psychology* (pp.). Washington, DC; American Psychological Association.

Smith, T.W., Anderson, N.B., & Schneiderman, N. (Eds.). (in press). *APA Handbook of Health Psychology: Vol 1., Foundations and Context of Health Psychology*. Washington, DC; American Psychological Association.

Smith, T.W., & Cundiff, J.M. (in press). An interpersonal perspective on the physiological stress response: Implications for therapeutic interventions in coronary heart disease. In P.R. Steffen & D. Moss (Eds.), *Integrating Psychotherapy and Psychophysiology* (pp. -). Oxford, UK; Oxford University Press.

Uchino, B.N., Jordan, K., & Smith, T.W. (in press). Positive and negative online social experiences and self-rated health: Associations and examinations of potential pathways. *Health Psychology*.

*Carlson, S.E., Smith, T.W., Williams, P.G., Parkhurst, K.A., Tinajero, R., Goans, C., Hirai, M., & Ruiz, J.M. (2023). Partialing alters interpersonal correlates of negative affective symptoms and traits: A circumplex illustration. *Journal of Personality*, *91*, 683-699.

*Deits-Lebehn, C., Smith, T. W., Williams, P.G., & Uchino, B.N. (2023). Heart rate variability during social interaction: Effects of valence and emotion regulation. *International Journal of Psychophysiology*, *190*, 20-29.

Felt, J. M., Russell, M. A., Ruiz, M. J., Johnson, J. A., Uchino, B. N., Allison, M., Smith, T. W., Taylor, D. J., Ahn, C., & Smyth, J. M. (2023). Within-person associations of optimistic and pessimistic outlook with momentary stress, affect, and ambulatory blood

*student co-author

pressure. *Anxiety, Stress, & Coping*, 36, 636-648.

- *Grove, J.L., Carlson, S.E., Parkhurst, K.A., O'Neill, J.C., & Smith, T.W. (2023). Non-suicidal self-injury, sleep quality, and shame response to a laboratory stress task. *Journal of Clinical Psychology*, 79, 871-885.
- Johnson, K.T., Williams, P.G., Smith, T.W., & Baucom, B.R. (2023). Individual differences in aesthetic engagement and proneness to aesthetic chill: II. Associations with stress-related growth orientation. *Psychology of Aesthetics, Creativity and the Arts*, 17, 748-761.
- Jones, D.R., Ruiz, J.M., Schreier, H., Allison, M., Uchino, B.N., Russell, M.A., Taylor, D.J., Smith, T.W., & Smyth, J.M. (2023). Mean affect and affect variability may interact to predict inflammation. *Brain, Behavior, and Immunity*, 109, 168-174.
- Jordan, K.D., & Smith, T.W. (2023). Adaptation to social-evaluative threat: Effects of repeated acceptance and status stressors on cardiovascular reactivity. *International Journal of Psychophysiology*, 183, 61-70.
- Smith, T.W., Carlson, S.E., Uchino, B.N., & Baucom, B.R.W. (2023). Good, bad, and beyond: Perils of partialing positive and negative couple variables within individuals. *Journal of Family Psychology*, 37, 31-36.
- Whitaker, M., Aguirre, M.C., Gutierrez Chavez, M., *Beaulieu, E., Arones, Y.B., Gershenoff, D., Hinton, K., Klein, N., Munezero Uwizeye, J., Napia, E., Ramos, C., Tavake-Pasi, O.F., Villalta, J., Wolfsfeld, C., Witte, B., Maxfield, E., Raphael, K., Simmons, D.L., Clark, L., Sher, T., Smith, T.W., & Baucom, K.J.W. (2023). Couple-based lifestyle intervention to prevent type 2 diabetes: Protocol for a randomized pilot trial. *BMJ Open*, 13(2), e068623.
<https://doi.org/10.1136/bmjopen-2022-068623>
- *Carlson, S.E., Smith, T.W., Tinajero, R., Parkhurst, K.A., Grove, J.L., Goans, C., Hirai, M., & Ruiz, J.M. (2022). Moving toward, moving against, and moving away: An interpersonal approach to construct validation of the Horney-Coolidge Type Inventory. *Journal of Personality Assessment*, 104, 650-659.
- *Deits-Lebehn, C., Smith, T. W., Grove, J. L., Williams, P.G., & Uchino, B.N. (2022). Interpersonal style contributes to the association of dispositional mindfulness with social functioning. *Mindfulness*, 13, 373-384.
- Gordon, E. L., Terrill, A. L., Smith, T. W., Ibele, A. R., Martinez, P. L., & McGarrity, L. A. (2022). Overvaluation of shape and weight (not BMI) associated with depressive symptoms and binge eating symptoms pre- and post-bariatric surgery. *Obesity Surgery*, 32, 2272-2279.
- *Grove, J.L., Carlson, S.E., Parkhurst, K.A., & Smith, T.W. (2022). The role of pre-sleep arousal in the

*student co-author

connection between insomnia and suicide risk. *Death Studies*, 46, 2523-2529.

- Landvatter, J.D., Uchino, B.N., Smith, T.W., & Bosch, J.A. (2022). Partner's perceived social support influences their spouse's inflammation: An actor-partner analysis. *International Journal of Environmental Research and Public Health*, 19(2), 799 doi: 10.3390/ijerph19020799
- McGarrity, L.A., Terrill, A.L., Martinez, P.L., Ibele, A.R., Morrow, E.H., Volckmann, E.T., & Smith, T.W. (2022). The role of resilience in psychological health among bariatric surgery patients. *Obesity Surgery*, 32, 792-800.
- Sarafino, E.P., & Smith, T.W. (2022). *Health Psychology: Biopsychosocial Interactions* (10th Ed). Hoboken, NJ: John Wiley & Sons.
- Smith, T.W. (2022). Intimate relationships and coronary heart disease: Implications for risk, prevention, and patient management. *Current Cardiology Reports*, doi.org/10.1007/s11886-022-01695-4
- Smith, T.W., Carlson, S.E., Uchino, B.N., & Baucom, B.R.W. (2022). To put asunder: Are there perils of partialing in actor-partner interdependence models? *Journal of Family Psychology*, 36, 1462-1472.
- Smith, T.W., Cundiff, J.M., & Baucom, B.R. (2022). Aggregation of psychosocial risk factors: models and methods. In S.R. Waldstein, W.J. Kop, E.C. Suarez, W.R. Lavallo, & L.I. Katzel (Eds.), *Handbook of cardiovascular behavioral medicine* (pp 675- 700). New York: Springer Nature.
- Huebner, D.M., McGarrity, L.A., Perry, N.S., Spivey, L.A., & Smith, T.W. (2021). Cardiovascular and cortisol responses to experimentally-induced minority stress. *Health Psychology*, 40, 316-325.
- Smith, T.W., Baron, C.E., Caska-Wallace, C.M., Knobloch-Fedders, L., Renshaw, K.D., & Uchino, B.N. (2021). PTSD in Veterans, couple behavior, and cardiovascular response during marital conflict. *Emotion*, 21, 478-488.
- Wendel, C., Cundiff, J.M., Cribbet, M.R., Berryhill, B., & Smith, T.W. (2021). Early adversities and negative affect in young adulthood: Does family income matter? *Journal of Child and Family Studies*, 30, 3040-3054.
- Aguirre, M., Brown, H., Gershenoff, D., Hinton, K., Huntzinger, O., Klein, N., Ramos, C., Tavake-Pasi, O., Witte, B., Wolfsfeld, M., Sher, T., Simmons, D., Smith, T.W., Clark, L., Baucom, K. (2020). The role of advocacy in adapting the diabetes prevention program for couple-based delivery that reaches marginalized groups. *The Behavior Therapist*, 43(7), 261-265.
- *Baron, C.E., Smith, T.W., Baucom, B.R., Uchino, B.N., Williams, P.G., Sundar, K.M., Czajkowski, L. (2020). Relationship partner social behavior and CPAP adherence: The role of autonomy support. *Health Psychology*, 39, 325-324.

*student co-author

- *Cribbet, M.R., Smith, T.W., Uchino, B.N., Baucom, B.R.W., & Nealey-Moore, J.B. (2020). Autonomic influences on heart rate during marital conflict: Associations with high frequency heart rate variability and cardiac pre-ejection period. *Biological Psychology, 151*, Art ID 107847.
- *Deits-Lebehn, C., Baucom, K.J.W., Crenshaw, A.O., Smith, T.W., & Baucom, B.R.W. (2020). Incorporating physiology into the study of psychotherapy process. *Journal of Counseling Psychology, 67*, 488-499.
- *Deits-Lebehn, C., Smith, T.W., Baucom, B.R.W., Nealey-Moore, J., Uchino, B.N., & Berg, C.A. (2020). Two-dimension assessment of marital functioning across adulthood: The Quality of Relationships Inventory. *Journal of Family Issues, 41*, 692-707.
- Felt, J.M., Russell, M.A., Ruiz, J.M., Johnson, J.A., Uchino, B.N., Allison, M., Smith, T. W., Taylor, D.J., Ahn, C., & Smyth, J. (2020). A multimethod approach examining the relative contributions of optimism and pessimism to cardiovascular disease risk markers. *Journal of Behavioral Medicine, 43*, 839-949.
- Flores, M.A., Ruiz, J.M., Goans, C., Butler, E.A., Uchino, B.N., Hirai, M., Tinajero, R., Smith, T.W. (2020). Racial-ethnic differences in social networks and perceived support: Measurement considerations and implications for disparities research. *Cultural Diversity and Ethnic Minority Psychology, 26*, 189-199.
- *Grove, J.L., Smith, T.W., Carlson, S., Bryan, C., Crowell, S., Czajkowski, L., Williams, P.G., & Parkhurst, K. (2020). Prospective association between suicide cognitions and emotional responses to a laboratory stressor: The mediating role of nightly subjective sleep quality. *Journal of Affective Disorders, 265*, 77-84.
- Hirai, M., Charak, R., Seligman, L.D., Hovey, J.D., Ruiz, J.M., Smith, T.W. (2020). An association between perceived social support and posttraumatic stress symptom severity among women with lifetime sexual victimization: The serial mediating role of resilience and coping. *Violence Against Women, 26*, 1966-1986.
- McGarrity, L., Huebner, D., Smith, T.W., Suchy, Y. (2020). Minority stress, emotion regulation, and executive function: An experimental investigation of gay and lesbian adults. *Personality and Social Psychology Bulletin, 46*, 365-376.
- Proeschold-Bell, R.J., Steinberg, D., Yao, J., Eagle, D.E., Smith, T.W., Cai, G., & Turner, E.L. (2020). Using a holistic health approach to achieve long-term weight maintenance: Results from the Spirited Life intervention. *Translational Behavioral Medicine, 10*, 223-233.
- Reblin, M., Vaughn, A.A., Birmingham, W.C., Smith, T.W., Uchino, B.N. & Spahr, C. (2020). Complex assessment of relationship quality within dyads. *Journal of Community Psychology, 48*, 2221-

*student co-author

2237.

- Smith, T.W. (2020). Health psychology and behavioral medicine: Methodological issues in the study of psychosocial influences on physical health. In A.G.C. Wright and M.N. Hallquist (Eds), *The Cambridge handbook of research methods in clinical psychology* (pp 287- 298). Cambridge, UK: Cambridge University Press.
- Smith, T.W., Baron, C.E., *Deits-Lebehn, C., Uchino, B.N., Berg, C.A. (2020). Is it me or you? Marital conflict behavior and blood pressure reactivity. *Journal of Family Psychology*, *34*, 503-508.
- Smith, T.W., *Deits-Lebehn, C., Caska-Wallace, C.M., Renshaw, K.D., & Uchino, B.N. (2020). Resting high frequency heart rate variability and PTSD symptomatology in Veterans: Effects of respiration, role in elevated heart rate, and extension to spouses. *Biological Psychology*, *154*, Art ID 107928.
- Smith, T.W., *Deits-Lebehn, C. Williams, P.G., Baucom, B.R., & Uchino, B.N. (2020). Toward a social psychophysiology of vagally-mediated heart rate variability: Concepts and methods in self-regulation, emotion, and interpersonal processes. *Social and Personality Psychology Compass*, *14*(3), e12516.
- Uchino, B.N., Birmingham, W., Landvatter, J., Cronan, S., Scott, E., & Smith, T.W. (2020). Self-rated health and age-related differences in ambulatory blood pressure: The mediating role of behavioral and affective factors. *Psychosomatic Medicine*, *82*, 402-408
- Caska-Wallace, C.M., Smith, T.W., Renshaw, K., & Steven N. Allen. (2019). Standardized assessment of relationship functioning in OEF/OIF Veterans with and without PTSD. *Military Psychology*, *31*, 373-383.
- *Deits-Lebehn, C., Smith, T.W., Grove, J.L., Williams, P.G., & Uchino, B.N. (2019). Dispositional mindfulness, nonattachment, and experiential avoidance in the interpersonal circumplex. *Personality and Individual Differences*, *151*(1), 109522.
- Doyle, C.Y., Ruiz, J.M., Taylor, D., Flores, M., Dietch, J., Smyth, J., Ahn, C., Allison, M., Smith, T.W., & Uchino, B.N. (2019). Associations between objective sleep and ambulatory blood pressure in a community sample. *Psychosomatic Medicine*, *81*, 545-556.
- *Grove, J.L., Smith, T.W., Girard, J.M., & Wright, A.G. (2019). Narcissistic admiration and rivalry: An interpersonal approach to construct validation. *Journal of Personality Disorders*, *33*, 751-775.
- Kent de Grey, R. G., Uchino, B. N., Baucom, B. R. W., Smith, T. W., Holton, A. E., & Diener, E. F. (2019). Enemies and friends in high-tech places: The development and validation of the Online Social Experiences Measure. *Digital Health*, *5*, 1-20.

