

Ilse DeKoeper-Laros, Ph.D.

Curriculum Vitae, November 2019

Personal Information

Full Name: Elisabeth Levina (Ilse) de Koeper-Laros
Born: October 12, 1965 in Terneuzen, The Netherlands
Family: Married, one child
Legal Status: Permanent Resident

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Professional Experience

- Child Development Specialist, *Help Me Grow Utah*, 2015-present
- Associate Professor (Lecturer), *Department of Psychology, University of Utah*, 2017-present
- Assistant Professor (Lecturer), *Department of Psychology, University of Utah*, 2013-2017
- Adjunct Assistant Professor, *Continuing Education & Community Engagement, University of Utah*, 2001-present
- Adjunct Assistant Professor, *Department of Psychology, University of Utah*, 2001-2013
- Adjunct Instructor, *Westminster College*, 2012-2013
- Director of Fogel Infancy Lab, *Department of Psychology, University of Utah*, 2000-2006
- Administrative Coordinator, *Council of Human Development*, 2008-2009
- Associate Editor, *Journal of Developmental Processes*, 2008-2010
- Doctoral Student, *Utrecht University, The Netherlands*, 1995-2000
- Daycare teacher, Amsterdam, *The Netherlands*, 1993-1995
- Research Assistant in several research studies, *Free University of Amsterdam*, 1990-1993
 - studies about infant attachment (using Ainsworth's Strange Situation)
 - studies on reading in schools (doing assessments in elementary schools)

Education:

- Ph.D. (Cum Laude), Child and Adolescent Studies, *Utrecht University* (Department of Educational Psychology), June 2001
de Koeper, I. (2001). *Peer acceptance, parent-child fantasy play interactions, and subjective experience of the self-in-relation: A study of 4- to 5-year-old children*. Unpublished Doctoral Dissertation. Utrecht University, The Netherlands. (Mentored by Dr. Paul Goudena and Prof. Dr. Jan Rispen)
- M.A., Psychology, *Free University of Amsterdam* (specialization: *Clinical Child Psychology*), August 1991
de Koeper, I. (1991). [Strange, isn't it? A study of the test-retest stability of the Strange Situation with heart-rate measurements and its validity for day-care infants]. *Vreemd of niet? Een studie naar de test-hertest stabiliteit van de Strange Situation met hartslagmetingen en de validiteit van deze procedure voor crèche kinderen*. Unpublished Thesis. Free University of Amsterdam, The Netherlands. (Mentored by Dr. Frits Goossens)

Honors & Awards:

- 2015: College of Social and Behavioral Sciences (CSBS) *Superior Teaching Award* recipient, University of Utah
- 2011: Nominated for the *Distinguished Teaching Award*, University of Utah

Teaching and Course Development:

Developmental Psychology Classes (Graduate)

2012-2013 Development in Infancy (for first-year Masters of Professional Counseling students at Westminster College)

Developmental Psychology Classes (Undergraduate)

2002-present Development in Infancy (**PSY 3215**), including distance-learning classes for AOCE (2010-2012)
2010-present Adult Development and Aging (**PSY 3230**)
2005-2016 Abnormal Child Psychology (**PSY 3250**) – four times (once with Service Learning [**PSY 3902**])
2004-2012 Psychology of Infancy and Childhood (**PSY 1220**), as a Telecourse/distance-learning for AOCE
2004-2012 Childhood and Adolescent Development (**PSY 3220**)
2008 Psychology of Adolescence (**PSY 1230**)

Other Classes

2018-present CSBS Internships in Psychology (**PSY 4890**) (name change from PSY 4810, but same class)
2007-2017 Field Experience in Psychology (**PSY 4810**)
2007-present Research Methods in Psychology (**PSY 3010**)
2010-2015 Introduction to Psychology (**PSY 1010**) for AOCE
2012 Psychology as a Science and Profession (**PSY 2010**)
1998 Clinical assessment of children – Utrecht University, The Netherlands

Course Development

2015-2017 Development of online course for *Development in Infancy* (PSY 3215)
2010 Course revisions for PSY 1220 and 3215 Distance Learning (AOCE)
2003-2004 Development of “Psychology of Infancy and Childhood” (PSY 1220) Course Manuals for Telecourse and Distance Learning courses; revision in 2010; will revise into online class in 2011.

