

Curriculum Vitae:

Sommer R. Thorgusen, Ph.D.

University of Utah, Department of Psychology
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EDUCATION

2014	Ph.D. Psychology	APA-accredited Clinical Psychology program University of Utah, <i>Salt Lake City, UT</i>
2010	M.S. Psychology	University of Utah, <i>Salt Lake City, UT</i>
2003	B.S. Geography	University of California, <i>Santa Barbara, CA</i>

LICENSURE

2016 – Present Utah Psychology License # 9788408-2501

PROFESSIONAL POSITIONS

2016 – Present	Assistant Professor (Clinical) , University of Utah Department of Psychology
2021	Clinical Assessment Supervisor , University Counseling Center Psychology Internship Training Program, University of Utah
2014 – 2015	Neuropsychology Post-Doctoral Fellow , Puget Sound Veterans Affairs Health Care System; APA-accredited Clinical Neuropsychology Fellowship
2013 – 2014	Psychology Intern , Southwest Consortium Predoctoral Psychology Internship, New Mexico Veterans Affairs Health Care System; APA-accredited Clinical Psychology Internship

TEACHING

Graduate Courses Taught

2018 - Present	Personality Assessment (graduate, Spring semesters), <i>University of Utah</i>
2016 - Present	Psychological Assessment Practicum (graduate, Fall & Spring semesters)
2016	Psychopathology (graduate, Fall semester)

Undergraduate Courses Taught

2017 - Present	Science and Practice of Clinical Psychology (Fall semesters)
2011	Memory & Cognition in Everyday Life

Teaching Assistant Positions

- 2012 Cognitive Assessment (graduate), *University of Utah*
2010 Quantitative Methods II (graduate), *University of Utah*

Guest Lectures & Presentations

- 2015 Epilepsy in Older Adults, *Geriatrics Didactic Series, VA Puget Sound Health Care System, American Lake Campus, Tacoma, WA*
2014 (With Kathleen Pagulayan, Ph.D.) Mild Traumatic Brain Injury, *Intern Seminar, VA Puget Sound Health Care System, Seattle, WA*
2014 Diagnosis of Mild Cognitive Impairment and Dementia using DSM-5, *Intern Seminar, New Mexico VA Health Care System, Albuquerque, NM*
2013 Intracranial Tumors, *Neuropsychology Rounds, New Mexico VA Health Care System, Albuquerque, NM*
2012 Memory in Daily Life, *various Senior Centers, Salt Lake City, UT*
2009 Neuropsychology of Emotion, *in Cognitive Psychology (Instructor: Jason Watson, Ph.D.), Department of Psychology, University of Utah*

PROFESSIONAL SERVICE

- 2019 – Present University Teaching Committee, University of Utah
2016 – Present Clinical Training Committee, University of Utah Psychology Department
2012 Clinical Internship Support Coordinator, University of Utah Psychology Department
2011 Student Representative, Professional Issues & Ethics Committee, University of Utah Psychology Department
2010 – 2014 Chair, International Neuropsychological Society Student Liaison Committee
2010 – 2012 Student Representative, Clinical Training Committee, University of Utah Psychology Department

CLINICAL TRAINING

- 2014 – 2015 **Neuropsychology Postdoctoral Rotations**, VA Puget Sound, *Seattle, WA*
Mental Health Clinic: Kathleen Pagulayan, Ph.D., Phuong Chau, Ph.D.
Geriatrics Research Education and Clinical Center: Emily Trittschuh, Ph.D.
2013 – 2014 **Neuropsychology Predoctoral Internship Rotations**, Southwest Consortium of Predoctoral Psychology Internships, *Albuquerque, NM*
VA Neuropsychology Clinic: Kathy Haaland, Ph.D., ABPP-CN, Joseph Sadek, Ph.D., ABPP-CN, Rex Swanda, Ph.D., ABPP-CN
Inpatient Psychiatry Ward & Outpatient Mental Health: Elizabeth Sullivan, Ph.D., Evelyn Sandeen, Ph.D., ABPP
First Nations Community Healthsource: Anita Treloar, Ph.D.
2012 – 2013 **Neuropsychology Trainee**, Primary Children's Medical Center, Behavioral Health Clinic, *Salt Lake City, UT*, Supervisor: Robert Burr, Ph.D.

