

CURRICULUM VITAE ADDENDUM

Anu Asnaani, Ph.D.

Research publications, under review

* Indicates Corresponding/Senior Author on publication

** Indicates Primary Mentorship on publication

1. Baucom, K.J.W., Bauman, T., Nemirovsky, Y.,...**Asnaani, A.**, et al. *Promises and pitfalls of dyads in the National Diabetes Prevention Program: Lifestyle coach perspectives*. Manuscript submitted for publication.
2. Brown, L.A., Narine, K., **Asnaani, A.**, Bredemeier, K., & Mu, W. *Changes in affect, physical activity, physical health, and sleep in cognitive behavioral therapy for anxiety*. Manuscript submitted for publication.
3. Foa, E.B., Simpson, H.B.,...**Asnaani, A.**, et al. *A randomized controlled trial to test if medicated patients with Obsessive Compulsive Disorder can discontinue medication after Exposure/Response Prevention augmentation*. Manuscript submitted for publication.
4. Hale, W., **Asnaani, A.****, Shah, D.V., Moore, B., Straud, C.L., Kaczurkin, A., Mintz, J., Litz, B.T., Young-McCaughan, S., Peterson, A.L., Yarvis, J.S., & Foa, E.B. *Longitudinal associations between perceptions of health functioning and PTSD severity in active duty military over the course of PTSD treatment*. Manuscript submitted for publication.
5. **Asnaani, A.**, Sanchez-Birkhead, A., Kaur, K., Mukundente, V., Napia, E., Pasi, F., Villalta, J., Lee, D., Stark, L., Brown, H., & Crowell, S. *Utilizing community partnerships to devise a framework for cultural adaptations to evidence-based mental health practice in diverse communities*. Manuscript submitted for publication.
6. Bryan, C.J., Russell, H.A., Bryan, A.O., Rozek, D.C., Leifker, F.R., Rugo, K.F., Baker, J.C., Khazem, L.R., Roberge, E.M., & **Asnaani, A.** *Impact of treatment setting and format on symptom severity following cognitive processing therapy for posttraumatic stress disorder (PTSD)*. Manuscript submitted for publication.

Research Publications, in active (near complete) preparation

** Indicates Primary Mentorship/Senior Authorship on publication

1. Kaur, K., & **Asnaani, A.**** (in preparation). The moderating role of emotion regulation on the relationship between intervention type and improvements in distress tolerance.
2. Gutierrez Chavez, M., Kaur, K., Baucom, K.J.W., Sanchez-Birkhead, A., & **Asnaani, A.**** (in preparation). Tackling health disparities through equal research partnership with racially diverse communities. *Translational Behavioral Medicine* (invited peer-reviewed submission due September 22, 2021).
3. Kaur, K., Gutierrez Chavez, M., Tacana, T., Mukundente, V., Napia, E., Pasi, F., Villalta,

- J., Lee, D., Sanchez-Birkhead, A., & **Asnaani, A.**** (in preparation). A mixed-methods approach to developing a best practice mental health treatment framework for culturally diverse communities. *Journal of Consulting and Clinical Psychology* (invited peer-reviewed submission due October 1, 2021).
4. **Asnaani, A.**, Gutierrez Chavez, M., Samuel, R., & Charlery White, S.R. (in preparation). The impact of a brief training on implementation of evidence-based strategies for trauma by mental health providers and stakeholders in the Caribbean within the context of the COVID-19 pandemic.

Chapters and Invited Publications

1. **Asnaani, A.** (in preparation). *Conducting Evidence-Based Therapies with a Diversity of Patients: Ten Empirically-Derived Guidelines*. Sole authored book under contract with Oxford University Press. Due: February, 2022

Peer-Reviewed Conference posters, accepted/submitted:

1. Aguirre, M.C., Diaz, Y., Bauman, T., Nemirovsky, Y., Gutierrez Chavez, M., Ramos, C., **Asnaani, A.**, Gutner, C., Ritchie, N.D., & Baucom, K.J.W. *Emotional, social, and structural barriers among Latinx participants in the National Diabetes Prevention Program*. Poster submitted for presentation in the Latinx Special Interest Group poster session at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA, November, 2021.
2. Wen, Z., Hammoud, M., Scott, J.C., Jimmy, J., Brown, L., Marin, M.-F., **Asnaani, A.**, Gur, R.C., Foa, E.B., & Milad, M.R. *Exogenous estradiol modulates task-based and resting-state neural signature within multiple networks in women*. Poster submitted for presentation at the Annual Convention of the American College of Neuropsychopharmacology, Puerto Rico, December, 2021.
3. Tanguy, W., Kaur, K., & **Asnaani, A.†**. *Influence of distress tolerance and emotional clarity on state anxiety*. Poster **accepted** for presentation at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA, November, 2021.
4. Soufi, S.S., Hinkson, K.D., Brooks, M.M., **Asnaani, A.**, & Bryan, C.J. *Exploring the effect of trauma type, by gender, on the relationship between postsecondary academic performance and posttraumatic stress disorder*. Poster **accepted** for presentation at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA, November, 2021.
5. Askew, A., Gutierrez Chavez, M., Charlery White, R., & **Asnaani, A.†**. *Trauma-related burnout, self-care, and social support in front line providers in the Caribbean*. Poster **accepted** for presentation at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA, November, 2021.