Other Teaching Experience

2013-present Mentor of first-time Graduate Instructors (Summer semester)
2002-present Mentor of students acting as undergraduate **Teaching Assistants** for my classes
2002-2009 Mentor of undergraduate student **Thesis projects**: Senior Thesis, Honor’s Thesis, Summer Research Opportunities (SROP) students
2000-2006 Mentor of undergraduate **Research Assistants** in the Fogel Infant Lab
2008-2009 created Powerpoint presentations for Alan Fogel’s *Infancy* textbook
2006: Taught a Child Development class at the Waterford Institute, for professionals that create educational software for young children (www.waterford.org)
2003: Guest lecture about Qualitative Research Methods in Graduate Course on “Data Collection and Measurement (*College of Nursing*, December 4, 2003)

Professional Service & Volunteering:

2003-present Utah Association for Infant Mental Health (UAIMH) (www.uaimh.org)

- Past President (2017-2019)
- President (2013-2017)

- Founding Board Member (2003)
 - Treasurer (2003-2006)
 - Head of committee to create IMH university training program
 - Newsletter Editor (until 2007) and contributor
 - Events committee member (organizing the yearly Conference)
- 2002-present Writing letters of recommendation for student graduate school applications (appr. 6-12 students yearly).
- 2016-present **Consultant** for BabyWatch Early Intervention Project's (BWEIP) State Systemic Improvement Plan (SSIP) – focusing on Social-Emotional Early Intervention goals.
- 2018-present Undergraduate Council.
- 2019-present Part of Safe Babies Court initiative
- 2020 – February Solutions Scholars cohort scholarship application review committee.
- 2020 Co-organizer of Feb. 7 event with Dr. Barbara Stroud, for UAIMH.
- 2019 Oct. 9 invited presentation for the Parent Infant Program at the Utah Schools for the Deaf and Blind, entitled, “**Supporting infant mental health when infants are deaf or hard of hearing.**” (5-hrs long)
- 2019 Feb. 8 event: *The Magic of Relationships* **Co-organized** the event (audience: professionals working with families with infants and young children) with the Utah Association for Infant Mental Health. Invited speakers: David & Anat Oppenheim and Suzi Tortora. Feb. 9, 2019: Co-organized two experiential workshops with Suzi Tortora.
- 2018 Jan. 26 event: *Baby Steps: Trauma & Resiliency in Infancy*. **Organized** the event (audience: professionals working with families with infants and young children) with the Utah Association for Infant Mental Health & **presented** on infant trauma. All year: Member of committee on Infant and Early Childhood Mental Health Consultation (funded by SAMSHA; led by DSAMH in Utah).
- 2018-present University of Utah Psychology: Working Committee on an Infant Mental Health Certificate, with Drs. Liz Conradt and Cecilia Wainryb.
- 2017 Feb. 3: Developmental Brown Bag presentation on IECMH; Feb. 22: Grand Rounds **presentation**, Family Medicine Department; Mar. 23: Raising Our Babies event, **co-organizing** for Dept of Psychology; Oct. 16 & 17: **presented** at Critical Issues Facing Children & Adolescents, entitled "First Aid For Mental Health Challenges In Infants and Young Children" and was part of a panel on Infant and Early Childhood Mental Health related programs in the state of Utah.
- 2016 **Presentations:** Family Medicine Grand Rounds presentation: *Infant and Early Childhood Mental Health in Family Medicine Practice*; Intermountain Health Care Women & Newborns Conference: *Supporting Mothers through Prenatal Stress & Anxiety: What Can We Do?*; Poster presentation at Critical Issues Facing Children & Adolescents: “*Babies on the Couch?*” *Infant and Early Childhood Mental Health in Utah & Beyond*.
- 2015 **Organized** public screening of *The Raising of America* (PBS documentary). Panelists included Dr. Douglas Goldsmith (The Children’s Center), Dr. Joseph Cramer (Primary Children’s Medical Center), Brenda Van Gorder (Granite School District), and Chris Ellis (United Way of Salt Lake). **Presentations:** Office of Home Visiting Conference (Sep): *Supporting Mothers through Prenatal Stress & Anxiety*; Babywearing Conference: *Babywearing Benefits: What is the Evidence?*; WIC conference: *Baby Behavior: Relations to Methods of Feeding*; Summit Community Counseling: *Patterns of Connection*.
- 2014 **Presentation** at the annual Home Visiting Conference (Sep), with Angela Weathers, OT (*Resilience & Self-regulation: Parent-Infant Relationships & Occupational Therapy*) & **Consultation** to home visitors (SL County Nurse-Family Partnership, Nov)
- 2013-2016 Member of the **Early Childhood Utah Council** (Dept of Health); Co-Chair of Social-Emotional Subcommittee
- 2013 Presentation (*From Connection to Collaboration: Parenting Infants and Young Children*) at *Critical Issues Facing Children and Adolescents* conference (Nov) and for Foster Parents organization (Dec).
- 2012 (Jan.) Co-organized workshop for UAIMH with Dr. Shefali Tsabary (*The Conscious Parent*)
- 2012-present Member of **Open Classroom Philosophy Committee (co-chair since 2013)**
- 2012-2014 **Co-chair** of the **Faculty Learning Community on Auxiliary Faculty**, University of Utah
- 2006 (Jan.) Co-organized UAIMH mini-conference with Suzi Tortora, Ed.D., ADTR, CMA, KMP