*student co-author

- Kent de Grey, R. G., Uchino, B. N., Pietromonaco, P. R., Hogan, J., Smith, T. W., Cronan, S., & Trettevik, R. (2019). Strained bedfellows: An actor-partner analysis of spousal attachment insecurity and sleep quality. *Annals of Behavioral Medicine*, *53*, 115-125.
- McGarrity, L., Perry, N.S., Derbidge, C., Trapp, S.K., Terrill, A.L., Smith, T.W., Ibele, A.R., MacKenzie, J.J. (2019). Associations between approach and avoidance coping, psychological distress, and disordered eating among bariatric surgery candidates. *Obesity Surgery*, *29*, 3596-3604.
- Smith, T.W. (2019). Relationships matter: Progress and challenges in research on the health effects of intimate relationships. *Psychosomatic Medicine*, *81*, 2–6.
- Smith, T.W., & Parkhurst, K. (2019). Personality and physical health: Current status and future directions (pp. 195 - 212). In T.A. Revenson and R.A.R. Gurung (Eds), *New handbook of health psychology*. New York: Taylor & Francis/Routledge.
- Smith, T.W., & Weihs, K. (2019). Emotion, social relationships, and physical health: Concepts, methods, and evidence for an integrative perspective. *Psychosomatic Medicine*, *81*, 681-693.
- Uchino, B.N., Landvetter, J., Cronan, S., Scott, E., Papadakis, M., Smith, T.W., Bosch, J.A., & Joel, S. (2019). Self-rated health and inflammation: A test of depression and sleep quality as mediators. *Psychosomatic Medicine* *81*, 328-332.
- Uchino, B.N., Scott, E., Kent de Grey, R., Hogan, J., Trettevik, R., Cronan, S., Smith, T.W., Bosch, J. (2019). Sleep quality and inflammation in married heterosexual couples: An actor-partner analysis. *International Journal of Behavioral Medicine*, *26*, 247-254.
- Gonzalez, S. P., Newton, M., Hannon, J., Smith, T.W., & Detling, N. (2018). Examining the process of psychological resilience in sport: performance, cortisol, and emotional responses to stress and adversity in a field experimental setting. *International Journal of Sport Psychology*, *49*, 112-133.
- Huebner, D.M., McGarrity, L.A., Smith, T.W., Perry, N.S., & Suchy, Y. (2018). Changes in executive function following a stressful interpersonal task are associated with condomless anal intercourse among men who have sex with men. *Annals of Behavioral Medicine*, *52*, 406-411.
- Kent de Grey, R., Uchino, B.N., Smith, T.W., & Baucom, B.R. (2018). (Too) anxious to help? Social support provider anxiety and cardiovascular function. *International Journal of Psychophysiology*, *123*, 171-178.
- Uchino, B.N., Kent de Grey, R., Cronan, S., Smith, T.W., Diener, E., Joel, S., & Bosch, J. (2018). Life satisfaction and inflammation in couples: An actor-partner analysis. *Journal of Behavioral Medicine*, *41*, 22-30.

- Butner, J., Deits-Leben, C., Crenshaw, A., Wiltshire, T., Perry, N., Kent-de Grey, R., Hogan, J., Smith, T.W., Baucom, K., & Baucom, B. (2017). A multivariate dynamic systems model for psychotherapy with more than one client. *Journal of Counseling Psychology, 64*, 616-625.
- *Cundiff, J.M., & Smith, T.W. (2017). Social status, everyday interpersonal processes, and coronary heart disease: A social psychophysiological view: *Social and Personality Psychology Compass, 11*(4), doi: 10.1111/spc.12310.
- Dietch, J.R., Taylor, D., Smyth, J., Ahn, C., Smith, T.W., Uchino, B.N., Allison, M., & Ruiz, J.M. (2017). Gender and racial/ethnic differences in sleep duration in the North Texas Heart Study. *Sleep Health, 3*, 324-327.
- *Grove, J.L., Smith, T.W., Crowell, S.E., & Ellis, J.H. (2017). Preliminary evidence for emotion dysregulation as a mechanism underlying poor sleep quality in borderline personality disorder. *Journal of Personality Disorders, 31*, 542-552.
- *Grove, J.L., Smith, T.W., Crowell, S.E., & Williams, P.G. (2017). Borderline personality features, interpersonal correlates, and blood pressure responses to social stressors: Implications for cardiovascular risk. *Personality and Individual Differences, 113*, 38-47.
- *Jordan, K.D., & Smith, T.W. (2017). The interpersonal domain of alexithymia. *Personality and Individual Differences, 110*, 65-69.
- Knobloch-Fedders, L.M., Caska-Wallace, C., Smith, T.W., & Renshaw, K. (2017). Battling on the home front: Posttraumatic stress disorder and conflict behavior in military couples. *Behavior Therapy, 48*, 247-261.
- Ruiz, J.M., Taylor, D.J., Uchino, B.N., Smith, T.W., Allison, M., Ahn, C., Johnson, J., & Smyth, J.M. (2017). Evaluating the longitudinal risk of social vigilance on atherosclerosis: Study protocol for the North Texas Heart Study. *BMJ Open, O:e017345*.doi:10.1136/bmjopen-2017-017345.
- Sarafino, E.P., & Smith, T.W. (2017). *Health Psychology: Biopsychosocial Interactions* (9th Ed). Hoboken, NJ: John Wiley & Sons.
- Smith, T.W., & Baucom, B.R.W. (2017). Intimate relationships, individual adjustment, and coronary heart disease: Implications of overlapping associations in psychosocial risk. *American Psychologist, 72*, 578-589.
- Smith, T.W., Eagle, D.E., & Proeschold-Bell, R.J. (2017). Prospective associations between depressive symptoms and the metabolic syndrome: The Spirited Life Study of Methodist pastors in North Carolina. *Annals of Behavioral Medicine, 51*, 610-619.
- Uchino, B.N., Cribbet, M., Kent de Grey, R.G., Cronan, S., & Smith, T.W. (2017). Dispositional

*student co-author

optimism and sleep quality: A test of meditational pathways. *Journal of Behavioral Medicine*, 40, 360-365.

Williams, P.G., Rau, H., Suchy, Y., Thorgusen, S., & Smith, T.W. (2017). On the validity of self-report assessment of cognitive abilities: Attentional Control Scale associations with cognitive performance, emotional adjustment, and personality *Psychological Assessment*, 29, 519-530.

*Baron, C.E., Smith, T.W., Uchino, B.N., Baucom, B.R., & Birmingham, W. (2016). Getting along and getting ahead: Affiliation and dominance predict ambulatory blood pressure. *Health Psychology*, 35, 253-261.

*Cundiff, J.M., Smith, T.W., Baron, C.E., & Uchino, B.N. (2016). Hierarchy and health: Physiological effects of interpersonal experiences associated with socioeconomic position. *Health Psychology*, 35, 356-365.

*Cundiff, J.M., Birmingham, W.C., Uchino, B.N., & Smith, T.W. (2016). Marital quality buffers the association between socioeconomic status and ambulatory blood pressure. *Annals of Behavioral Medicine*, 50, 330-335.

Fernandez, E., & Smith, T.W. (2016). Anger, hostility and cardiovascular disease in the context of interpersonal relations. In D. Bryne & M. Alavarenga (Eds.), *Handbook of Psychocardiology*. New York: Springer.

Russell, M.A., Smith, T.W., & Smyth, J.M. (2016). Anger expression, momentary anger, and symptom severity in patients with chronic disease. *Annals of Behavioral Medicine*, 50, 259-271.

Segerstrom, S.C., Out, L., Granger, D.A., & Smith, T.W. (2016). Assessment of biological and physiological measures in health psychology. In Y. Benyami, M. Johnston, & V. Karademas (Eds.), *Assessment in Health Psychology* (pp. 227-238). Boston: Hogrefe.

Smith, T.W., & Baron, C.E. (2016). Marital discord in the later years. In J. Bookwala (Ed.), *Couple relationships in mid and late life: Their nature, complexity, and role in health and illness* (pp. 37-56). Washington, DC: APA Books.

Smith, T.W., & Williams, P.G. (2016). Assessment of social traits in married couples: Self-reports and spouse ratings around the interpersonal circumplex. *Psychological Assessment*, 28, 726-736.

Smith, T.W., Williams, P.G., & Ruiz, J.M. (2016). Clinical health psychology. In J.C. Norcross, G.R. VandenBos, & D.K. Freedheim (Eds.), *APA Handbook of Clinical Psychology* (pp 223-257). Washington, DC: American Psychological Association.

Uchino, B. N., Bowen, K., Kent de Grey, R. G., Smith, T. W., Baucom, B. R., Light, K. A., & Ray,

*student co-author

- S. (2016). Loving-kindness meditation improves relationship negativity and psychological well-being: A pilot study. *Psychology, 7*, 6-11.
- Uchino, B.N., Ruiz, J.M., Smith, T.W., Smyth, J., Taylor, D., Allison, M., & Ahn, C. (2016). Ethnic/Racial differences in the association between social support and levels of c-reactive protein in the North Texas Heart Study. *Psychophysiology, 53*, 64-70.
- Birmingham, W.C., Uchino, B.N., Smith, T.W., Light, K.C., & Butner, J. (2015). It's complicated: Marital partners' perceptions of ambivalent behavior, ambulatory blood pressure, and daily interpersonal functioning. *Annals of Behavioral Medicine, 49*, 743-753.
- *Cundiff, J.M., Smith, T.W., Butner, J., Critchfield, K., & Nealey-Moore, J. (2015). Affiliation and control in marital interaction: Interpersonal complementarity is present but is not associated with affect or marital quality. *Personality and Social Psychology Bulletin, 41*, 35-51.
- *Cundiff, J.M., Uchino, B.N., Smith, T.W., & Birmingham, W. (2015). Socioeconomic status and health: education and income are independent and joint predictors of ambulatory blood pressure. *Journal of Behavioral Medicine, 38*, 9-16.
- *Henry, N.J.M., Smith, T.W., Butner, J., Berg, C.A., Sewell, K., & Uchino, B.N. (2015). Marital quality, depressive symptoms, and the metabolic syndrome: A couples structural model. *Journal of Behavioral Medicine, 38*, 497-506.
- *Jordan, K.J., Williams, P.G., & Smith, T.W. (2015). Interpersonal distinctions among hypochondriacal trait components: Styles, goals, vulnerabilities, and perceptions of health care providers. *Journal of Social and Clinical Psychology, 34*, 459-476.
- *Kent, R. G., Uchino, B. N., Cribbet, M., Bowen, K., and Smith, T. W. (2015). Social relationships and sleep quality. *Annals of Behavioral Medicine, 49*, 912-917.
- Smith, T.W., & Jordan, K.D. (2015). Interpersonal motives and social-evaluative threat: Effects of acceptance and status stressors on cardiovascular reactivity and salivary cortisol response. *Psychophysiology, 52*, 269-276.
- Smith, T.W., & Williams, P.G. (2015). Self-reports and spouse ratings of neuroticism: Perspectives on emotional adjustment. *Journal of Family Psychology, 29*, 302-307.
- Smith, T.W., Williams, P.G., & Segerstrom, S.C. (2015). Personality and physical health. In P.R. Shaver & M. Mikulincer (Series Eds.), M. L. Cooper & R.J. Larsen (Vol. Eds.), *APA handbook of personality and social psychology (Vol 4): Personality processes and individual Differences* (639-661). Washington, DC: American Psychological Association.
- Uchino, B.N., Cawthon, R.M., Smith, T.W., Kent, R.G., Bowen, K., & Light, K.C. (2015). A cross-

*student co-author

sectional analysis of the association between perceived network social control and telomere length. *Health Psychology, 34*, 531-538.

- Uchino, B.N., Ruiz, J.M., Smith, T.W., Smyth, J., Taylor, D., Allison, M., & Ahn, C. (2015). The strength of family ties: Perceptions of network relationship quality and levels of c-reactive protein in the North Texas Heart Study. *Annals of Behavioral Medicine, 49*, 776-781.
- *Bowen, K., Uchino, B.N., Birmingham, W., Smith, T.W., Carlisle, M., & Light, K.C. (2014). The stress-buffering effects of functional social support on ambulatory blood pressure. *Health Psychology, 33*, (11), 1440-1443.
- *Caska, C.M., Smith, T.W., Renshaw, K.D., Allen, S.N., Uchino, B.N., Birmingham, W., & Carlisle, M. (2014). Posttraumatic stress disorder and responses to couple conflict: Implications for cardiovascular risk. *Health Psychology, 33* (11), 1273-1280.
- *Cribbet, M.R., Carlisle, M., Cawthon, R.M., Uchino, B.N., Williams, P.G., Smith, T.W., Gunn, H.E., & Light, K.C. (2014). Cellular aging and restorative processes: Subjective sleep quality and duration moderate the association between age and telomere length in a sample of middle-aged and older adults. *Sleep, 37*, 65-70.
- *Jordan, K.D., Masters, K.S., Hooker, S.A., Ruiz, J.M., & Smith, T.W. (2014). An interpersonal approach to religiousness and spirituality: Implications for health and well-being. *Journal of Personality, 82*, 418-431.
- *MacKenzie, J., Smith, T.W., Uchino, B.N., White, P.H., Light, K.C., & Grewen, K.M. (2014). Depressive symptoms, anger/hostility, and relationship quality in young couples. *Journal of Social and Clinical Psychology, 33*, 380-396.
- Sarafino, E.P., & Smith, T.W. (2014). *Health Psychology: Biopsychosocial Interactions* (8th Ed). Hoboken, NJ: John Wiley & Sons.
- Smith, T.W., Baron, C.E., & Caska, C.M. (2014). On marriage and the heart: Models, methods, and mechanisms in the study of close relationships and cardiovascular disease. In C. Agnew & S. South (Eds.), *Interpersonal relationships and health: Social and clinical psychological mechanisms* (34-70). New York: Oxford University Press.
- Smith, T.W., Baron, C.E., & Grove, J. (2014). Personality, emotional adjustment, and cardiovascular risk: Marriage as a mechanism. *Journal of Personality, 82*, 502-514.
- Smith, T.W., Uchino, B.N., Bosch, J.A., & Kent, R.G. (2014). Trait hostility is associated with systemic inflammation in married couples: An actor-partner analysis. *Biological Psychology, 102*, 51-53.
- Uchino, B.N., Smith, T.W., & Berg, C. (2014). Spousal relationship quality and cardiovascular risk:

*student co-author

Dyadic perceptions of relationship ambivalence are associated with coronary calcification. *Psychological Science*, 25, 1037-1042.

*Bowen, K.S., Birmingham, W., Uchino, B.N., Carlisle, M., Smith, T.W., & Light, K.C. (2013). Specific dimensions of perceived support and ambulatory blood pressure: Which support functions appear most beneficial and for whom? *International Journal of Psychophysiology*, 88, 317-324.

*Cundiff, J.M., Smith, T.W., Uchino, B.N., & Berg, C.A. (2013). Subjective social status: Construct validity and associations with psychosocial vulnerability and self-rated health. *International Journal of Behavioral Medicine*, 20, 148-158.

*MacKenzie, J., Smith, T.W., & Uchino, B.N. (2013). Cardiovascular reactivity during stressful speaking tasks in Mexican-American women: effects of language use and interaction partner ethnicity. *Journal of Behavioral Medicine*, 36, 621-631.

Smith, T.W. (2013). Does the interpersonally sensitive disposition advance research on personality and health? Comment on Marin and Miller (2013). *Psychological Bulletin*, 139, 985-990.

Smith, T.W., Ruiz, J.M., Cundiff, J.M., Baron, K.G., & Nealey-Moore, J.B. (2013). Optimism and pessimism in social context: An interpersonal perspective on resilience and risk. *Journal of Research in Personality*, 47, 553-562.

Smith, T.W., Uchino, B.N., MacKenzie, J., Hicks, A.M., Campo, R.A., Reblin, M., Grewen, K.M., Amico, J.A., & Light, K.C. (2013). Effects of couple interaction and relationship quality on plasma oxytocin and cardiovascular reactivity: Empirical findings and methodological considerations. *International Journal of Psychophysiology*, 88, 271-281.

Smith, T.W., & Williams, P.G. (2013). Behavioral medicine and clinical health psychology. In M.J. Lambert (Ed). *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change* (6th ed.) (pp. 690-734). New York: John Wiley & Sons.