- 2011 – 2013 **Psychology Trainee**, University of Utah Hospital Department of Physical Medicine & Rehabilitation, *Salt Lake City, UT*, Supervisors: Steve Sheppard, Ph.D., RJ Courtney, Ph.D., Justin McKenzie, Ph.D.
- 2012 – 2013 **Psychology Trainee**, Valley Mental Health, *Salt Lake City, UT*, Supervisor: John Malouf, Ph.D.
- 2011 – 2012 **Neuropsychology Trainee**, Outpatient Neuropsychology Clinic, University of Utah Department of Neurology *Salt Lake City, UT*; Supervisor: Angela Eastvold, Ph.D., ABPP-CN
- 2011 – 2012 **Psychology Trainee**, Assessment and Referral Services, *Salt Lake City, UT*; Supervisor: Kelly Lundberg, Ph.D.
- 2010 – 2012 **Psychology Trainee**, Cognitive Behavioral Therapy Practicum, University Counseling Center, *Salt Lake City, UT*; Supervisor: Michael Himle, Ph.D.
- 2010 – 2011 **Neuropsychology Trainee**, Center for Alzheimer’s Care, Imaging and Research, University of Utah Department of Neurology, *Salt Lake City, UT*; Supervisors: Gordon Chelune, Ph.D., ABPP-CN, Kevin Duff, Ph.D., ABPP-CN, *Salt Lake City, UT*
- 2009 – 2010 **Psychology Trainee**, Psychological Assessment Practicum, University Counseling Center, *Salt Lake City, UT*; Supervisors: Paula Williams, Ph.D., Judy Miller, Ph.D.
- 2009 – 2013 **Neuropsychology Trainee**, Neuropsychology Clinic, University of Utah Department of Psychology; Supervisor: Yana Suchy, Ph.D., ABPP-CN

SELECTED CLINICAL WORKSHOPS ATTENDED

- 2021 **Cultural Considerations for Neuropsychological Assessment** (3-hour live webinar); Michelle Miranda, Ph.D.; hosted by Utah Psychological Association
- 2021 **Systemic Racism in Psychology: National Ethnic Minority Psychological Association Perspectives** (1.5-hour live webinar); Fred Millan, Ph.D., ABPP, NCC, Trustee (Moderator); Helen H. Hsu, Psy.D. (AAPA); Theopia Jackson, Ph.D. (ABPsi); Ayse Ikizler, Ph.D. (AMENA-Psy); Andrea Romero, Ph.D. (NLPA); Wendy Peters, Ph.D. (SIP); hosted by The Trust
- 2020 **Telepsychology Best Practices 101** (6-hour recorded webinar series); Marlene Maheu, Ph.D., hosted by American Psychological Association
- 2019 **Creating and Getting the Most out of Clinical Supervision -- Master Class** (one-day workshop); Carol Falender, Ph.D., hosted by University of Utah University Neuropsychiatric Institute, Salt Lake City, UT
- 2018 **Cross Cultural Mental Healthcare of Non-Binary and Transgender Adults** (one-day workshop); Jordan Rullo, Ph.D., ABPP, Utah Psychological Association, Salt Lake City, UT
- 2018 **Psychopharmacology Update** (one-day workshop); Morgan T. Sammons, Ph.D., ABPP, Utah Psychological Association, Salt Lake City, UT
- 2014 **Acceptance and Commitment Therapy for Veterans** (one-day workshop); Jennifer Villardaga, Ph.D., Veterans Training Support Center, Seattle, WA

- 2013 **Motivational Interviewing** (one-day workshop); J. Annette Brooks, Ph.D. & Brian Kersh, Ph.D., New Mexico VA Health Care System, Albuquerque, NM
- 2013 **Prolonged Exposure Therapy** (two-day workshop); Diane Castillo, Ph.D., New Mexico Veterans Affairs Health Care System, Albuquerque, NM
- 2012 **Acceptance & Commitment Therapy** (two-day workshop); Michael Twohig, Ph.D., Utah State University, Logan, UT

PUBLICATIONS

Peer-Reviewed Journal Articles

- Williams, P. G., Rau, H. K., Suchy, Y., **Thorgusen, S. R.**, & Smith, T. W. (2017). On the validity of self-report assessment of cognitive abilities: Attentional control scale associations with cognitive performance, emotional adjustment, and personality. *Psychological assessment, 29*(5), 519.
- Thorgusen, S.R.**, Suchy, Y., Chelune, G.C., & Baucom, B.R. (2016). Neuropsychological Practice Effects in the Context of Cognitive Decline: Contributions from Learning and Task Novelty. *Journal of the International Neuropsychological Society, 22*(4), 453-466.
- Franchow, E. I., Suchy, Y., **Thorgusen, S. R.**, & Williams, P. (2013). More than education: Openness to experience contributes to cognitive reserve in older adulthood. *Aging Science, 1*(109), 2.
- Kraybill, M. L., **Thorgusen, S. R.**, & Suchy, Y. (2013). The push-turn-taptap task outperforms measures of executive functioning in predicting declines in functionality: Evidence-based approach to test validation. *The Clinical Neuropsychologist, 27*(2), 238-255.
- Suchy, Y., Chelune, G., Franchow, E. I., & **Thorgusen, S. R.** (2012). Confronting patients about insufficient effort: The impact on subsequent symptom validity and memory performance. *The Clinical Neuropsychologist, 26*(8), 1296-1311.
- Dennison, P. E., Roberts, D. A., **Thorgusen, S. R.**, Regelbrugge, J. C., Weise, D., & Lee, C. (2003). Modeling seasonal changes in live fuel moisture and equivalent water thickness using a cumulative water balance index. *Remote Sensing of Environment, 88*(4), 442-452.