- 2005-2006 conducted weekly Dance/Movement sessions with preschoolers on the autistic spectrum in a special preschool class (assisted by an Honor's Thesis undergraduate student)
- 2005 (Jun.) Did presentation called *The Parent-Child Relationship: Developing an advanced skill base in working with very young children and their families*. Day 1: *Observation* (with Mark Innocenti, PhD). 21st Summer Institute in the Human Services. University of Utah, College of Social Work.
- 2003 (Mar) organized workshop Body-Mind Centering (BMC), with Annie Brook, MA
- 2001-2003 Workgroup Member "Expanding Options for Infant-Toddler Mental Health" in Utah

Editorial Experience:

- 2008-2010 Associate Editor, *Journal of Developmental Processes* (JDP)
- 2003-2007 Newsletter Editor, Utah Association for Infant Mental Health (UAIMH)
- 2001-2005 Ad-hoc reviewer for several journals (incl. *Social Development*)
- 1995-1999 Newsletter Editor, Amsterdam Zen Center

Professional Development:

- 2017-2019 *Ways of Seeing* Postgraduate program by Dr. Suzi Tortora (certificate received)
- 2008-present Various teaching workshops by the Center for Teaching Excellence, *University of Utah*
- 2011 Took *Cyberpedagogy* (CTLE 651) to learn about online teaching (using the new Canvas LMS)
- 2009 *Psychotherapy from a Buddhist Perspective*, by Mark Epstein, *Westminster College*, Utah
- 2000-present attended *Bridging the Gap* Conferences, Salt Lake City (organizers: Dr. David Oppenheim and Dr. Doug Goldsmith of The Children's Center) – this annual conference attempts to 'bridge the gap' between clinical practice and research work; presenters have included Beatrice Beebe, Robert Emde, Elizabeth Fivaz-Depeursinghe, Peter Fonagy, Ted Gaensbauer, Jude Cassidy, David Oppenheim, and Alan Sroufe
- 2005 (Jun) *The Dance/Movement Therapy Experience: An Introduction*, Weeklong Workshop at Antioch New England Graduate School, Keene, NH
- 2005 (May) *Body-Mind Centering (BMC)* workshop with Bonnie Bainbridge Cohen, Boulder, CO
- 2004-2005 Classes on *Multilevel Modeling* (with Jonathan Butner, *University of Utah*)
- 2003-2005 *Body-Mind Psychotherapy (BMP)* with Susan Aposhyan, Boulder, CO
- 2003 *Body-Mind Centering (BMC)* workshop with Annie Brook
- 1996-1998 *Psychodrama* training, School for Psychodrama, Utrecht
- 1995 *Disorganized/disoriented infant behavior* (one-week institute with Drs. Mary Main and Erik Hesse), Leiden University
- 1987-1991 Undergraduate training in Clinical Child Psychology, Free University of Amsterdam, including a 6-month internship at the Child Psychiatric Institute (*Pedologisch Instituut*) in Amsterdam

Grant Writing:

- 2005 Enhancing Parental Empathy Through Awareness-Based Exercises (*co-PI, with Drs. Alan Fogel and Brad Lundahl of the College of Social Work*)
- 2004-2005 Mother-Infant Contact and Oxytocin in Vulnerable Dyads, NIDA (*role: PI [part-time] at U of U, collaboration with Dr. Kathleen Light, UNC, main PI*)
- 2004-2005 Emotion Regulation in Early Childhood, NSF (*co-PI, with Dr. Alan Fogel*)
- 2003-2004 Mind-Body Responses in Mother-Infant Touch and Massage, NIH (original + 1 revision) (*role: PI at U of U, collaboration with Dr. Kathleen Light, PI at UNC*)
- 2002-2004 Development of Emotion and Attention, NIH continuation (*co-PI, with Dr. Alan Fogel*)
- 2002-2003 Self Development in Mother-Infant Communication, NSF, NIH (*co-PI, with Dr. Alan Fogel*)

2002

Love, Emotions, and Empathy: Infancy to Early Childhood, IRUL (co-PI, with Dr. Alan Fogel) **\$99,919 awarded May 2004 – April 2006** – I was the main author of this grant proposal

Publications

- Stone, S.A., DeKoeper-Laros, I., & Fogel, A. (2012). Self and other dialogue in infancy: Normal vs. compromised developmental pathways. *New Directions for Child and Adolescent Development*, Special Issue: Globalization and Dialogical Self Theory, Vol. 137, 23-38, doi: 10.1002/cad.20015.
- Fogel, A., & DeKoeper-Laros, I. (2007). The developmental transition to secondary intersubjectivity in the second half year: A microgenetic case study. *Journal of Developmental Processes*, 2(2), 63-90.
- Fogel, A., de Koeper, I., Bellagamba, F., & Bell, H. (2002). The dialogical self in the first two years of life: Embarking on a journey of discovery. *Theory and Psychology*, 12, 191-205.
- Secrist, C., de Koeper, I., Bell, H., & Fogel, A. (2002, May). Combining digital video technology and narrative methods for understanding infant development [43 paragraphs]. *Forum Qualitative Sozialforschung / Forum: Qualitative Social Research [On-line Journal]*, 3(2). Retrieved from <http://www.qualitative-research.net/fqs-texte/2-02/2-02secristetal-e.htm>

Presentations:

Presentations in the Community

DeKoeper-Laros, I. (October, 2019).

Discussant:

de Koeper, I. (2004, April). What about mom? Discussant in H. Hsu (Chair), *Mothers and their toddlers in social context: Exploring correlates and outcomes of maternal behavior*. Symposium conducted at the Biennial International Conference for Infant Studies (ICIS). Chicago, IL, May 4-8, 2004.

Symposium Organizer (chair or co-chair):

de Koeper, I. & Reddy, V. (2004, July). *Infant Emotional Awareness of Self in Relationships*. Symposium conducted at the 18th Biennial Meetings of the International Society for Research on Behavioural Development (ISSBD). Ghent, Belgium, July 11-15, 2004.

Fogel, A. & de Koeper, I. (2004, May), *Beyond the Individual: Theory and Research on the Relational Coding System*. Symposium conducted at the Biennial International Conference for Infant Studies (ICIS). Chicago, IL, May 4-8, 2004.

de Koeper (2001, April). *Bidirectionality in parent-child interactions across developmental periods: Theoretical implications and empirical findings*. Preconference Meeting at the Biennial Meetings of the Society for Research on child development (SRCD). Minneapolis, MN.

Presentations:

de Koeper, I., Fogel, A., & Fricke, M. (2004, July). Emotional self-awareness in rhythmic mother-infant games between 6 and 9 months. In I. de Koeper & V. Reddy (Chairs), *Infant Emotional Awareness of Self in Relationships*. Symposium conducted at the 18th Biennial Meetings of the International Society for Research on Behavioural Development (ISSBD). Ghent, Belgium, July 11-15, 2004.

