

CURRICULUM VITAE ADDENDUM

**Anu Asnaani, Ph.D.**

Research publications, under review

\*\* Indicates Primary Mentorship on publication

1. Hale, W., **Asnaani, A.\*\***, Shah, D.V., Moore, B., Straud, C.L., Kaczurkin, A., Mintz, J., Litz, B.T., Young-McCaughan, S., Peterson, A.L., Yarvis, J.S., & Foa, E.B. *Longitudinal associations between perceptions of health functioning and PTSD severity in active duty military over the course of PTSD treatment*. Manuscript submitted for publication.
2. Whitaker, M., Shah, M., Gutierrez Chavez, M., **Asnaani, A.**, Gutner, C. A., Ritchie, N. D., & Baucom, K. J. W. *Adaptations Made to the National Diabetes Prevention Program in Response to the COVID-19 Pandemic*. Manuscript submitted for publication.

Research Publications, in active (near complete) preparation

\*\* Indicates Primary Mentorship on publication

1. Kaur, K., & **Asnaani, A.\*\*** (in preparation). Exploring the relationships among distress tolerance, psychotherapeutic techniques, and emotion regulation in a remotely delivered experimental study.
2. **Asnaani, A.**, Gutierrez Chavez, M., Samuel, R., Pham, A., & Charlery White, S.R. (in preparation). The impact of a brief training on implementation of evidence-based strategies for trauma by mental health providers and stakeholders in the Caribbean within the context of the COVID-19 pandemic.
3. Kaur, K., **Asnaani, A.\*\***, Levy, H., Miller, M., Tolin, D., & McLean, C. (in preparation). Impact of exposure therapy for PTSD on quality of life: A meta-analysis.

Chapters and Invited Publications

1. **Asnaani, A.** (under review). *Taking a cultural humility and social justice approach: Seven applied guidelines for evidence-based mental health practice*. Sole authored book submitted in March 2022 to Oxford University Press and currently under peer review.

Peer-Reviewed Conference posters, accepted/submitted:

\*\* Indicates Primary Mentorship on poster

1. Kaur, K., Gutierrez Chavez, M., & **Asnaani, A.\*\***. *Developing a best practice mental health treatment adaptation framework for communities of color*. Poster **accepted** to the Annual Convention of the American Psychological Association, Minneapolis, MN, August, 2022.

Peer-Reviewed Conference Symposia/Workshops/Panels, accepted/submitted:

- November, 2022 “Exploring the relationships among distress tolerance, emotion regulation, and psychotherapeutic techniques in a remotely delivered experimental study”  
**Co-Author/Primary Mentor** (Speaker: Kiran Kaur, M.S.), Research symposium **accepted** for presentation at the 56<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY
- November, 2022 “Culturally-sensitive family-based diabetes prevention for Hispanic mothers: A community-based approach”  
**Co-Author** (Speaker: Brynn Meulenberg, B.A.), Research symposium **accepted** for presentation at the 56<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY
- November, 2022 “Implementation results of a one-day evidence-based trauma education and skills-building workshop with front-line providers in the Caribbean”  
**Co-Author/Primary Mentor** (Speaker: Manuel Gutierrez Chavez, B.A.), Research symposium **under review** at the Annual Meeting of the International Society for Traumatic Stress Studies, Atlanta, GA
- November, 2022 “Asian Indians in the United States and posttraumatic stress disorder interventions: A narrative review.”  
**Co-Author** (Speaker: Ateka Contractor, Ph.D.), Research symposium **under review** at the Annual Meeting of the International Society for Traumatic Stress Studies, Atlanta, GA

Other upcoming invited talks:

- March 3, 2023 “A review of evidence-based behavioral treatments for Social Anxiety Disorder”  
Grand Rounds Invited Speaker, CAP and Adult Psychiatry, Tulane University School of Medicine, New Orleans, LA

Recently accepted grants since September 2021:

1. *Family-based lifestyle intervention to prevent diabetes in Hispanic/Latino communities in Utah* (PI: K. Baucom)  
Funding Agency: American Diabetes Association  
Role: Co-Investigator  
Status: Selected for funding as of June 2022

2. NIMH 1R41MH129004-01 - *Improving Patient Care through objective monitoring of at-home repetitive ritual behaviors in Obsessive-Compulsive Disorder*  
 Funding Agency: National Institute of Mental Health (STTR award)  
 Role: Principal Investigator  
 Status: Data Collection, study started April 2022

Under review/unfunded grants, submitted since September 2021:

1. *Development and testing of a culturally-responsive trauma intervention to promote health equity among underserved Asian Indian communities* (PI: Contractor, University of North Texas)  
 Funding Agency: National Institute of Health  
 Status: Submitted May 2022  
 Role: Co-Investigator/Key Personnel
2. *Treating relationships and safety together (TR&ST): Preliminary efficacy of a couple-based intervention for suicide* (PI: Leifker)  
 Funding Agency: National Institute of Health  
 Status: Submitted February, 2022  
 Role: Co-Investigator
3. *Advancing understanding of racism-related health disparities beginning before birth: A multisite study with Black and Latina pregnant women* (PI: Carter, Georgia State University; Site PIs: Conradt & Crowell)  
 Funding Agency: National Institute of Health (R01 application)  
 Status: Scored in fundable range after second submission, revised and resubmitted (initially submitted February, 2021; resubmitted October, 2021)  
 Role: Co-Investigator

Current, Ongoing Service (since September 2021):

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| 2021-present | Member and mental health lead, Calvary Baptist Church (CBC) of Salt Lake City Health Fair Committee; presented virtual townhall to community in Fall of 2021 and organized/serviced a booth at CBC Health Fair with colleague Dr. Katie Baucom on May 14, 2022 following a year of planning meetings |
| 2021-present | Mental health trainer, Utah Department of Health Community Health Worker and COVID Community Partnership Team; provided and oversaw three trainings in mental health crisis management since summer of 2021                                                                                          |
| 2021-present | Committee Member, Research Facilitation Committee, Association for Behavioral and Cognitive Therapies                                                                                                                                                                                                |

2021-present	Invited Associate Editor, ABCT Clinical Practice Series, Oxford University Press
Fall 2021	Undergraduate Program Committee, Department of Psychology, University of Utah
2019-present	Clinical Training Committee, Clinical Area, Department of Psychology, University of Utah
2019-present	Faculty Advisor, Oppression and Resilience: Minority Mental Health Special Interest Group, Association for Behavioral and Cognitive Therapies
2017-present	Scientific Reviewer, Association for Behavioral and Cognitive Therapies
2016-present	Committee Member (Chair: 2017-2020), Continuing Education Committee, Association for Behavioral and Cognitive Therapies
2014-present	Scientific Reviewer for 4 out of 8 past years including 2022, International Society for Traumatic Stress Studies