Uchino, B.N., Bosch, J., Smith, T.W., Carlisle, M., Birmingham, W., Bowen, K., Light, K., Heany, J., & O'Hartaigh, B. (2013). Relationships and cardiovascular risk: Perceived spousal ambivalence in specific relationship contexts and its links to inflammation. *Health Psychology*, 32, 1067-1075.

Uchino, B.N., Smith, T.W., Carlisle, M., Birmingham, W., & Light, K.C. (2013). The quality of spouses' social networks uniquely contributes to each other's cardiovascular risk. *PLOS One*, 8(8) e71881.

*Baron, K.G., Gunn, H.E., Czajkowski, L., Smith, T.W., & Jones, C. (2012). Spouse involvement in CPAP: Does pressure help? *Journal of Clinical Sleep Medicine*, 8, 147-153.

*student co-author

- *Carlisle, M., Uchino, B.N., Sanbonmatsu, D.M., Smith, T.W., Cribbet, M.R., Birmingham, W., Light, K.A., & Vaughn, A. (2012). Subliminal activation of social ties moderates cardiovascular reactivity during acute stress. *Health Psychology, 31*, 217-225.
- *Cundiff, J.M., Smith, T.W., & Frandsen, C.A. (2012). Incremental validity of spouse ratings versus self-reports of personality as predictors of marital quality and behavior during marital conflict. *Psychological Assessment, 24*, 676-684.
- Smith, T.W., Birmingham, W., & Uchino, B.N. (2012). Evaluative threat and ambulatory blood pressure: Cardiovascular effects of social stress in daily experience. *Health Psychology, 31*, 763-766.
- Smith, T.W., Cundiff, J.M., & Uchino, B.N. (2012). Interpersonal motives and cardiovascular response: Mechanisms linking dominance and social status with cardiovascular disease. In R.A. Wright & G.H.E. Gendolla (Eds.), *How motivation affects cardiovascular response: Mechanisms and applications* (pp. 287 - 305). Washington, DC: American Psychological Association.
- Smith, T.W., Gallo, L.C., Shivpuri, S., & Brewer, A.L. (2012). Personality and health: Current issues and emerging perspectives. In A. Baum, T. Revenson, & J. Singer (Eds.), *Handbook of health psychology* (2nd Edition) (pp. 374 - 404). New York: Taylor & Francis.
- Smith, T.W., & Traupman, E.K. (2012). Anger, hostility, and aggressiveness in coronary heart disease: Clinical applications of an interpersonal perspective. In R. Allan & J. Fisher (Eds.), *Heart and Mind II: Evolution of Cardiac Psychology* (pp. 197-217). Washington, DC: American Psychological Association.
- Smith, T.W., Uchino, B.N., Berg, C.A., & Florsheim, P. (2012). Marital discord and coronary artery disease: A comparison of behaviorally-defined discrete groups. *Journal of Consulting and Clinical Psychology, 80*, 87-92.
- Uchino, B.N., Cawthon, R., Smith, T.W., Light, K.C., MacKenzie, J., Carlisle, M., Gunn, H., Birmingham, W., & Bowen, K. (2012). Social relationships and health: Is feeling positive, negative, or both (ambivalent) related to telomeres? *Health Psychology, 31*, 789-796.
- *Baron, K.G., Berg, C.A., Czajkowski, L.A., Smith, T.W., Gunn, H.E., & Jones, C.R. (2011). Self-efficacy contributes to individual differences in subjective improvements using CPAP. *Sleep and Breathing, 15*, 599-606.
- *Baron, K.G., Smith, T.W., Berg, C.A., Czajkowski, L.A., *Gunn, H.E., & Jones, C.R. (2011). Spousal involvement in CPAP adherence among patients with obstructive sleep apnea. *Sleep and Breathing, 15*, 525-534.
- Berg, C.A., Schindler, I., Smith, T.W., Skinner, M., & Beveridge, R.M. (2011). Perceptions of

*student co-author

compensation and interpersonal enjoyment functions of collaboration among middle-aged and older couples. *Psychology and Aging*, 26, 167-173.

*Cundiff, J.M., Smith, T.W., Uchino, B.N., & Berg, C.A. (2011). An interpersonal analysis of subjective social status and psychosocial risk. *Journal of Social and Clinical Psychology*, 30, 47-74.

Sarafino, E.P., & Smith, T.W. (2011). *Health Psychology: Biopsychosocial Interactions* (7th Ed). Hoboken, NJ: John Wiley & Sons.

Segerstrom, S.C., Smith, T.W., & Eisenlohr-Moul, T.A. (2011). Positive psychophysiology: The body and self-regulation. In K. Sheldon, T. Kashdan, & M. Steger (Eds). *Designing positive psychology: Taking stock and moving forward* (pp. 25-40). New York: Oxford University Press.

Smith, T.W. (2011). Toward a more systematic, cumulative, and applicable science of personality and health: Lessons from Type D. *Psychosomatic Medicine*, 73, 528-532.

Smith, T.W. (2011). Measurement in health psychology research. In H. Friedman (Ed.), *Oxford Handbook of Health Psychology* (pp. 42-72). New York: Oxford University Press.

Smith, T.W., Cribbet, M.R., Nealey-Moore, J.N., Uchino, B.N., Williams, P.G., MacKenzie, J., & Thayer, J.F. (2011). Matters of the variable heart: Respiratory sinus arrhythmia response to marital interaction and associations with marital quality. *Journal of Personality and Social Psychology*, 100, 103-119.

Smith, T.W., & Cundiff, J.M. (2011). Risk for coronary heart disease: An interpersonal perspective. In L.M. Horowitz & S. Strack (Eds.), *Handbook of Interpersonal Psychology: Theory, Research, Assessment, and Therapeutic Interventions* (pp. 471-490). Hoboken, NJ: John Wiley & Sons.

Smith, T.W., Uchino, B.N., Florsheim, P., Berg, C.A., Butner, J., Hawkins, M., Henry, N.J.M., Beveridge, R., Pearce, G., Hopkins, P.N., & Yoon, H.C. (2011). Affiliation and control during marital disagreement, history of divorce, and asymptomatic coronary artery calcification in older couples. *Psychosomatic Medicine*, 73, 350-357.

*Traupman, E.K., Smith, T.W., Florsheim, P., Berg, C.A., & Uchino, B.N. (2011). Appraisals of spouse affiliation and control during marital conflict: Common and specific cognitive correlates among facets of negative affectivity. *Cognitive Therapy and Research*, 35, 187-198.

Uchino, B.N., Smith, T.W., Birmingham, W., Carlisle, M.C. (2011). Social neuroscientific pathways linking social support to health. In J. Decety & J. Cacioppo (Eds), *The Oxford Handbook of Social Neuroscience* (pp. 804-813). New York: Oxford.

Williams, P.G., Smith, T.W., Gunn, H., & Uchino, B.N. (2011). Personality and stress: Individual differences in exposure, reactivity, recovery, and restoration. In R.J. Contrada & A Baum (Eds.),

*student co-author

Handbook of Stress Science: Biology, Psychology, and Health (pp. 231-246). New York: Springer Publishing.

- *Reblin, M., Uchino, B.N., & Smith, T.W. (2010). Provider and recipient factors that may moderate the effectiveness of received social support: Examining the effects of relationship quality and expectations for support on behavioral and cardiovascular response. *Journal of Behavioral Medicine*, 33, 423-431.
- Renshaw, K.D., Blais, R.K., & Smith, T.W. (2010). Components of negative affectivity and marital satisfaction: The importance of actor and partner anger. *Journal of Research in Personality*, 44, 328-334.
- Smith, T.W. (2010). Conceptualization, measurement, and analysis of negative affective risk factors. In A. Steptoe (Ed.), *Handbook of Behavioral Medicine: Methods and Applications* (pp. 155-168). New York: Springer.
- Smith, T.W. (2010). Depression and chronic medical illness: Implications for relapse prevention. In C.S. Richards and M.G. Perry (Eds.), *Relapse Prevention for Depression* (pp. 199-225). Washington, DC: American Psychological Association.
- Smith, T.W., Traupman, E.K., Uchino, B.N., Berg, C.A. (2010). Interpersonal circumplex descriptions of psychosocial risk factors for physical illness: Application to hostility, neuroticism, and marital adjustment. *Journal of Personality*, 78, 1011-1036.
- Williams, P.G., Smith, T.W., & Jordan, K.D. (2010). Health anxiety and hypochondriasis: Interpersonal extensions of the cognitive-behavioral perspective. In J.G. Beck (Ed.), *Interpersonal perspectives in the anxiety disorders* (pp. 261-284). Washington, DC: American Psychological Association.
- *Baron, K.G., Smith, T.W., Czajkowski, L., Gunn, H., & Jones, C. (2009). Relationship quality and CPAP adherence in patients with obstructive sleep apnea. *Behavioral Sleep Medicine*, 7, 22-36.
- *Birmingham, W., Uchino, B.N., Smith, T.W., Light, K.C., & Sanbonmatsu, D.M. (2009). Social ties and cardiovascular function: An examination of relationship positivity and negativity during stress. *International Journal of Psychophysiology*, 74, 114-119.
- *Campo, R.A., Uchino, B.N., Holt-Lunstad, J., Vaughn, A.A., Reblin, M., & Smith, T.W. (2009). The assessment of positivity and negativity in social networks: The reliability and validity of the Social Relationships Index. *Journal of Community Psychology*, 37, 471-486.
- Smith, T.W. (2009). If we build it will they come? The Health Beliefs Model and mental health care utilization. *Clinical Psychology: Science and Practice*, 16, 445-448.
- Smith, T.W., Berg, C.A., Florsheim, P., Uchino, B.N., Pearce, G., Hawkins, M., Henry, N.J.M.,

*student co-author

- Beveridge, R.M., Skinner, M.A., & Olsen-Cerny, C. (2009). Conflict and collaboration in middle-aged and older couples: I: Age differences in agency and communion during marital interaction. *Psychology and Aging, 24*, 259-273.
- Smith, T.W., Uchino, B.N., Berg, C.A., Florsheim, P., Pearce, G., Hawkins, M., Henry, N.J.M., Beveridge, R.M., Skinner, M.A., Ko, K.J., & Olson-Cerny, C. (2009). Conflict and collaboration in middle-aged and older married couples: II: Age, sex, and task context moderate cardiovascular reactivity during marital interaction. *Psychology and Aging, 24*, 274-286.
- *Traupman, E.K., Smith, T.W., Uchino, B.N., Berg, C.A., Trobst, K.K., & Costa, P.T. (2009). Interpersonal circumplex octant, control, and affiliation scales for the NEO-PI-R. *Personality and Individual Differences, 47*, 457-463.
- France, C. R., Masters, K.S., Belar, C.D., Kerns, R.D., Klonoff, E.A., Larkin, K.T., Smith, T.W., Suchday, S., & Thorn, B.E. (2008). Application of the competency model to clinical health psychology. *Professional Psychology: Research and Practice, 39*, 573-580.
- *Hamann, H., Smith, T.W., Smith, K.R., Ruiz, J.M., Kircher, J.C., Botkin, J.R. (2008). Interpersonal responses among sibling dyads tested for BRCA1/2 gene mutations. *Health Psychology, 27*, 100-109.
- *Holt-Lunstad, J, Smith, T.W., & Uchino, B.N. (2008). Can hostility interfere with the health benefits of giving and receiving social support? The impact of cynical hostility on cardiovascular reactivity during social support interactions among friends. *Annals of Behavioral Medicine, 35*, 319-330.
- Smith, T.W., Uchino, B.N., Berg, C.A., Florsheim, P., Pearce, G., Hawkins, M., Henry, N., Beveridge, R., Skinner, M., Hopkins, P.N., & Yoon, H.C. (2008). Self-reports and spouse ratings of negative affectivity, dominance and affiliation in coronary artery disease: Where should we look and who should we ask when studying personality and health? *Health Psychology, 27*, 676-684.
- Smith, T.W., & Uchino, B.N (2008). Measuring physiological processes in biopsychosocial research: Basic principles amid growing complexity. In L.J. Lueken and L.C. Gallo (Eds.), *Handbook of Physiological Methods in Health Psychology* (pp 11-33). Sage.
- Williams, P.G., Smith, T.W., & Cribbet, M. R. (2008). Personality and health: Current evidence, potential mechanisms, and future directions. In G.J. Boyle, G. Matthews, & D.H., Saklofske (Eds.), *Handbook of Personality Theory and Assessment (Vol I): Personality Theories and Models* (pp 635-658). Los Angeles: Sage.
- *Baron, K. G., Smith, T.W., Butner, J., Nealey-Moore, J., Hawkins, M.W., & Uchino, B.N. (2007). Hostility, anger, and marital adjustment: concurrent and prospective associations with psychosocial vulnerability. *Journal of Behavioral Medicine, 30*, 1-10.

- Berg, C.A., Smith, T.W., Ko, K., Beveridge, R., Story, N., Henry, N., Florsheim, P., Pearce, G., Uchino, B., Skinner, M., & Glazer, K. (2007). Task control and cognitive abilities of self and spouse in collaboration in middle-aged and older couples. *Psychology and Aging, 22*, 420-427.
- Berg, C. A., Smith, T. W., Henry, N. & Pearce, G. (2007). A developmental approach to psychosocial risk factors and successful aging. In C. Aldwin, C. Park, & A.R. Spiro (Eds.), *Handbook of Health Psychology and Aging* (pp. 30 – 53), New York: Guilford Press.
- *Henry, N., Berg, C.A., Smith, T.W., & Florsheim, P. (2007). Positive and negative characteristics of marital interaction and their association with marital satisfaction in middle-aged and older couples. *Psychology and Aging, 22*, 428-441.
- *Holt-Lunstad, J., Uchino, B.N., Smith, T.W., & Hicks, A. (2007). On the importance of relationship quality: The impact of ambivalence in friendships on cardiovascular functioning. *Annals of Behavioral Medicine, 33*, 278-290.
- *Ko, K.J, Berg, C.A., Butner, J., Uchino, B.N., & Smith, T.W. (2007). Profiles of successful aging in middle-aged and older adults. *Psychology and Aging, 22*, 705-718.
- *Nealey-Moore, J.B., Smith, T.W., Uchino, B.N., Hawkins, M.W., & Olson-Cerny, C. (2007). Cardiovascular reactivity during positive and negative marital interactions. *Journal of Behavioral Medicine, 30*, 505-519.
- Smith, T.W. (2007). Measurement in health psychology research. In H.S. Friedman & R. Silver (Eds.), *Foundations of Health Psychology*, (pp 19-51). Oxford Press.
- Smith, T.W., Uchino, B.N., Berg, C.A., Florsheim, P., Pearce, G., Hawkins, M., Hopkins, P.N., & Yoon, H.C. (2007). Hostile personality traits and coronary artery calcification in middle-aged and older married couples: Different effects for self-reports versus spouse-ratings. *Psychosomatic Medicine, 69*, 441-448.
- *Story, N., Berg, C.A., Smith, T.W., Beveridge, R., Henry, N., & Pearce, G. (2007). Age, marital satisfaction, and optimism as predictors of positive sentiment override in middle-aged and older married couples. *Psychology and Aging, 22*, 719-727.
- Uchino, B.N., Smith, T.W., Holt-Lunstad, J., Campo, R., & Reblin, M. (2007). Stress and illness. In J. T. Cacioppo, L.G., Tassinary, & G.G. Bertson (Eds). *Handbook of Psychophysiology* (3rd ed) (pp 608-632). Oxford University Press.
- Gallo, L.C., Smith, T.W., & Cox, C. (2006). Socioeconomic status, psychosocial processes, and perceived health: An interpersonal perspective. *Annals of Behavioral Medicine, 31*, 109-119.
- *Ruiz, J.M., Uchino, B.N., & Smith, T.W. (2006). Hostility and sex difference in the magnitude,

*student co-author

duration, and determinants of heart rate response to forehead cold pressor: Parasympathetic aspects of risk. *International Journal of Psychophysiology*, 60, 274-283.