Other Published Work

- Mackaronis, J. E., & **Thorgusen, S. R.** (2013). An insider perspective: Developmental challenges moving from graduate school to internship and beyond. *Psychotherapy Bulletin, 48*(4), 13-17.
- Thorgusen, S. R.**, & Suchy, Y. (2013). The Neuropsychology of Psychopathology. *Archives of Clinical Neuropsychology, 28*(5), 508-509. [Book Review]

POSTER PRESENTATIONS

**Undergraduate Students Supervised*

- Rau, H.K., **Thorgusen, S.R.**, Peterson, S.K., Morelli, D.K., Peskind, E.R., Raskind, M.T., & Pagulayan, K.F. *Intra-individual variability on neuropsychological measures in OEF/OIF/OND Veterans: Associations with blast-related mTBI and PTSD*. Abstract accepted for poster presentation at the 44th Annual Meeting of the International Neuropsychological Society, Boston, MA.

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- Thorgusen, S.R.,** Suchy, Y., Chelune, G.C., & Baucom, B.R. *Examining a Theoretical Model of Practice Effects and Cognitive Decline: Contributions of Learning and Response to Task Novelty.* Poster presented at the 43rd Annual Meeting of the International Neuropsychological Society in Denver, CO.
- Thorgusen, S.R. & Suchy, Y.** (2013, February). *Exploring the Relationship Between Low IQ and Invalid Effort Testing.* Poster presented at the 41st Annual Meeting of the International Neuropsychological Society in Waikaloa, HI.
- Thorgusen, S. R.,** *Shahrebani, M., *Karino, W., & Suchy, Y. (2012, February). *Age and Gender Differences in a Motor Learning Task.* Poster presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, BC, Canada.
- Thorgusen, S.R.,** *Bowman, D., & Suchy, Y. (2011, November). *Detection of Subclinical Executive Weakness Using Simple Choice Reaction Time.* Poster presented at the 31st Annual Meeting of the National Academy of Neuropsychology in Marco Island, FL.
- *Bowman, D., **Thorgusen, S.R.,** Suchy, Y. (2011, March). *A Picture is Worth a Thousand Words: Effects of Emotional Distracters on Executive Task Performance.* Abstract for poster presentation at the National Conference for Undergraduate Research in Ithaca, NY.
- *Bowman, D., **Thorgusen, S.R.,** Suchy, Y. (2011, February). *The effects of emotion on executive functioning.* Abstract for poster presentation at the Utah Conference on Undergraduate Research in Ogden, UT.
- Thorgusen, S.,** Suchy, Y., Rau, H., Williams, P. (2011, February). *Emotional Distracters Affect Task Performance under High Executive Demands.* Poster presented at the 39th annual meeting of the International Neuropsychological Society, Boston, MA.
- Thorgusen, S.,** Suchy, Y., Rau, H., Williams, P. (2010, October). *Negative emotional distracters impair set maintenance in a switching task.* Abstract for poster presentation at the 30th annual meeting of the National Academy of Neuropsychology in Vancouver, B.C.
- Thorgusen, S.R.,** Watson, J.M., & Williams, P.W. (2010). *Working memory predicts neuroticism.* Abstract for poster presentation at the 38th Annual Meeting of the International Neuropsychological Society, Acapulco, Mexico.
- Thorgusen, S.R.,** Watson, J.M., Miller, A.E., Kesner, R., Levy, J.A., & Lambert, A. (2009) *Preservation of False Memory in Amnesic Mild Cognitive Impairment.* Abstract for poster presentation at the 29th Annual National Academy of Neuropsychology Conference, New Orleans, LA.
- Thorgusen, S.R.,** Watson, J.M., Miller, A.E., Kesner, R., Levy, J.A., & Lambert, A. (2009) *The information that patients with mild cognitive impairment do not forget.* Abstract for oral presentation at the 79th Annual Rocky Mountain Psychological Association Conference, Albuquerque, NM.
- Thorgusen, S.R.,** Renshaw, K.D., Chambless, D.L. (2008). *Relatives who attribute non-disorder related events to their anxiety disorder benefit less from exposure therapy.* Abstract for poster presentation at the 42nd Annual Association for Behavioral and Cognitive Therapies Conference, Orlando, FL.

PROFESSIONAL MEMBERSHIPS

American Psychological Association
International Neuropsychological Society
Utah Psychological Association

AWARDS

2012 Clayton Award for Excellence in Research, *University of Utah Psychology Dept.*
2012 Commendation for Clinical Service, *University of Utah Psychology Dept.*
2011 Women in Leadership Edith Kaplan Scholarship, *National Academy of Neuropsychology*
2011 Commendation for International Service, *University of Utah Psychology Dept.*
2008 Clayton Fellowship for Incoming Students, *University of Utah Psychology Dept.*