Peer-Reviewed Conference Symposia/Workshops/Panels, accepted:

- November, 2021 “Longitudinal results of a one-day evidence-based trauma education and skills-building workshop with front-line providers in the Caribbean”
Co-Author/Primary Mentor (Speaker: Manuel Gutierrez Chavez), Research symposium accepted for presentation at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA
- November, 2021 “Barriers to mental health treatment for 5 diverse communities of color: Community and provider perspectives”
Co-Author/Primary Mentor (Speaker: Kiran Kaur), Research symposium submitted for review for the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA
- November, 2021 “Using a community-engaged approach to adapting and implementing evidence-based treatments for generalized anxiety: Development of a treatment framework across culturally-diverse communities”
Invited Speaker, Research symposium accepted for presentation at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA
- November, 2021 “The perfect storm: Experiences of racism, political strife, and public health stressors during the COVID-19 pandemic in Asian American and Pacific Islander communities”
Invited Panelist/Primary Organizer, Panel discussion accepted for presentation at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA
- November, 2021 “Towards creating an inclusive, equitable, and culturally responsive clinical environment for doctoral trainees of color”
Invited Panelist, Panel discussion accepted for presentation at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA
- November, 2021 “Challenges and opportunities in the promotion of cognitive behavioral therapies for social anxiety”
Invited Panelist, Panel discussion accepted for presentation at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA
- November, 2021 “12-month follow-up data of daily delivery of Cognitive Processing Therapy for veterans”

Co-Author (Speaker: Erika Roberge), Research symposium accepted for presentation at the Annual Meeting of the International Society for Traumatic Stress Studies, virtual

Other upcoming invited talks:

- March 25, 2022 “Integrating Diversity Factors into Evidence-Based Treatments: Application and Training in Empirically-Based Guidelines for Diversity Perspectives in Mental Health”
Invited Half-Day Workshop Sole Facilitator, Department of Psychology, University of Pittsburgh, Pittsburgh, PA
- October 7, 2021 “Integrating Diversity-Related Considerations into Evidence-Based Practices for PTSD”
Invited Speaker, Monthly Training Series, Women in Private Practice organization, UT
- September 22, 2021 “Incorporation of Diversity-Related Factors into Evidence-Based Treatments for PTSD”
Invited Colloquium Speaker, National Center for PTSD Women’s Health Sciences Division, Boston VA, Boston, MA

In review/unfunded grants, submitted in past year since September 2020:

1. Addressing chronic worry and distress among vulnerable communities against the backdrop of COVID-19 using a hybrid effectiveness-implementation approach
Funding Agency: Patient-Centered Outcomes Research Institute (Addressing Health Disparities clinical trial study)
Status: **Under review** (submitted May 2021)
Role: Principal Investigator
2. Improving Patient Care through objective monitoring of at-home repetitive ritual behaviors in Obsessive-Compulsive Disorder
Funding Agency: National Institute of Health (STTR application)
Status: **Scored in fundable range**, awaiting final funding decision (submitted April, 2021)
Role: Principal Investigator
3. Protege a tu familia: CHW-initiated telenovela intervention to address vaccine hesitancy and uptake among Hispanic families (PIs: Sanchez-Birkhead & Kepka, College of Nursing)
Funding Agency: National Institute of Health (R01 application)
Status: Scored, not funded (submitted February, 2021)
Role: Co-Investigator

4. Advancing understanding of racism-related health disparities beginning before birth: A multisite study with Black and Latina pregnant women (PI: Carter, Georgia State University; Site PIs: Conradt & Crowell)
Funding Agency: National Institute of Health (R01 application)
Status: Scored, **preparing resubmission** (initially submitted February, 2021)
Role: Co-Investigator

5. Development of a smartwatch application supporting a mindfulness approach and pilot testing in older adults with generalized anxiety disorder and associated insomnia (PIs: Gooneratne, University of Pennsylvania)
Funding Agency: National Institute of Health (STTR application)
Status: Not scored (submitted January, 2021)
Role: Consultant

6. Optimizing Adolescent Mental Health Treatment through Virtual Reality Exergaming (PI: Nelson; Department of Occupational and Recreational Therapies)
Funding Agency: College of Health Competitive Seed Grant
Submitted
Status: Not funded (first submission to Huntsman Mental Health & Department of Psychiatry Seed Grant; March, 2020; second submission to College of Health Competitive Seed Grant program; November, 2020)
Role: Co-Investigator

Current Service:

Fall 2021

Assigned to Undergraduate Program Committee