- Segerstrom, S. & Smith, T.W. (2006). Physiological pathways from personality to health: The cardiovascular and immune systems. In M. Vollrath (Ed.). *Handbook of Personality and Health*, (pp 175-194). Chichester, England, Wiley.
- Smith, T.W. (2006). Blood, sweat, and tears: Exercise in the management of mental and physical health problems. *Clinical Psychology: Science and Practice*, 13, 198-202.
- Smith, T.W. (2006). Personality as risk and resilience in physical health. *Current Directions in Psychological Science*, 15, 227-231.
- Smith, T.W., & Glazer, K. (2006). Hostility, marriage, and the heart: The social psychophysiology of cardiovascular risk in close relationships. In D.R. Crane and E.S. Marshall (Eds.), *Handbook of families and health: Interdisciplinary perspectives*. (pp. 19-39). Thousand Oaks, CA: Sage.
- Smith, T.W., & MacKenzie, J. (2006). Personality and risk of physical illness. *Annual Review of Clinical Psychology*, 2, 435-467.
- Uchino, B.N., Berg, C. A., Smith, T.W., Pearce, G., & Skinner, M. (2006). Age-related differences in ambulatory blood pressure during daily stress: Evidence for greater blood pressure reactivity with age. *Psychology and Aging*, 21, 231-239.
- Spring, B., Pagoto, S., Kaufman, P.G., Whitlock, E.P., Glasgow, R.E., Smith, T.W., Trudeau, K.J., & Davidson, K.W. (2005). Invitation to a dialogue between researchers and clinicians about evidence-based behavioral medicine. *Annals of Behavioral Medicine*, 30, 125-127.
- *Bloor, L. E., Uchino, B.N., Hicks, A., Smith, T.W. (2004). Social relationships and physiological functions: The effects of recalling social relationships on cardiovascular reactivity. *Annals of Behavioral Medicine*, 28, 29-38.
- Smith, T.W., & Glazer, K.M. (2004). Coronary heart disease and essential hypertension in primary care. In L. J. Haas (Ed.), *The handbook of primary care psychology* (pp.385-397). New York: Oxford University Press.
- Smith, T.W., Glazer, K., Ruiz, J.M., & Gallo, L.C. (2004). Hostility, anger, aggressiveness and coronary heart disease: An interpersonal perspective on personality, emotion and health. *Journal of Personality*, 72, 1217-1270.
- Smith, T.W., Orleans, C.T., & Jenkins, C.D. (2004). Prevention and health promotion: Decades of progress, new challenges, and an emerging agenda. *Health Psychology*, 23, 126-131.

*student co-author

- Smith, T.W. & Ruiz, J.M. (2004). Personality theory and research in the study of health and behavior. In T. Boll (Series Ed.), R. Frank, J. Wallander, & A. Baum (Vol. Eds.), *Handbook of clinical health psychology: Vol. 1. Models and perspectives in health psychology* (pp. 143-199). Washington, DC: American Psychological Association.
- Smith, T.W., Ruiz, J.M., & Uchino, B.N. (2004). Mental activation of supportive ties, hostility, and cardiovascular reactivity to laboratory stress in young men and women. *Health Psychology, 23*, 476-485.
- Smith, T.W., & Suls, J. (2004). Introduction to the special section on the future of health psychology. *Health Psychology, 23*, 115-118.
- Smith, T.W., & Suls, J. (Eds.) (2004). The future of health psychology. Special section in *Health Psychology, 23*, 115-157.
- Uchino, B.N., Holt-Lundstad, J., Smith, T.W., & Bloor, L. (2004). Heterogeneity in social networks: A comparison of different models linking relationships to psychological outcomes. *Journal of Social and Clinical Psychology, 23*, 123-139.
- Creer, T.L., Holroyd, K.A., Glasgow, R.E., & Smith, T.W. (2003). Health psychology. In M. J. Lambert (Ed.), *Bergin and Garfield's handbook of psychotherapy and behavior change* (5th ed., pp. 697-742). New York: Wiley & Sons.
- *Gallo, L.C., Smith, T.W., & Ruiz, J.M. (2003). An interpersonal analysis of adult attachment style: Circumplex descriptions, recalled developmental experiences, self-representations, and interpersonal functioning in adulthood. *Journal of Personality, 71*, 141-181.
- *Holt-Lundstad, J., Uchino, B.N., Smith, T.W., *Olson-Cerny, C., & Nealey-Moore, J. (2003). Social relationships and ambulatory blood pressure: Structural and qualitative predictors of cardiovascular function during everyday social interactions. *Health Psychology, 22*, 388-397.
- Smith, T.W. (2003). On being careful when you get what you wish for: Commentary on Belar et al. (2001). *Prevention and Treatment, 6*, <http://journals.apa.org/prevention/volume6/pre00626c.html>
- Smith, T.W. (2003). Health psychology. In I.B. Weiner (Series Ed.), J.A. Schinka & W. Velicer (Vol. Eds.), *Comprehensive handbook of psychology (Vol. 2): Research methods* (pp. 241-270). John Wiley & Sons: Hoboken, NJ.
- Smith, T.W., Gallo, L.C., & Ruiz, J.M. (2003). Toward a social psychophysiology of cardiovascular reactivity: Interpersonal concepts and methods in the study of stress and coronary disease. In J. Suls & K. Wallston (Eds.), *Social psychological foundations of health and illness* (pp. 335-366). Oxford, UK: Blackwell.

*student co-author

- Smith, T.W., & Hopkins, P.N. (2003). Psychological considerations in essential hypertension, coronary heart disease, and end-stage renal disease. In L.A. Schein, H.S. Bernard, H.I. Spitz, & P.R. Muskin (Eds.), *Psychosocial treatments for medical conditions: Principles and techniques* (pp. 133-179). New York: Brunner-Routledge.
- Wiebe, D.J., Bloor, L., & Smith, T.W. (2003). Brief psychotherapies and group treatments in general health care settings. In L.M. Cohen, D.E. McChargue, & F. Collins (Eds.), *The Health Psychology Handbook* (pp. 55-74). Newberry Park, CA: Sage Publications.
- *Nealey, J.B., Smith, T.W., & Uchino, B.N. (2002). Cardiovascular responses to agency and communion stressors in young women. *Journal of Research in Personality, 36*, 395-418.
- Smith, T.W., Kendall, P.C., & Keefe, F.J. (2002). Behavioral medicine and clinical health psychology: A view from the decade of behavior. *Journal of Consulting and Clinical Psychology, 70*, 459-462.
- Smith, T.W., Kendall, P.C., & Keefe, F.J. (Eds.) (2002). Behavioral medicine and clinical health psychology. Special issue of the *Journal of Consulting and Clinical Psychology, 70*, whole issue #3, 457-864.
- Smith, T.W., & Ruiz, J.M. (2002). Psychosocial influences on the development and course of coronary heart disease: Current status and implications for research and practice. *Journal of Consulting and Clinical Psychology, 70*, 548-568.
- Smith, T.W., & Ruiz, J.M. (2002). Coronary heart disease. In A.J. Christensen & M. Antoni (Eds.), *Chronic physical disorders: Behavioral medicine's perspective* (pp 83-111). Blackwell Publishing: Oxford, UK.
- Smith, T.W., & Spiro, A. III. (2002). Personality, health and aging: Prolegomenon for the next generation. *Journal of Research in Personality, 36*, 363-394.
- *Uno, D., Uchino, B.N., & Smith, T.W. (2002). Relationship quality moderates the effect of social support given by close friends on cardiovascular reactivity in women. *International Journal of Behavioral Medicine, 9*, 243-262.
- *Gallo, L.C., & Smith, T.W. (2001). Attachment style in marriage: Adjustment and responses to interaction. *Journal of Social and Personal Relationships, 18*, 263-289.
- *Ruiz, J.M., Smith, T.W., & Rhodewalt, F. (2001). Distinguishing narcissism and hostility: Similarities and differences in interpersonal circumplex and five factor correlates. *Journal of Personality Assessment, 76*, 537-555.
- Smith, T.W. (2001). Religion and spirituality in the science and practice of health psychology: Openness, skepticism, and the agnosticism of methodology. In T.G. Plante & A.C. Sherman

*student co-author

- (Eds.), *Faith and health* (pp 355-380). New York: Guilford Press.
- Smith, T.W. (2001). Health psychology. In N.J. Smelser & P.B. Baltes (Eds.), *International encyclopedia of the social and behavioral sciences*, 10, 4611-4617. Oxford: Elsevier Sciences, Ltd.
- Smith, T.W. (2001). Type A, coronary prone behavior. In N.J. Smelser & P.B. Baltes (Eds.), *International encyclopedia of the social and behavioral sciences*, 4, 6602-6608. Oxford: Elsevier Sciences, Ltd.
- Smith, T.W., & Gallo, L.C. (2001). Personality traits as risk factors for physical illness. In A. Baum, T. Revenson, & J. Singer (Eds.), *Handbook of health psychology* (pp 139-172). Hillsdale, NJ: Lawrence Erlbaum.
- *Gallo, L.C., Smith, T.W., & Kircher, J.C. (2000). Cardiovascular and electrodermal responses to support and provocation: Interpersonal methods in the study of psychophysiological reactivity. *Psychophysiology*, 37, 289-301.
- Smith, T.W., Nealey, J.B., & Hamann, H.A. (2000). Health psychology. In C.R. Snyder & R.E. Ingram (Eds.), *Handbook of psychological change: Psychotherapy processes and practices for the 21st century* (pp 562-590). New York: John Wiley & Sons.
- Smith, T.W., Ruiz, J.M., & Uchino, B.N. (2000). Vigilance, active coping, and cardiovascular reactivity during social interaction in young men. *Health Psychology*, 19, 382-392.
- *Gallo, L.C., & Smith, T.W. (1999). Patterns of hostility and social support: Conceptualizing psychosocial risk factors as characteristics of the person *and* the environment. *Journal of Research in Personality*, 33, 281-310.
- *Rich, M.A., Smith, T.W., & Christensen, A.J. (1999). Attributions and adjustment in end-stage renal disease. *Cognitive Therapy and Research*, 23, 143-158.
- Smith, T.W., & Gallo, L.C. (1999). Hostility and cardiovascular reactivity during marital interaction. *Psychosomatic Medicine*, 61, 436-445.
- Smith, T.W., & *Ruiz, J.M. (1999). Methodological issues in adult health psychology. In P.C. Kendall, J.N. Butcher, & G.N. Holmbeck (Eds.), *Handbook of research methods in clinical psychology* (pp 499-536). New York: Wiley.
- *Brown, P.C., Smith, T.W., & Benjamin, L.S. (1998). Perceptions of spouse dominance predict blood pressure reactivity during marital interaction. *Annals of Behavioral Medicine*, 20, 294-301.
- *Gallo, L.C., & Smith, T.W. (1998). Construct validation of health-relevant personality traits:

*student co-author

Interpersonal circumplex and five-factor model analyses of the aggression questionnaire. *International Journal of Behavioral Medicine*, 5, 129-147.

- Gerin, W., & Smith, T.W. (Eds.) (1998). The social psychophysiology of cardiovascular response: Implications for the study of reactivity, risk, and disease. Special issue of *Annals of Behavioral Medicine*, 20(4).
- Smith, T.W. (1998). Hostility. In E.A. Blechman & K. Brownell (Eds.), *Behavioral medicine for women: A comprehensive handbook* (pp 134-138). Guilford Press: New York.
- Smith, T.W., Gallo, L.C., Goble, L., Ngu, L.Q., & Stark, K. (1998). Agency, communion, and cardiovascular reactivity during marital interaction. *Health Psychology*, 17, 537-545.
- Smith, T.W., & Gerin, W. (1998). The social psychophysiology of cardiovascular response: Introduction to the special issue. *Annals of Behavioral Medicine*, 20, 243-246.
- Smith, T.W., McGonigle, M.A., & Benjamin, L.S. (1998). Sibling interactions, self-regulation, and cynical hostility in adult male twins. *Journal of Behavioral Medicine*, 21, 337-349.
- *Christensen, A.J., Benotsch, E.G., & Smith, T.W. (1997). Patient regimen adherence in renal dialysis. In D.S. Gochman (Ed.), *Handbook of health behavior research* (pp 231-244). New York: Plenum Press.
- Smith, T.W., Nealey, J.B., Kircher, J.C., & Limon, J.P. (1997). Social determinants of cardiovascular reactivity: Effects of incentive to exert influence and evaluative threat. *Psychophysiology*, 34, 65-73.
- Wiebe, D.J., & Smith, T.W. (1997). Personality and health: Progress and problems in psychosomatics. In R. Hogan, J.A. Johnson, & S.R. Briggs, (Eds.), *Handbook of personality psychology* (pp 891-918). New York: Academic Press.
- Miller, T.Q., Smith, T.W., Turner, C.W., Guijarro, M.L., & Hallett, A.J. (1996). A meta-analytic review of research on hostility and physical health. *Psychological Bulletin*, 119, 322-348.
- Smith, T.W., & Christensen, A.J. (1996). Positive and negative affect in rheumatoid arthritis: Increased specificity in the assessment of emotional adjustment. *Annals of Behavioral Medicine*, 18, 75-78.
- Smith, T.W., Limon, J.P., Gallo, L.C., & Ngu, L.Q. (1996). Interpersonal control and cardiovascular reactivity: Goals, behavioral expression, and the moderating effects of sex. *Journal of Personality and Social Psychology*, 70, 1012-1024.
- *Christensen, A.J. & Smith, T.W. (1995). Personality and patient adherence: Correlates of the five-

*student co-author

factor model in renal dialysis. *Journal of Behavioral Medicine*, 18, 305-313.

Nicassio, P.C., & Smith, T.W. (eds.) (1995). *Psychosocial management of chronic illness*. Washington, DC: American Psychological Association.

Smith, T.W. (1995). Assessment and modification of coronary-prone behavior: A transactional view of the person in social context. In A.J. Goreczny (Ed.), *Handbook of health and rehabilitation psychology* (pp 197-217). New York: Plenum.

Smith, T.W., & Nicassio, P.C. (1995). Psychological practice in chronic medical illness: Clinical application of the biopsychosocial model. In P.C. Nicassio & T.W. Smith (ed.), *Psychosocial management of chronic illness* (pp. 1-31). American Psychological Association: Washington, DC.