- de Koeyer, I., & Fogel, A. (2004, May). Co-regulation and attachment. In A. Fogel & I. de Koeyer (Chairs), *Beyond the Individual: Theory and Research on the Relational Coding System*. Symposium conducted at the Biennial International Conference for Infant Studies (ICIS). Chicago, IL, May 4-8, 2004.
- de Koeyer, I., & Fogel, A. (2004, May). Love, emotions, and empathy: Infancy to early childhood. *Compassionate Love Research Meeting*, Institute for Research on Unlimited Love & The Fetzer Institute. Washington DC, May 21-23, 2004.
- de Koeyer, I. (2004, April). *Maternal Depression and Infant Mental Health*. Paper presented at the first Mini-Conference of the Utah Association for Infant Mental Health (UAIMH). Salt Lake City, UT, April 16.
- de Koeyer, I., & Fogel, A. (2002, April). Development of the self in the second half of the first year. In A.P.F. Pantoja & M.C.D.P. Lyra (Chairs), *Processes of stability and change in the first year of life*. Symposium conducted at the International Conference on Infant Studies. Toronto, Canada.
- de Koeyer, I. (2001, April). Dyadic measures of mother-child and father-child play interactions, and five-year-olds' subjective experience and peer acceptance. In I. de Koeyer (organizer), *Bidirectionality in parent-child interactions across developmental periods: Theoretical implications and empirical findings*. Preconference Meeting at the Biennial Meetings of the Society for Research on child development (SRCD). Minneapolis, Minnesota, April 2004.
- de Koeyer, I., Goudena, P.P., Rispens, J., & Vermande, M.M. (1999, April). Sociometric status, parent-child interaction, and subjective experience of self and others in preschool children. In K. Verschueren & P.P. Goudena (Chairs), *Representations of self in early childhood: Recent advances and challenging questions*. Symposium conducted at the Biennial Meetings of the Society for Research on Child Development, Albuquerque, New Mexico.

Posters:

- Fricke, M., de Koeyer, I., & Fogel, A. (2004, April). *Development of infant self-agency: A case study of the mother-infant relationship between 6 and 10 months*. Poster presented at the 14th Biennial Conference of the Society for Research in Human Development (SRHD). Park City, UT, April 1-3, 2004.
- Harada, K., de Koeyer, I., & Fogel, A. (2004, April). *Mother-child relationship factors as predictors of child behavior problems*. Poster presented at the 14th Biennial Conference of the Society for Research in Human Development (SRHD). April 1-3, Park City, UT.
- de Koeyer, I., Fogel, A., & Sipherd, A. (2002, August). *Attachment and Co-regulation*. Poster presented at the Biennial Meetings of the International Society for the Study of Behavioural Development. Ottawa, Canada.
- Fogel, A., de Koeyer, I., Hicks, A., Bittinger, H., & Bell, H. (2002, August). *Self-Touch and Gaze: Before and after the onset of reaching*. Poster presented at the Biennial Meetings of the International Society for the Study of Behavioural Development. Ottawa, Canada.
- de Koeyer, I., & Fogel, A. (2002, April). *The Pounding Frame: A window on the development of infant's self-in-relation*. Poster presented at the 13th Biennial International Conference on Infant Studies (ICIS). Toronto, Canada.
- de Koeyer, I., & Fogel, A. (2001, April). *Development of the dialogical self in infancy: A dialogue of pounding hands*. Poster presented at the Biennial Meetings of the Society for Research on child development (SRCD). Minneapolis, Minnesota.
- de Koeyer, I., & Fogel, A. (2001, June). *Emotions and the self in the second half of the first year*. Poster presented at the Amsterdam Feelings and Emotions Symposium. Amsterdam, The Netherlands.
- de Koeyer, I., Vermande, M.M., & Goudena, P.P. (1998, August). *Preschool children's interaction with mother in a dyadic fantasy play situation, as related to their sociometric status*. Poster presented at the Biennial Meetings of the International Society for Behavioural Development (ISSBD). Bern, Switzerland.

Languages

Dutch (native), English (fluent in spoken and written language), French, Italian, German (reasonable)

References

- Alan Fogel, Ph.D., Professor, *Department of Psychology, University of Utah*, (801) 581-8560 or alan.fogel@psych.utah.edu
- Carol Sansone, Ph.D., Chair, *Department of Psychology, University of Utah*, carol.sansone@psych.utah.edu.
- Frances Friedrich, Ph.D., Associate Professor and former Chair of the Psychology Department, *University of Utah*, Cognitive Neuroscience Area, (801) 581-5068, fran.friedrich@psych.utah.edu
- Donna Gelfand, Ph.D., Professor Emerita (since the summer of 2009), *Department of Psychology, University of Utah*, Clinical and Developmental Areas, 7donnag@xmission.com
- Kiera Gardner, B.A., former student, kieragardner24@yahoo.com

More references (e.g., by former students or lab assistants) are available upon request.