Zautra, A.J., Burleson, M.H., Smith, C.A., Blalock, S.J., Wallston, K.A., DeVellis, R.F., DeVellis, B.M., & Smith, T.W. (1995). Arthritis and perceptions of quality of life: An examination of positive and negative affect in rheumatoid arthritis patients. *Health Psychology*, 14, 399-408.

*Christensen, A.J., Smith, T.W., Turner, C.W., & Cundick, K.E. (1994). Patient adaptation in renal dialysis: A person by treatment interactive approach. *Journal of Behavioral Medicine*, 17, 549-566.

*Christensen, A.J., Wiebe, J.S., Smith, T.W., & Turner, C.W. (1994). Predictors of survival among hemodialysis patients: Effects of perceived family support. *Health Psychology*, 13, 521-525.

Siegmán, A.W., & Smith, T.W. (eds.) (1994). *Anger, hostility, and the heart*. Hillsdale, NJ: Lawrence Erlbaum.

Smith, T.W. (1994). Concepts and methods in the study of anger, hostility, and health. In A.W. Siegmán & T.W. Smith (ed.), *Anger, hostility, and the heart* (pp. 23-42). Hillsdale, NJ: Lawrence Erlbaum.

Smith, T.W., Christensen, A.J., Peck, J.R., & Ward, J.R. (1994). Cognitive distortion, helplessness, and depressed mood in rheumatoid arthritis: A four-year longitudinal analysis. *Health Psychology*, 13, 213-217.

Smith, T.W. & Gallo, L.C. (1994). Psychosocial influences on coronary heart disease. In H. McGee (ed.), *Heart Disease: The Psychological Challenge*. Special issue of the *Irish Journal of Psychology*, 15, 8-26.

Smith, T.W., O'Keeffe, J.L., & Christensen, A.J. (1994). Cognitive distortion and depression in chronic pain: Association with diagnosed disorders. *Journal of Consulting and Clinical Psychology*, 62, 195-198.

*student co-author

- *Christensen, A.J., & Smith, T.W. (1993). Cynical hostility and cardiovascular reactivity during self-disclosure. *Psychosomatic Medicine*, *55*, 193-202.
- *McGonigle, M.M., Smith, T.W., Benjamin, L.S., & Turner, C.W. (1993). Hostility and nonshared family environment: A study of monozygotic twins. *Journal of Research in Personality*, *27*, 23-34.
- Smith, T.W. (1993). Surviving in the hospital: Clinical practice of psychology in medical settings. *Contemporary Psychology*, *38*, 196-198.
- *Brown, P. C., & Smith, T. W. (1992). Social influence, marriage, and the heart: Cardiovascular consequences of interpersonal control in husbands and wives. *Health Psychology*, *11*, 88-96.
- *Christensen, A. J., Smith, T. W., Turner, C. W., Holman, J. M., Jr., Gregory, M. C., & Rich, M. A. (1992). Family support, physical impairment, and adherence in hemodialysis: An investigation of main and buffering effects. *Journal of Behavioral Medicine*, *15*, 313-325.
- Smith, T. W. (1992). Hostility and health: Current status of a psychosomatic hypothesis. *Health Psychology*, *11*, 139-150.
- Smith, T. W. (Ed.). (1992). Mind and body: Cognitive perspectives in health psychology. Special issue of *Cognitive Therapy and Research*, *16*, (2), 97-247.
- Smith, T. W. (1992). The undergraduate course in health psychology comes of age. *Contemporary Psychology*, *37*, 415-417.
- Smith, T.W., & Blascovich, J., (eds.), (1992). Social psychophysiology. Special issue of *Journal of Social and Clinical Psychology*, *11*(3), 197-321.
- Smith, T.W., & Christensen, A.J. (1992). Cardiovascular reactivity and interpersonal relations: Psychosomatic processes in social context. *Journal of Social and Clinical Psychology*, *11*, 279-301.
- Smith, T. W., & Christensen, A. J. (1992). Hostility, health and social contexts. In H. Friedman (Ed.), *Hostility, coping and health*, (pp. 33-48). Washington: DC: American Psychological Association.
- Smith, T. W., & Leon, A. S. (1992). *Coronary heart disease: A behavioral perspective*. Champaign-Urbana, IL: Research Press.
- Smith, T. W., & Williams, P. G. (1992). Personality and health: Advantages and limitations of the five-factor model. *Journal of Personality*, *60*, 395-423.

- Smith, T. W., & Williams, P. G. (1992). Stress reduction in the prevention and management of coronary heart disease. In F. Yanowitz (Ed.), *Coronary heart disease prevention*, (pp.427-446). New York: Marcel Dekker.
- *Williams, P. G., Wiebe, D. J., & Smith, T. W. (1992). Coping processes as mediators of the relationship between hardiness and health. *Journal of Behavioral Medicine*, *15*, 237-255.
- *Allred, K. D., & Smith, T. W. (1991). Social cognition in cynical hostility. *Cognitive Therapy and Research*, *15*, 399-412.
- *Christensen, A. J., Holman, J. M., Jr., Turner, C. W., Smith, T. W., Grant, M. K., & DeVault, G. A. (1991). A prospective study of quality of life in end-stage renal disease: Effects of cadaveric renal transplantation. *Clinical Transplantation*, *5*, 40-47.
- *Christensen, A. J., Turner, C. W., Smith, T. W., Holman, J. M., Jr., & Gregory, M. C. (1991). Health locus of control and depression in chronic illness. *Journal of Consulting and Clinical Psychology*, *59*, 419-424.
- *Pope, M. K., & Smith, T. W. (1991). Cortisol excretion in high and low cynically hostile men. *Psychosomatic Medicine*, *53*, 386-392.
- Rhodewalt, F., & Smith, T. W. (1991). Current issues in Type A behavior, coronary proneness, and coronary heart disease. In C.R. Snyder & D.F. Forsyth (Eds.), *Handbook of social and clinical psychology*, (pp. 197-220). New York: Pergamon Press.
- *Sanders, J. D., Smith, T. W., & Alexander, J. F. (1991). Type A behavior and marital interaction: Hostile-dominant behavior during conflict. *Journal of Behavioral Medicine*, *14*, 565-577.
- Smith, T. W., & Brown, P. C. (1991). Cynical hostility, attempts to exert social control, and cardiovascular reactivity in married couples. *Journal of Behavioral Medicine*, *14*, 579-590.
- Smith, T. W., McGonigle, M., Turner, C. W., Ford, M. H., & Slattery, M. L. (1991). Cynical hostility in adult male twins. *Psychosomatic Medicine*, *53*, 684-692.
- Smith, T. W., & Rhodewalt, F. (1991). Methodological challenges at the social/clinical interface. In C.R. Snyder & D.F. Forsyth (Eds.), *Handbook of social and clinical psychology*, (pp. 739-756). New York: Pergamon Press.
- *Christensen, A. J., Smith, T. W., Turner, C. W., Holman, J. M., Jr., & Gregory, M. C. (1990). Type of hemodialysis and preference for behavioral involvement: Interactive effects on adherence in end-stage renal disease. *Health Psychology*, *9*, 225-236.

- *Pope, M. K., Smith, T. W., & Rhodewalt, F. (1990). Cognitive, behavioral, and affective correlates of the Cook and Medley Ho Scale. *Journal of Personality Assessment*, 54, 501-514.
- Smith, T. W., Baldwin, M., & Christensen, A. J. (1990). Interpersonal influence as active coping: Effects of task difficulty on cardiovascular reactivity. *Psychophysiology*, 27, 429-437.
- Smith, T. W., Peck, J. R., & Ward, J. R. (1990). Helplessness and depression in rheumatoid arthritis. *Health Psychology*, 9, 377-389.
- Smith, T. W., & Pope, M. K. (1990). Cynical hostility as a health risk: Current status and future directions. *Journal of Social Behavior and Personality*, 5, 77-88. Reprinted in Strube, M. (ed.) (1991). *Type A behavior*, Sage.
- Smith, T. W., Sanders, J. D., & Alexander, J. F. (1990). What does the Cook and Medley Hostility Scale measure? Affect, behavior, and attributions in the marital context. *Journal of Personality and Social Psychology*, 58, 699-708.
- *Allred, K. D., & Smith, T. W. (1989). The hardy personality: Cognitive and physiological responses to evaluative threat. *Journal of Personality and Social Psychology*, 56, 257-266.
- *Peck, J. R., Smith, T. W., Ward, J. R., & Milano, R. A. (1989). Disability and depression in rheumatoid arthritis: A multitrait-multimethod investigation. *Arthritis and Rheumatism*, 32, 1100-1106.
- Smith, T. W. (1989). Interactions, transactions, and the Type A pattern: Additional avenues in the search for coronary-prone behavior. In A. W. Siegman and T. M. Dembroski (Eds.), *In search of coronary-prone behavior* (pp. 91-116). Hillsdale, N.J.: Lawrence Erlbaum.
- Smith, T. W. (1989). Assessment in rational-emotive therapy: Empirical access to the ABCD model. In M. E. Bernard and R. DiGiuseppe (Eds.), *Inside Rational-Emotive Therapy* (pp. 135-152). New York: Academic Press.
- Smith, T. W., & Allred, K. D. (1989). Blood pressure responses during social interaction in high and low cynically hostile males. *Journal of Behavioral Medicine*, 12, 135-143.
- Smith, T. W., & Allred, K. D. (1989). Major life events in anxiety and depression. In P. C. Kendall & D. Watson (Eds.), *Anxiety and depression: Distinctive and overlapping features* (pp. 205-223). New York: Academic Press.
- Smith, T. W., Allred, K. D., Morrison, C. A., & Carlson, S. D. (1989). Cardiovascular reactivity and interpersonal influence: Active coping in a social context. *Journal of Personality and Social Psychology*, 56, 209-218.

- Smith, T. W., O'Keeffe, J. L., & Allred, K. D. (1989). Neuroticism, symptom reports, and Type A behavior: Interpretive cautions for the Framingham Scale. *Journal of Behavioral Medicine, 12*, 1-11.
- Smith, T. W., Pope, M. K., Rhodewalt, F., & Poulton, J. F. (1989). Optimism, neuroticism, coping and symptom reports: An alternative interpretation of the Life Orientation Test. *Journal of Personality and Social Psychology, 56*, 640-648.
- Follick, M. J., Gorkin, L., Capone, R. J., Smith, T. W., Ahern, D. K., Stablein, D., Niaura, R., & Visco, J. (1988). Psychological distress as a predictor of ventricular arrhythmias in a post-myocardial infarction population. *American Heart Journal, 116*, 32-36.
- Follick, M. J., Gorkin, L., Smith, T. W., Capone, R. J., Visco, J., & Stablein, D. (1988). Quality of life post-myocardial infarction: The effects of a transtelephonic coronary intervention system. *Health Psychology, 7*, 169-182.
- *Hardy, J. D., & Smith, T. W. (1988). Cynical hostility and vulnerability to disease: Social support, life stress, and physiological response to conflict. *Health Psychology, 7*, 447-459.
- *O'Keeffe, J. L., & Smith, T. W. (1988). Self-regulation and Type A behavior. *Journal of Research in Personality, 22*, 232-251.
- Smith, T. W. (1988). Rational-Emotive Therapy at the crossroads. *Contemporary Psychology, 33*, 306-307.
- Smith, T. W., O'Keeffe, J. L., & Jenkins, M. (1988). Dependency and self-criticism: Correlates of depression or moderators of the effects of stressful events? *Journal of Personality Disorders, 2*, 160-169.
- Smith, T. W., & O'Keeffe, J. L. (1988). Cross-situational consistency of cardiovascular reactivity. *Biological Psychology, 27*, 237-243.
- Smith, T. W., Peck, J., Milano, R. A., & Ward, J. (1988). Cognitive distortion in rheumatoid arthritis: Relationship to depression and disability. *Journal of Consulting and Clinical Psychology, 56*, 412-416.
- Smith, T. W., Pope, M. K., Sanders, J. D., Allred, K. D., & O'Keeffe, J. L. (1988). Cynical hostility at home and work: Psychosocial vulnerability across domains. *Journal of Research in Personality, 22*, 525-548.
- Ingram, R. E., Kendall, P. C., Smith, T. W., Donnell, C., & Ronan, K. (1987). Cognitive specificity in emotional distress. *Journal of Personality and Social Psychology, 53*, 734-742.

*student co-author

- Smith, T. W., Turner, C. W., Ford, M. H., Hunt, S. C., Barlow, G. K., Stults, B. M., & Williams, R. R. (1987). Blood pressure reactivity in adult male twins. *Health Psychology, 6*, 209-220.
- Zurawski, R. M., & Smith, T. W. (1987). Assessing irrational beliefs and emotional distress: Evidence and implications of limited discriminant validity. *Journal of Counseling Psychology, 34*, 224-227.
- Zurawski, R. M., Smith, T. W., & Houston, B. K. (1987). Stress management for essential hypertension: Comparison with a minimally effective treatment, predictors of response to treatment, and effects on reactivity. *Journal of Psychosomatic Research, 37*, 453-462.
- Brehm, S. S., & Smith, T. W. (1986). Social psychological approaches to psychotherapy and behavior change. In S. L. Garfield & A. E. Bergin (Eds.), *Handbook of psychotherapy and behavior change* (3rd ed.) pp. 69-115. New York: John Wiley & Sons.
- Houston, B. K., Smith, T. W., & Zurawski, R. M. (1986). Principal dimensions of the Framingham Type A scale: Differential relationships to cardiovascular reactivity and anxiety. *Journal of Human Stress, 12* (3), 105-112.
- Smith, T. W. (1986). On resisting the ABCs of rational-emotive therapy. *Contemporary Psychology, 31*, 847-848.
- Smith, T. W. (1986). Type A behavior and cardiovascular disease: An information processing approach. In R. E. Ingram (Ed.), *Information processing approaches to clinical psychology*, 95-108. New York: Academic Press.
- Smith, T. W., Aberger, E. W., Follick, M. J., & Ahern, D. K. (1986). Cognitive distortion and psychological distress in chronic low-back pain. *Journal of Consulting and Clinical Psychology, 54*, 573-575.
- Smith, T. W., & Allred, K. D. (1986). Rationality revisited: A reassessment of the empirical support for the rational-emotive model. In P. C. Kendall (Ed.), *Advances in cognitive-behavioral research and therapy* (Vol. 5) (pp. 63-87). New York: Academic Press.
- Smith, T. W., & Anderson, N. B. (1986). Models of personality and disease: An interactional approach to Type A behavior and cardiovascular risk. *Journal of Personality and Social Psychology, 50*, 1166-1173.
- Smith, T. W., Follick, M. J., Ahern, D. K., & Adams, A. (1986). Cognitive distortion and disability in chronic low back pain. *Cognitive Therapy and Research, 10*, 201-210.
- Smith, T. W., Korr, K. S., Follick, M. J., McCartney, F. R. (1986). The Framingham Type A scale and severity of coronary artery disease. *British Journal of Medical Psychology, 59*, 359-363.

- Smith, T. W., & Rhodewalt, F. (1986). On states, traits, and processes: A transactional alternative to individual difference assumptions in Type A behavior and physiological reactivity. *Journal of Research in Personality, 20*, 229-251.
- Smith, T. W., & Sanders, J. D. (1986). Type A behavior, marriage, and the heart: Person by situation interactions and the risk of coronary disease. *Behavioral Medicine Abstracts, 7*, 59-62
- Snyder, C. R., & Smith, T. W. (1986). On being "shy like a fox": A self-handicapping analysis. In W. H. Jones, J. M. Cheek, & S. R. Briggs (Eds.), *Shyness: Perspectives on research and treatment*. (pp. 161-172) New York: Plenum.
- Follick, M. J., Smith, T. W., & Ahern, D. K. (1985). The Sickness Impact Profile as a measure of health status in chronic low back pain. *Pain, 21*, 67-76.
- Gibbons, F. X., Smith, T. W., Ingram, R. E., Pearce, K., Brehm, S. S., & Schroeder, D. J. (1985). Self-awareness and self-confrontation: Effects of self-focused attention on members of a clinical population. *Journal of Personality and Social Psychology, 48*, 662-675.
- Smith, T. W. (1985). [Review of *Assessment strategies in behavioral medicine*]. *Behavioral Assessment, 8*, 109-111.
- Smith, T. W., Follick, M. J., & Ahern, D. K. (1985). Life events and psychological disturbance in chronic low back pain. *British Journal of Clinical Psychology, 24*, 207-208.
- Smith, T. W., & *Frohman, K. D. (1985). What's so unhealthy about hostility? Construct validity and psychosocial correlates of the Cook and Medley Ho scale. *Health Psychology, 4*, 503-520.
- Smith, T. W., Houston, B. K., & Stucky, R. J. (1985). Effects of threat of shock and control over shock on finger pulse volume, pulse rate, and systolic blood pressure. *Biological Psychology, 20*, 31-38.
- Smith, T. W., Houston, B. K., & Zurawski, R. M. (1985). The Framingham Type A Scale: Cardiovascular and cognitive-behavioral responses to interpersonal challenge. *Motivation and Emotion, 9*, 123-134.
- Smith, T. W., Ingram, R. E., & Roth, D. L. (1985). Self-focused attention and depression: Self-evaluation, affect, and life stress. *Motivation and Emotion, 9*, 381-389.
- Smith, T. W., & O'Keeffe, J. L. (1985). The inequivalence of self-reports of Type A behavior: Differential relationships of the Jenkins Activity Survey and Framingham Type A Scale with affect, stress, and control. *Motivation and Emotion, 9*, 299-311.

*student co-author

- Snyder, C. R., Smith, T. W., Augelli, R., & Ingram, R. E. (1985). On the self-serving function of social anxiety: Shyness as a self-handicapping strategy. *Journal of Personality and Social Psychology*, *48*, 970-980.
- Follick, M. J., Abrams, D. B., Smith, T. W., Henderson, L. O., & Herbert, P. N. (1984). Behavioral intervention for weight loss: Contrasting acute and long-term effects on lipoprotein levels. *Archives of Internal Medicine*, *144*, 1571-1584.
- Follick, M. J., Smith, T. W., & Turk, D. (1984). Psychosocial adjustment following ostomy. *Health Psychology*, *3*, 305-517.
- Ingram, R. E., & Smith, T. W. (1984). Depression and internal versus external focus of attention. *Cognitive Therapy and Research*, *8*, 139-151.
- Smith, T. W. (1984). Type A behavior, anger and neuroticism: The discriminant validity of self-reports in a patient sample. *British Journal of Clinical Psychology*, *23*, 147-148.
- Smith, T. W., Boaz, T., & Denney, D. R. (1984). Endorsement of irrational beliefs as a moderator of the effects of recent life events. *Cognitive Therapy and Research*, *8*, 363-370.
- Smith, T. W., Follick, M. J., & Korr, K. S. (1984). Anger, neuroticism, Type A behavior and the experience of angina. *British Journal of Medical Psychology*, *57*, 249-252.
- Smith, T. W., Houston, B. K., & Stucky, R. J. (1984). Type A behavior, irritability, and cardiovascular response. *Motivation and Emotion*, *8*, 221-230.
- Smith, T. W., Houston, B. K., & Zurawski, R. M. (1984). Irrational beliefs and the arousal of emotional distress. *Journal of Counseling Psychology*, *31*, 190-201.
- Smith, T. W., Houston, B. K., & Zurawski, R. M. (1984). Finger pulse volume as a measure of anxiety in response to evaluative threat. *Psychophysiology*, *21*, 260-264.
- Ingram, R. E., Smith, T. W., & Brehm, S. S. (1983). Depression and information processing: Self-schemata and the encoding of self-referent information. *Journal of Personality and Social Psychology*, *45*, 412-420.
- Smith, T. W. (1983). Change in irrational beliefs and the outcome of rational-emotive psychotherapy. *Journal of Consulting and Clinical Psychology*, *51*, 156-157.
- Smith, T. W., & Denney, D. R. (1983). Relaxation training in the reduction of traumatic headaches: A case study. *Behavioral Psychotherapy*, *11*, 109-115.

- Smith, T. W., Houston, B. K., & Stucky, R. J. (1983). Positive evaluation as a strategy for coping with stress. *Journal of Social and Clinical Psychology, 1*, 193-208.
- Smith, T. W., Houston, B. K., & Zurawski, R. M. (1983). The Framingham Type A scale and anxiety, irrational beliefs, and self-control. *Journal of Human Stress, 9* (2), 32-37.
- Smith, T. W., Ingram, R. E., & Brehm, S. S. (1983). Social anxiety, anxious self-preoccupation, and recall of self-relevant information. *Journal of Personality and Social Psychology, 44*, 1276-1283.
- Smith, T. W., Snyder, C. R., & Perkins, S. (1983). The self-serving function of hypochondriacal complaints: Physical symptoms as self-handicapping strategies. *Journal of Personality and Social Psychology, 44*, 787-797.
- Smith, T. W., & Zurawski, R. M. (1983). Assessment of irrational beliefs: The question of discriminant validity. *Journal of Clinical Psychology, 39*, 976-979.
- Brehm, S. S., & Smith, T. W. (1982). Application of social psychology to clinical practice: A range of alternatives. In G. Weary & H. Mirels (Eds.), *Integrations of clinical and social psychology*. Oxford University Press, 1982.
- Campbell, D. E., Steenbarger, B. N., Smith, T. W., & Stucky, R. J. (1982). An ecological systems approach to evaluation. *Evaluation Review, 6*, 625-648.
- Smith, T. W. (1982). Irrational beliefs in the cause and treatment of emotional distress: A critical review of the rational-emotive model. *Clinical Psychology Review, 2*, 505-522.
- Smith, T. W., Snyder, C. R., & Handelsman, M. (1982). On the self-serving function of an academic wooden leg: Test anxiety as a self-handicapping strategy. *Journal of Personality and Social Psychology, 42*, 314-321.
- Snyder, C. R., & Smith, T. W. (1982). Symptoms as self-handicapping strategies: Old wine in a new bottle. In G. Weary & H. Mirels (Eds.), *Integrations of clinical and social psychology*. New York: Oxford University Press, 1982.
- Smith, T. W., & Brehm, S. S. (1981). Person perception and the Type A coronary-prone behavior pattern. *Journal of Personality and Social Psychology, 40*, 1137-1149.
- Smith, T. W. & Brehm, S. S. (1981). Cognitive correlates of the Type A coronary-prone behavior pattern. *Motivation and Emotion, 5*, 215-223.
- Smith, T. W., & Greenberg, J. (1981). Depression and self-focused attention. *Motivation and Emotion, 5*, 323-331.

Smith, T. W., & Pittman, T. S. (1978). Reward, distraction, and the overjustification effect. *Journal of Personality and Social Psychology*, 36, 565-572.

Pittman, T. S., Cooper, E., & Smith, T. W. (1977). Attributions of causality and the over justification effect. *Personality and Social Psychology Bulletin*, 3, 280-283.

INVITED PRESENTATIONS

2018, March Getting Along and Getting Ahead: An Interpersonal Perspective on Cardiovascular Disease, Career Success, and Life Satisfaction. American Psychosomatic Society, Louisville, KY

2017, October Emotions, Relationships, and Cardiovascular Disease: An Interpersonal Perspective on Interconnected Risk. American Psychosomatic Society, Berkely, CA.

2017, July Dominance and Prestige as Status-Related Interpersonal Styles: Implications for Cardiovascular Risk. Society for Interpersonal Theory and Research, Pittsburgh, PA.

2016, April Getting Along, Getting Ahead, and Cardiovascular Risk: An Interpersonal Perspective on Risk and Resilience. University of Kansas.

2014, August Marriage and the Heart: An Interpersonal Perspective on Relationship Quality and Cardiovascular Risk. American Psychological Association, Washington, DC.

2014, April Marriage and the Heart: An Interpersonal Perspective on Psychosocial Risk for Cardiovascular Disease. Department of Psychology, Carnegie Mellon University

2014, March Getting Along and Getting Ahead: An Interpersonal Perspective on Cardiovascular Disease. American Psychosomatic Society

2014, February Personality, relationships, and cardiovascular disease: An interpersonal perspective on aggregated risk. Society for Personality and Social Psychology, Health Preconference, Austin, Texas.

2013, October Relationships and cardiovascular health: A focus on marriage. Department of Psychology and Owens Institute for Behavioral Research, University of Georgia

2012, May On marriage and the heart: Models, methods, and mechanisms. Department of Psychology, Purdue University

2011, June On the slower progress of the psychosocial in Professor Engel's model. Presidential Address, Academy of Behavioral Medicine Research, Park City, Utah

*student co-author

- 2011, September Psychosocial risk for coronary heart disease: Where should we look and who should we ask? Department of Psychology, Washington University
- 2009, May. Marriage and the heart: Interpersonal concepts and methods in coronary risk. Department of Psychology, University of Delaware
- 2009, April. Marriage and the heart: Cardiovascular consequences of getting along and getting ahead. Departments of Anthropology, Psychology, and Sociology, UCLA
- 2008, October. Gender differences in close relationship concerns: Implications for heart health. Paper in the Presidential Symposium, Society for Experimental Social Psychology
- 2008, May. Circles and cycles in the search for coronary prone behavior: An interpersonal view of risk and resilience. Keynote Address, Society for Interpersonal Theory and Research.
- 2007, April. Marriage and the heart: Behavior during conflict predicts coronary artery disease. Department of Psychology, Washington State University.
- 2007, March. Marital conflict behavior predicts asymptomatic coronary artery disease. Department of Psychology, Syracuse University.
- 2007, February. Marital interactions and coronary artery disease: An interpersonal view of stress and health. Department of Psychology, University of British Columbia.
- 2006, September. Marital conflict behavior and coronary artery disease. Department of Psychology, University of Pittsburgh.
- 2006, June. Components of marital interaction and coronary artery disease. Academy of Behavioral Medicine Research.
- 2006, April. Marital interactions and coronary artery disease: An interpersonal view of stress and health. Rocky Mountain Psychological Association.
- 2005, April. Personality, social relations, and cardiovascular risk: An interpersonal perspective. Department of Psychology, University of Kansas
- 2004, October. Personality and health: An interpersonal perspective on risk and resilience. Department of Psychology, University of Iowa
- 2004, March. Personality as risk and resilience: An interpersonal path for research and application. Society of Behavioral Medicine
- 2003, April. Toward a social psychophysiology of hostility and health: The context of close relationships. Department of Psychology, University of Southern California.

*student co-author

- 2003, February. Hostility, marriage and the heart: Psychosomatic mechanisms in close relationships. University of California, Los Angeles.
- 2002, October. Toward a social psychophysiology of hostility and health: The context of close relationships. Department of Psychology, Ohio State University.
- 2002, March. Anger, hostility, marriage and the heart: The social psychophysiology of cardiovascular risk in close relationships. Families and Health Conference, Brigham Young University.
- 2002, March. Personality theory and research in psychosomatic medicine. Invited symposium participant, American Psychosomatic Society, Barcelona, Spain.
- 2001, October. Toward a social psychophysiology of cardiovascular reactivity, Department of Psychology, University of California, San Diego.
- 2001, August. Hostility and health: Revisiting the status of a psychosomatic hypothesis. American Psychological Association.
- 2001, March. Toward a social psychophysiology of cardiovascular reactivity. Society of Behavioral Medicine.
- 2001, February. Social psychological issues in cardiovascular reactivity. Department of Psychology, University of Kentucky.
- 2000, October. The psychophysiology of marriage and health. Department of Psychology, Brigham Young University.
- 2000, September. Marriage and health: A psychophysiological analysis. Italian Congress of Health Psychology.
- 1999, February. Personality and physical health. National Institute on Aging and National Institute on Mental Health.
- 1999, April. A social psychophysiology of cardiovascular response. Department of Psychology, Arizona State University.
- 1998, October. Interpersonal methods in cardiovascular reactivity research. Department of Psychiatry, University of Pittsburgh.
- 1997, August. A social psychophysiology of cardiovascular risk. American Psychological Association.
- 1995, April. Biopsychosocial approaches to arthritis disability. National Press Club, Washington, DC.

*student co-author

- 1994, October. Anger, hostility and the heart. Twelfth annual conference on health and wellness, Brigham Young University.
- 1993, March. Assessment of hostility: Implications for Research and Practice. Institute presented at the American Psychosomatic Society meeting (with J. Barefoot).
- 1993, June. Hostility and health. Memorial Sloan Kettering Cancer Center.
- 1993, October. Hostility and coronary heart disease. American Association of Cardiovascular and Pulmonary Rehabilitation, Orlando.
- 1993, October. Personality, social relations and cardiovascular disease. Department of Psychology, Carnegie Mellon University.
- 1992, March. Hostility and health: Psychosomatics in social context. Department of Psychology, San Diego State University.
- 1992, April. Cardiovascular reactivity and interpersonal relations: Psychosomatic processes in social context. American Psychosomatic Society, New York.
- 1992, April. Hostility and the heart. Sixteenth Annual Conference on Cardiovascular Health, State of Utah Department of Health, Salt Lake City.
- 1992, September. Coronary-prone behavior: Hostility and the heart. The Heart Institute and Institute for Behavioral Medicine, McKay-Dee Hospital, Ogden, Utah.
- 1992, November. Cardiovascular reactivity and interpersonal relations: Psychosomatics and social context. Department of Psychology. University of British Columbia.
- 1991, April. Emotional adjustment in rheumatoid arthritis: Concepts and measures. Arizona State University.
- 1991, October. Hostility, health, and social context. Behavioral medicine seminar, Department of Psychology, Yale University.
- 1991, November. Hostility and health. Address to the Utah Psychological Association, Salt Lake City.
- 1991, December. Assessment and modification of hostility in cardiac patients. Annual conference on Healing the Heart, Orlando.
- 1990, February. Stress, emotion, and coronary heart disease. American College of Cardiology conference, New Clinical Applications in Diagnosis and Therapy. Snowbird, Utah.

*student co-author

- 1990, March. Cardiovascular reactivity in social contexts: Social influence as active coping. Departments of Psychiatry and Psychology, University of Pittsburgh.
- 1990, March. Hostility and health. Department of Psychology, Penn State University.
- 1990, May. Assessment and management of hostility in coronary patients. Wisconsin Cardiac Rehabilitation Association, Green Bay.
- 1990, October. Hostility and health: Exploring biopsychosocial mechanisms. Ferkauf Graduate School of Psychology, Albert Einstein College of Medicine.
- 1990, November. Hostility, health and social contexts. University of California/ American Psychological Association sponsored conference, Hostility, Coping and Health. Lake Arrowhead, California.
- 1990, December. Assessment and modification of hostility in cardiac patients. Annual Conference on Healing the Heart, Orlando.
- 1989, April. Assessment and treatment of hostility in heart patients. Annual conference on Healing the Heart, Boston.
- 1989, May. Hostility and coronary heart disease. Grand rounds, Department of Psychiatry, LDS Hospital, Salt Lake City.
- 1989, October. Helplessness and depression in rheumatoid arthritis. American Pain Society.
- 1989, November. Interpersonal influence and cardiovascular reactivity: Psychosomatics in social contexts. Department of Psychology, State University of New York at Buffalo.
- 1988, March. Cardiovascular reactivity and interpersonal control. Department of Psychology, San Diego State University.
- 1988, March. Hostility and health. Institute presented at the Society of Behavioral Medicine meeting. (with R.B. Williams, Jr.)
- 1988, November. Cognitive distortion in chronic pain. Canadian Pain Society/American Pain Society Joint Meeting.
- 1987, October. Psychosocial and psychophysiological correlates of cynical hostility. Department of Psychiatry, Duke University Medical Center.
- 1984, November. Behavioral factors in coronary heart disease. Department of Psychology, Gettysburg College.

*student co-author

1982, October. Symptoms as self-handicapping strategies. Department of Psychology, Connecticut College.

SELECTED PAPER PRESENTATIONS

Smith, T.W. et al. (2009). Hostile control predicts cardiovascular reactivity during marital interaction. American Psychosomatic Society.

*Cundiff, J., Smith, T.W., et al. (2009). Subjective social status in middle-aged and older couples. American Psychosomatic Society.

*Henry, N., Smith, T.W. et al. (2009). Depression, marital adjustment and metabolic syndrome. American Psychosomatic Society.

Smith, T.W., *Cribbett, M. et al. (2008). Matters of the variable heart. American Psychosomatic Society.

Smith, T.W., Uchino, B.N., Berg, C.A., Florsheim, P., Pearce, G., *Hawkins, M., *Henry, N., *Beveridge, R., *Skinner, M., Hopkins, P.N., & Yoon, H.C. (2007). Dominance and affiliation as personality risk factors for coronary artery calcification. Society of Behavioral Medicine.

*Glazer, K. M., Smith, T. W., Berg, C. A., Uchino, B. N., Florsheim, P., *Henry, N. J., & *Beveridge, R. (2006). Dispositional optimism as a predictor of affective and behavioral responses during marital interaction. Society of Behavioral Medicine

Smith, T.W., Berg, C., Uchino, B., Pearce, G. & Florsheim, P. (2006). Marital Conflict behavior and Coronary Artery Calcification. American Psychosomatic Society.

Berg, C. A., *K. Ko, *N. Story, *N. Allen, *R. Beveridge, T. W. Smith, P. Florsheim, G. Pearce, *M. Skinner, B. Uchino. (2005). Cognitive function and interpersonal control in collaborative problem solving. Gerontological Society of America, Orlando FL.

*Henry, N. A., Smith, T., Berg, C. A., Florsheim, P., *Beveridge, R. (2005). Depressive symptoms and relationship factors in middle aged and older couples. Gerontological Society of America, Orlando FL.

*Ko, K., Berg, C. A., Smith, T., Uchino, B. (2005). Profiles of successful aging in middle-aged and older adult married couples. Gerontological Society of America, Orlando FL.

*Skinner, M., Berg, C., *Ko, K., Pearce, G., & Smith, T. (2005). Individual and spouse predictors of self-rated health: If you think you're doing badly, so am I. Gerontological Society of America, Orlando FL.

Smith, T.W., Uchino, B.N., Berg, C.A., Florsheim, P., Pearce, G. (2005). Association of Spouse Ratings

*student co-author

of anxiety, anger, and depression with coronary artery calcification in healthy older adults. American Psychosomatic Society.

Smith, T.W., Uchino, B.N., Light, K., *Hicks, A., *Campo, R., *MacKenzie, J. (2005). Cardiovascular reactivity during positive and negative couple interactions. American Psychosomatic Society.

*Allen, N., C. Berg, T. Smith, R. *Beveridge, P. Florsheim, *M. Hawkins, G. Pearce (2004). Positive and negative relationship characteristics in middle-aged and older married couples. Gerontological Society of America, Washington, D. C.

*Ko, K., Berg, C., Smith, T., Uchino, B., *Allen, N., *Beveridge, R., Pearce, G., *Skinner, M., *Daniels, C., *Gilbert, J., *Hamilton, K., *Glazer, K., Florsheim, P. (2004) Facets of Neuroticism and Cognitive Functioning in Middle Aged and Older Adults. Gerontological Society of America, Washington, D. C.

*Skinner, M., Berg, C., Smith, T., *Allen, N., Uchino, B., *R. Beveridge, P. Florsheim, *C. Daniels, G. Pearce, *K. Ko (2004). Context specificity of emotion regulation in older and middle-aged married couples. Gerontological Society of America, Washington, D. C.

*Allen, N., Berg, C., Smith, T., *Hawkins, M., *Glazer, K., Uchino, B., Florsheim, P., & *Beveridge, R. (2003, November). The nature of marital conflict in middle aged and older couples. Gerontological Society of America, San Diego, CA.

Berg, C., Smith, T., Uchino, B., * Hawkins, M., *Glazer, K., *Allen, N., *Beveridge, R., & Florsheim, P. (2003, November). Agreement and accuracy in perceptions of self and spouse's cognitive functioning. Gerontological Society of America, San Diego, CA.

Berg, C., Smith, T., Uchino, B., *Hawkins, M., *Glazer, K., *Allen, N., *Beveridge, R., Florsheim, P., *Montgomery, S., & *Warden, J. (2003, November). Cognitive functioning and cardiovascular reactivity during couples' collaborative problem solving. In L. Martire & M. Franks (Chairs), Older couples managing everyday challenges: A focus on partner perceptions and influences during dyadic interactions. Gerontological Society of America, San Diego, CA.

*Corral, I., Smith, T.W., *Glazer, K., & * Allen, N. (2003). Construct validation of MMPI-2 anger and dominance scales: Interpersonal and five-factor analyses. Society of Behavioral Medicine.

*Glazer, K.M., Smith, T.W., *Hawkins, M.W., *Allen, N.J., & Berg, C.A. (2003). Age as a moderator of the association of optimism and hostility with marital adjustment. Society of Behavioral Medicine.

*Glazer, K.M., Smith, T.W., Uchino, B.N., & *Allen, N.J. (2003). Psychophysiological correlates of threat/challenge appraisal of a speech task. American Psychosomatic Society.

- *Hamann, H.A., Smith, K.R., Botkin, J.R., Smith, T.W., & Croyle, R.T. (2003). Interpersonal behavior among sibling dyads tested for BRAC1/2 gene mutations. Society of Behavioral Medicine.
- *Hamann, H.A., Smith, T.W., Smith, K.R., Botkin, J.R., & Croyle, R.T. (2003). Psychological and physiological responses to genetic testing among BRAC1/2 sibling dyads. American Psychosomatic Society.
- *Hawkins, M.W., Smith, T.W., *Glazer, K.M., & *Nealey-Moore, J. (2003). Alexithymia and marital adjustment across time. American Psychosomatic Society.
- Smith, T.W., Berg, C.A., Uchino, B.N., *Hawkins, M., *Glazer, K., *Bloor, L., *Allen, N., & Florsheim, P. (2003) Blood pressure reactivity during disagreement and collaboration in middle-aged and older married couples. Society of Behavioral Medicine.
- Smith, T.W., Drews, F., Uchino, B.N., strayer, D., *Glazer, K.M., *Ruiz, J.M., *Campo, R., & *Franklin, J. (2003). Sex differences in incentive effects on blood pressure reactivity during simulated driving. American Psychosomatic Society.
- Smith, T.W., *Nealey-Moore, J., Uchino, B.N., & *Hawkins, M.W. (2003). Hostility, anger, and cardiovascular reactivity during marital interaction. American Psychosomatic Society.
- Smith, T.W., Uchino, B.N., Berg, C.A., *Hawkins, M.W., *Glazer, K.M., *Bloor, L., *Allen, N.J., & *Beveridge, R. (2003). Blood pressure reactivity during marital interaction predicts concurrent coronary artery disease. American Psychosomatic Society.
- *Allen, N.J., *Glazer, K.M., Smith, T.W., & *Nealey-Moore, J. (2002). Quality of Relationship Inventory as a predictor of marital satisfaction and depression. International Conference on Personal Relationships.
- *Glazer, K., Smith, T.W., *Nealey, J., & *Hawkins, M. (2002). Hostility and marital adjustment. Society for Behavioral Medicine.
- *Glazer, K.M., Smith, T.W., *Nealey-Moore, J., & *Hawkins, M. (2002). Dispositional optimism and relationship quality in married couples. International Conference on Personal Relationships.
- *Ruiz, J.M., Smith, T.W., & Uchino, B.N. (2002). Anger expression as active coping: Effects on cardiovascular reactivity and recovery. Society of Personality and Social Psychology.
- *Ruiz, J.M., Smith, T.W., & Uchino, B.N. (2002). Anger expression in social contexts. Society of Behavioral Medicine.
- Smith, T.W., *Nealey-Moore, J., Uchino, B.N., & Hawkins, M. (2002). Hostility, marital interaction,

*student co-author

and cardiovascular reactivity. International Conference on Personal Relationships.

- *Hawkins, M., Smith, T.W., & *Gallo, L.C. (2001). Alexithymia, marital adjustment, and responses during marital interaction. Society of Behavioral Medicine.
- *Nealey, J., Smith, T.W., *Hawkins, M., & Uchino, B.N. (2001). Cardiovascular responses to positive and negative marital interactions. American Psychosomatic Society.
- *Ruiz, J.M., Smith, T.W., & Uchino, B.N. (2001). Differences in magnitude and duration of vagal response for high and low hostile individuals. American Psychosomatic Society.
- Smith, T.W., *Ruiz, J.M., & Uchino, B.N. (2001). Mental activation of supportive ties attenuates cardiovascular reactivity to stress. American Psychosomatic Society.
- *Holt-Lunstad, J., Uchino, B.N., & Smith, T.W. (2000). Association between social relationships and health: The impact of relationship quality when seeking support during positive and negative events on cardiovascular reactivity. Society for Psychophysiological Research.
- *Holt-Lunstad, J., Uchino, B.N., & Smith, T.W. (2000). Relationship quality predicts ambulatory blood pressure during social interactions. Society for Psychophysiological Research.
- Smith, T.W., *Uno, D. Uchino, B., & *Ruiz, J. (2000). Hostility, social support from friends, and cardiovascular reactivity in young women. Society for Psychophysiological Research.
- *Uno, D., Uchino, B.N., & Smith, T.W. (2000). Relationship quality determines effectiveness of social support on cardiovascular reactivity. Society for Psychophysiological Research.
- *Gallo, L.C., Smith, T.W., & Kircher, J.C. (1999). Cardiovascular and electrodermal responses to support and provocation: Interpersonal methods in the study of psychophysiological reactivity. American Psychosomatic Society.
- Sheffield, D., & Smith, T.W. (Chairs) (1999). Social interactions, relationships, and cardiovascular response. Symposium presented at the American Psychosomatic Society.
- Smith, T.W., *Ruiz, J.M., & Uchino, B.N. (1999). Vigilance, influence, and cardiovascular response during social interaction. American Psychosomatic Society.
- *Gallo, L.C., & Smith, T.W. (1998). Hostility and cardiovascular reactivity during marital interaction. Society of Behavioral Medicine.
- *Nealey, J.B., Smith, T.W., Uchino, B.N., *Burgess, L., & Reed, K. (1998). Cardiovascular responses to agentic and communal stressors in young women. Society of Behavioral Medicine.

- Smith, T.W., *Ruiz, J.M., & *Gallo, L. (1998). Hostility and marital functioning: Mediating effects of attributions for spouse behavior. Society of Behavioral Medicine.
- *Gallo, L.C., & Smith, T.W. (1997). Hostility and social support: Examination of naturally-occurring clusters of psychosocial risk. Society of Behavioral Medicine.
- Smith, T.W. (1997). Social psychophysiology of cardiovascular reactivity. Society of Behavioral Medicine.
- Smith, T.W., & *Gallo, L.C. (1996). Agency, communion, and cardiovascular reactivity during marital interaction. Society for Psychophysiological Research.
- Smith, T.W., *Nealey, J.B., Kircher, J.C., & *Limon, J.P. (1996). Social influence, evaluative threat and cardiovascular reactivity. International Congress of Behavioral Medicine.
- Smith, T.W. (1995). Chair, Gender, stress, and cardiovascular risk: The moderating effects of social context. Symposium presented at the Society for Behavioral Medicine.
- Smith, T.W., *Limon, J., *Gallo, W., & *Ngu, L. (1995). Gender, social influence, and cardiovascular reactivity. Society for Behavioral Medicine.
- Smith, T.W., *Christensen, A., *Peck, J., & Ward, J. (1993). Cognitive distortion and depression in rheumatoid arthritis: A four year longitudinal analysis. American Psychosomatic Society.
- Smith, T.W., *O'Keeffe, J., & *Christensen, A. (1993). Cognitive distortion and depressive disorders in chronic pain. Society of Behavioral Medicine.
- Smith, T.W., *Sheppard, S., & Murray, L. (1993). Distinguishing expressive and experiential aspects of hostility. American Psychosomatic Society.
- *Christensen, A.J., & Smith, T.W. (1991). Cynical hostility and cardiovascular response to self-disclosure. American Psychosomatic Society.
- *Christensen, A. J., Turner, C. W., Smith, T. W., Holman, J. M., & Gregory, M. C. (1991). Locus of control and depression in end stage renal disease. Society of Behavioral Medicine.
- Smith, T. W. (1991). Developmental aspects of cynical hostility. American Psychological Association.
- Smith, T. W. (Chair) (1991). Hostility, social context, and health. Symposium presented at the American Psychological Association.
- Smith, T. W. (1991). Hostility, cardiovascular reactivity, and interpersonal context. American Psychological Association.

- Smith, T.W., & *McGonigle, M.A. (1991). Cynical hostility and parental behavior in monozygotic male twins. American Psychosomatic Society.
- *Christensen, A. J., Turner, C. W., Smith, T. W., Holman, J. M, Jr., & Gregory, M. C. (1990). Locus of control, treatment status, and depression in end stage renal disease. American Psychological Association.
- Ewart, C. K., & Smith, T. W. (co-chairs) (1990). Social competence deficits, chronic hostility, and cardiovascular risk. Symposium presented at the Society of Behavioral Medicine.
- *Pope, M. K., & Smith, T. W. (1990). Daily urinary cortisol variation in high and low hostile men. Society of Behavioral Medicine.
- Smith, T. W., & *Brown, P. W. (1990). Social influence and cardiovascular reactivity. Society of Behavioral Medicine.
- *Allred, K. D., & Smith, T. W. (1989). Responses to provocation in hostile persons. Society of Behavioral Medicine.
- Smith, T. W., *Baldwin, M., & *Christensen, A. (1989). Cardiovascular reactivity and social influence. Society of Behavioral Medicine.
- Smith, T. W., *McGonigle, M., Turner, C. W., Ford, M. H., & Slattery, M. L. (1989). Cynical hostility in adult male twins. American Psychosomatic Society.
- *Sanders, J. D., Smith, T. W., & Alexander, J. F. (1988). Type A behavior and marital interactions. Society of Behavioral Medicine.
- Smith, T. W., *Allred, K. D., *Morrison, C., & *Carlson, S. (1988). Cardiovascular reactivity and interpersonal control. Society of Behavioral Medicine.
- Smith, T. W., & *Hardy, J. D. (1988). Cynical hostility and physiological response to conflict. Society of Behavioral Medicine.
- Smith, T. W., *Pope, M. K., Rhodewalt, F., *Carlson, S., & *Morrison, C. (1988). Optimism and neuroticism. Society of Behavioral Medicine.
- Smith, T. W., *Sanders, J. D., & Alexander, J. F. (1988). Cynical hostility in marital interactions. American Psychological Association.
- Suarez, E., & Smith, T. W. (Co-Chairs) (1988). Psychophysiological correlates of hostility. Symposium presented at the annual meeting of the Society of Behavioral Medicine.
- *Allred, K., & Smith, T. W. (1987). The hardy personality: Physiological and cognitive responses to

*student co-author

evaluative threat. Rocky Mountain Psychological Association.

Smith, T. W., & *Peck, J. (1987). Cognitive distortion in rheumatoid arthritis. American Psychological Association.

Smith, T. W., & *Pope, K. (1987). Cynical hostility at home and work. American Psychological Association.

*O'Keeffe, J. L., & Smith, T. W. (1986). Self-regulation and Type A behavior. Society of Behavioral Medicine.

Smith, T. W., Turner, C. W., Ford, M. H., Williams, R. R., Barlow, G. K., & Shultz, B. (1986). Genetic influences on cardiovascular reactivity in adult male twins. American Psychological Association.

Smith, T. W. (1985). Type A behavior and cardiovascular risk: An information processing approach. In R. E. Ingram, (Chair), Information processing approaches to psychopathology and clinical psychology. Symposium conducted at the meeting of the Association for the Advancement of Behavior Therapy.

Smith, T. W., & *Frohm, K. D. (1985). The Cook and Medley Hostility Scale: Validity and psychosocial correlates. Society of Behavioral Medicine.

Smith, T. W., & *O'Keeffe, J. (1985). Self-control processes in Type A behavior and depression. American Psychological Association.

Smith, T. W., & Houston, B. K. (1984). Type A behavior, irritability, and cardiovascular response. Society of Behavioral Medicine.

Smith, T. W., Houston, B. K., & Zurawski, R. M. (1984). The Framingham Type A scale and cardiovascular and cognitive-behavioral responses to interpersonal challenge. Society of Behavioral Medicine.

Smith, T. W., Korr, K. S., Follick, M. J., & McCartney, J. R. (1984). The Framingham Type A scale and coronary artery disease. American Psychological Association, Toronto.

Zurawski, R. M., Houston, B., K., & Smith, T. W. (1984). Cognitive-behavioral stress management training and galvanic skin response biofeedback training in the treatment of essential hypertension. Society of Behavioral Medicine.

Smith, T. W., Follick, M. J., & Ahern, D. K. (1983). The role of cognitive distortion, social support, and life stress in the emotional and functional status of chronic low back pain patients. World Conference on Behavior Therapy/Association for Advancement of Behavior Therapy.

Smith, T. W., Houston, B. K., & Zurawski, R. M. (1983). Finger pulse volume as a measure of anxiety:

*student co-author

Response to evaluative threat and active versus passive coping. Society for Psychophysiological Research.

PROFESSIONAL ACTIVITIES

NIH Behavioral Medicine Study Section, 1990, 1991, 1992-1996

Associate Editor:

American Psychologist (2006-2018)
Health Psychology (1991-1996; 2012 - 2015)
Journal of Social and Clinical Psychology (1987-1991)
Cognitive Therapy and Research (1990-1993)
Annals of Behavioral Medicine (1993-1996)
Journal of Consulting and Clinical Psychology (1996-2002)

Editorial Boards:

Annals of Behavioral Medicine (2014-2020)
Journal of Behavioral Medicine (2012-present)
Current Directions in Psychological Science (2004-2008).
Personality and Social Psychology Review (2001-2006).
Journal of Research in Personality (2003-2005; 2022-present)
Clinical Psychology: Science and Practice (2002- 2014)
Journal of Personality and Social Psychology: Personality (1989-1991; 1993-1997)
Health Psychology (1989-2016; 2022-present)
Cognitive Therapy and Research (1987-1990; 1994-1996)
Journal of Social and Clinical Psychology (1985-1987)
Women's Health (1995-1998)
Journal of Rational-Emotive and Cognitive-Behavioral Therapy (1995-2002)
Behavioral Medicine Abstracts (1985-1991)

Ad Hoc reviewer:

NSF, NIA, NIMH, Journal of Personality and Social Psychology, Journal of Consulting and Clinical Psychology, Psychological Bulletin, Psychological Review, American Psychologist, Health Psychology, Psychosomatic Medicine, Psychophysiology, American Journal of Cardiology, Journal of Behavioral Medicine, Journal of Personality, Journal of Research in Personality, Cognitive Therapy and Research, Behavioral Assessment, Journal of Psychopathology and Behavioral Assessment, Personality and Social Psychology Bulletin, Journal of Applied Social Psychology, European Journal of Personality, British Journal of Developmental Psychology, British Journal of Clinical Psychology, British Journal of Health Psychology, Journal of Gerontology, Diabetes Care, Personality and Individual Differences, Journal of Psychosomatic Research, Stroke, Psychology and Health, Psychological Medicine, Journal of Internal Medicine, Nature Reviews.

:

Program Chair: RMPA 1988

APA Division 38 (Health Psychology) 1990

Co-Chair, Membership Committee, Division 38 (Health Psychology) (1988-1991)

Co-Chair, Continuing Education Committee, Society of Behavioral Medicine (1987-1991)

Director of Graduate Studies, Department of Psychology, University of Utah (1986-1990)

Coordinator of Graduate Training in Health Psychology, Department of Psychology, University of Utah (1989-1996; 2002- present)

Member, University of Utah Institutional Review Board (2002-2006)

Chair, IPIA Health Policy Search Committee (2007-2008)

Co-Chair, College of Social and Behavioral Science Dean Search Committee (2008-2009)

Member at Large, Executive Committee of APA Division 38 (Health Psychology) 1992-1995

Newsletter Editor, American Psychosomatic Society (1993-1995)

Member at Large, Utah Psychological Association (1993-1995)

Director of Clinical Training, Department of Psychology, University of Utah (1993-1996; 2006-2009)

Executive Council, American Psychosomatic Society (1996-1999).

Chair, Publications Committee, Division of Health Psychology, American Psychological Association (1998-2000; 2006-2009)

Board Member, Academy of Behavioral Medicine Research (2007 – 2010)

President, Division of Health Psychology, American Psychological Association (2000-2001)

President, Academy of Behavioral Medicine Research (2010-2011)

COURSES TAUGHT

Undergraduate:

- Introductory Psychology
- Health Psychology Module of Introductory Psychology
- Personality Module of Introductory Psychology
- Health Psychology
- Survey of Clinical Psychology
- Theories of Personality
- Research Methods

Graduate:

Research Methodology in Clinical Psychology
 Clinical Health Psychology
 Behavioral Approaches to Cardiovascular Disease
 Personality Assessment
 Psychology of Medical Conditions and Settings
 Personality and Health

GRANTS AND CONTRACTS

Hostility and Risk of Coronary Heart Disease, Biomed research support grant, 1984-1985 - \$3,200.

Hardiness, Type A Behavior, and Physiological Reactivity, Biomed research support grant, 1985-1986 - \$3,600.

The Type A Behavior Pattern and Physiological Responses during Marital Disagreements, University Research Committee, 1986-1987 - \$5,000.

Cardiovascular Reactivity and Social Influence, Biomed Research Support Grant, 1988-1989 - \$5,600.

Hostility and Cortisol Excretion in Humans, Biomed Research Support Grant, 1989-1990 - \$4,900.

Graduate Health Psychology Curriculum Development, University Teaching Grant, 1989-1990 - \$5,750.

Social Support and Cardiovascular Reactivity, University Research Committee, 1992-1993, \$4,840.

Understanding the Health Effects of Social Relationships. NIMH, 1998-2001, Direct costs: \$286,192. (Co-investigator, 10%; PI: B. Uchino).

Hostility, Marital Interaction, and Health in Aging. NIA, 2001-2005. Direct costs: \$1,245,098. (PI:20%).

Cardiovascular-Oxytocin Links in Social Interaction. NHLBI, 2003-2006. Direct costs: \$1,168,725. (PI: 25%)

Social Relationships and Cardiovascular Health: An Examination of Mechanisms. NHLBI, 2007-2011. Bert N. Uchino P.I, \$1,009,125 total costs). Co-Investigator, 10%

Social Relationships and Cellular Aging. NIA, 2007-2009. Bert N. Uchino (P.I.), \$411,125 total costs. Co-Investigator, 10%

Social Vigilance and Atherosclerotic Risk, NHLBI, 2012-2016. John Ruiz (PI), \$2,145,512 total costs. Co-Investigator, 10%.

Understanding Relationship Ambivalence and its Links to Cardiovascular Health, NHLBI, 2018-2020. Bert N. Uchino (PI), \$1,121,604 total costs. Co-Investigator (10%).

THESES AND DISSERTATIONS CHAIRED OR CO-CHAIRED*

<u>NAME</u>	<u>TITLE</u>	<u>DEGREE</u>	<u>YEAR</u>
Karl Frohm	Type A Behavior, Hardiness, and Physiological Response to Challenge	Ph.D.*	1986
John Hardy	Cynical Hostility and Physiological Response to Conflict	Ph.D.	1987
Larry Lighty	The Interpersonal Basis of Anger and Depression	Ph.D.	1987
Jill Sanders	Type A Behavior and Marital Interactions	Ph.D.*	1987
Jeff Kocherhans	Depression and Attention to Positive and Negative Semantic Content	Ph.D.*	1987
Jennifer O'Keeffe	Self-Regulation and Type A Behavior	MA	1986
	Self-Schema in Chronic Pain & Depression: An Information Processing Approach	Ph.D.	1989
Ken Allred	The Hardy Personality: Cognitive and Physiological Responses to Threat	MA	1987
	Cognitive, Behavioral, and Physiological Responses to Conflict in Cynical Hostility	Ph.D.	1989
Mary Katherine Pope	Hostility, Interpersonal Conflict, and Physiological Reactivity	MA*	1987
	Mediating Variables in the Cynical Hostility and Health Relationship	Ph.D.	1990
Cheryl Morrison	Sex Differences in Physiological Reactivity	MA	1989
Mary McGonigle	Cynical Hostility in Adult Male Twins	MA	1990

Judy Peck	Assessment of Disability in Rheumatoid Arthritis	MA*	1986
Peter Brown	Influence Attempts in Marital Interactions: Physiological and Behavioral Effects	MA	1990
	Task Difficulty and Cardiovascular Reactivity: Effects of Social Perception in the Marital Context	Ph.D.	1993
Alan Christensen	Self-disclosure and Social Conflict: Effects on Physiological Reactivity in Hostile Men	MA	1991
	Compliance and Adjustment in End-Stage Renal Disease: A Person by Situation Interaction Approach	Ph.D.	1992
Steve Sheppard	Hostility and Social Perception	MA	1993
	Alexithymia and physiological responses to social evaluation stress.	Ph.D.	1997
Tina Rich	Self and Other Blame in Chronic Illness: Effects on Emotional Adjustment	MA	1993
	Psychophysiological Effects of Emotional Suppression in Post-Traumatic Stress Disorder	Ph.D.	1998
Linda Gallo	Hostility and Social Relations	MA	1995
	Effects of Provocation and Social Support on Cardiovascular Reactivity	Ph.D.	1998
Jill Nealey	Effects of Agency and Communion Challenges on Cardiovascular Reactivity in Women	MS	1998
	Cardiovascular Response during Marital Interaction	PhD	2002

John Ruiz	Anger Expression as Social Influence: Effects on Cardiovascular Response	PhD	2002
Heidi Hamann	Genetic Risk for Breast Cancer And Sibling Relations	PhD	2002
Melissa Hawkins	Alexithymia in Marriage: Effects On Adjustment and Responses to Interaction	MS	2001
	Affiliation and Control in Marriage: Associations with Marital Adjustment and Physiological Response During Interaction	PhD	2005
Kelly Glazer	Mental Activation of Supportive and Critical Social Ties: Effects on Cardiovascular Reactivity	MS	2002
	Marital Factors and Adherence to Continuous Positive Airway Pressure in Sleep Apnea	PhD	2007
Chrisana Olson-Cerny	Psychophysiological Effects of Anger Arousal and Suppression in Post-Traumatic Stress Disorder	PhD	2005
Nancy Henry	Structure and Correlates of Marital Satisfaction in middle-aged and older adults.	MS	2005
	Marital adjustment, depression, and the metabolic syndrome.	PhD	2009
Justin MacKenzie	Anger, depression and marital adjustment in African Americans and Caucasians	MA	2007
	Effects of Language and Partner Ethnicity on Cardiovascular Reactivity during Social Interaction	PhD	2011
Emily Traupman	Perceptions of Spouse Dominance and Affiliation during Marital Conflict: Effects of Anger, Anxiety, and Depression	MS	2008

	Appraisal Biases and Ambulatory Blood Pressure	PhD	2011
Kevin Jordan	Interpersonal Analysis of Health Anxiety	MS	2009
	Religiousness and Spirituality as Moderators of Physiological Responses to Social – Evaluative Threat	PhD	2014
Jenny Cundiff	Complementarity in Marriage	MS	2011
	Relative Social Status, Partner Dominance, and Cardiovascular Reactivity during Social Interaction	PhD	2014
Catherine Caska	Cardiovascular Reactivity during Marital Interaction in Veterans with PTSD and Their Spouses	PhD	2013
Carolyn E. Baron	Trait Negative Affectivity and Ambulatory Blood Pressure	MA	2014
	Spouse support and CPAP Adherence	PhD	2018
Jeremy L. Grove	Borderline Personality Features and Cardiovascular Risk	MA	2015
	Sleep Quality, Suicidality, and Affective Responses to Evaluative Threat	PhD	2019
Carlene Deits-Lebehn	Interpersonal Correlates of Mindfulness	MA	2018
	Interaction Valence, Self-Regulation, and Heart Rate Variability during Social Interaction	PhD	2021
Kimberley Parkhurst	Trait Affiliation and Resting Heart Rate Variability	MA	2019
	Effects of Partner Dominance and Hostility On Cardiovascular Reactivity	PhD	2022