

Curriculum Vitae

Feea R. Leifker, PhD, MPH

University of Utah
Department of Psychology
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EDUCATION

- 2009 – 2016 Doctor of Philosophy (PhD) in Clinical Psychology
The Pennsylvania State University, State College, PA
- 2005 – 2007 Master of Public Health (MPH) in Behavioral Sciences & Health Education
Emory University, Rollins School of Public Health, Atlanta, GA
- 2001 – 2005 Bachelor of Arts (BA) in Psychology
Carleton College, Northfield, MN
Concentration in Women's and Gender Studies

LICENSURE

- 2017 – Licensed Psychologist (Utah #102211440-2501)
PSYPACT accredited to practice interjurisdictional telehealth

PROFESSIONAL TRAINING AND ACADEMIC POSITIONS

- 2021 – Co-Director
Behavioral Health Innovation and Dissemination Center
University of Utah, Salt Lake City, UT
- 2018 – Research Assistant Professor
Department of Psychology
University of Utah, Salt Lake City, UT
- 2017 – 2020 Director of Clinical Services
National Center for Veterans Studies
University of Utah, Salt Lake City, UT
- 2016 – 2018 Postdoctoral Research Fellowship
University of Utah, Salt Lake City, UT
- 2015 – 2016 Predoctoral Clinical Internship
UCSD/San Diego Veterans Affairs Medical Center, San Diego, CA
APA accredited

AWARDS AND HONORS

- 2007 Charles C. Shepard Award, finalist, Emory University
Award for most scholarly research paper/master's thesis
- 2011 Student Travel Award, Pennsylvania State University
- 2013 Student Travel Award, Pennsylvania State University

PEER REVIEWED PUBLICATIONS

NOTE: names marked with an asterisk (*) were mentored student first authors

1. Khalifian, C. E., **Leifker, F. R.**, Knopp, K., Wilks, C., Depp, C., Glynn, S. & Morland, L. A. (*in press*). Utilizing couple relationships to prevent suicide and improve functioning: A preliminary examination of Treatment for Relationships and Safety Together (TR&ST). *Journal of Clinical Psychology*. Advance online publication.
2. Khalifian, C. E., Chalker, S. A., **Leifker, F. R.**, Rashkovsky, K., Knopp, K., Morland, L. A., ... Depp, C. (*in press*). Veteran and partner interest in addressing suicidality from a couple-based treatment approach. *Couple and Family Psychology: Research and Practice*. Advance online publication.
3. Bettmann, J. E., Prince, K. C., Ganesh, K., Rugo, K. F., Bryan, A. O., Bryan, C. J., ... **Leifker, F. R.** (2021). The effect of time outdoors on veterans receiving treatment for PTSD. *Journal of Clinical Psychology*, 77, 2041-2056.
4. **Leifker, F. R.**, Leo, K., Adamo, C., & Baucom, B. R. W. (2021). Suicide as an interpersonal phenomenon: Dyadic methodological and statistical considerations. *Suicide and Life-Threatening Behavior*, 51, 8-18.
5. Rozek, D. C., Andres, W. C., Smith, N. B., **Leifker, F. R.**, Arne, K., Jennings, G., ... Bryan, C. J. (2020). Using machine learning to predict suicide attempts in military personnel. *Psychiatry Research*, 294, 113515.
6. Khalifian, C. E., **Leifker, F. R.**, Morland, L. A., Depp, C., Glynn, S., & Bryan, C. J. (2020). Treatment for Relationships and Safety Together (TR&ST): A novel couples-based suicide-specific intervention. *The Behavioral Therapist*, 48, 318-325.
7. *Rugo, K. F., **Leifker, F. R.**, Drake-Brooks, M. M., Snell, M. B., & Bryan, C. J. (2020). Unit cohesion, social support, and suicide risk among National Guard soldiers. *Journal of Social and Clinical Psychology*, 39, 214-228.
8. Bryan, C. J., Bryan, A. O., Rugo, K. F., Hinkson, K. J., & **Leifker, F. R.** (2020). Happiness, meaning in life, and PTSD symptoms among National Guard personnel, A multilevel analysis. *Journal of Happiness Studies*, 20, 1251-1264.
9. Bryan, C. J., Bryan, A. O., Rozek, D. C., & **Leifker, F. R.** (2019). Meaning in life drives reductions in suicide risk among acutely suicidal soldiers receiving a crisis response plan. *Journal of Social and Clinical Psychology*, 38, 774-787.
10. **Leifker, F. R.** & Marshall, A. D. (2019). The impact of negative attributions on the link between observed partner social support and posttraumatic stress disorder symptom severity. *Journal of Anxiety Disorders*, 65, 19-25.
11. May, A. M., Crenshaw, A., **Leifker, F. R.**, Bryan, C. J., & Baucom, B. R. W. (2019). Knowledge of suicide history, communication of current symptoms, and assessment of future suicide risk among couples. *Behavior Research and Therapy*, 120, 103394.
12. Bryan, C. J., **Leifker, F. R.**, Rozek, D. C., Bryan, A. O., Reynolds, M. L., Oakey, D. N. & Roberge, E. (2018). Examining the effectiveness of an intensive, two-week treatment program for military personnel and veterans with PTSD: Results of a pilot, open-label, prospective cohort trial. *Journal of Clinical Psychology*, 74, 2070-2081.

13. *Sullivan, T. J., **Leifker, F. R.**, & Marshall, A. D. (2018). Observed emotional expressivity, posttraumatic stress disorder, and intimate partner violence perpetration among community couples. *Journal of Traumatic Stress, 31*, 352-361.
14. Bryan, C. J., Bryan, A. O., Roberge, E., **Leifker, F. R.**, & Rozek, D. (2017). Moral injury, posttraumatic stress disorder, and suicidal behavior among National Guard personnel. *Psychological Trauma: Theory, Research, Practice, and Policy, 10*, 36-45.
15. Baucom, B. R. W., Georgiou, P. G., Bryan, C. J., Garland, E. L., **Leifker, F. R.**, May, A. M., ...Narayanan, S. S. (2017). The promise and the challenge of technology-facilitated methods for assessing behavioral and cognitive markers of risk for suicide among U.S. Army National Guard personnel. *International Journal of Environmental Research and Public Health, 14*, 361.
16. **Leifker, F. R.**, Hanley, K., Blandon, A. Y., & Marshall, A. D. (2015). Posttraumatic stress disorder symptoms impact the emotional experience of intimacy during couple discussions. *Journal of Anxiety Disorders, 29*, 119-127.
17. Parker-Maloney, K., **Leifker, F. R.**, Sippel, L., & Marshall, A. D. (2014). The utility of the PTSD Checklist as a screening tool for PTSD in a community sample. *Psychiatry Research, 220*, 679-686.
18. Marshall, A. D. & **Leifker, F. R.** (2014). The impact of childhood physical abuse and sexual risk-taking on women's maladaptive posttraumatic cognitions. *Journal of Aggression, Maltreatment, and Trauma, 23*, 136-150.
19. Hanley, K., **Leifker, F. R.**, Blandon, A. Y., Marshall, A. D. (2013). Gender differences in the impact of posttraumatic stress disorder symptoms on intimacy among community couples. *Journal of Family Psychology, 27*, 525-530.
20. Jennings-Kelsall, V., Aloia, L. S., Solomon, D. H., Marshall, A. D., & **Leifker, F.** (2012). Stressors within Marine Corps families: A qualitative study of discourse within an online forum. *Military Psychology, 24*, 363-381.
21. **Leifker, F. R.**, Patterson, T. L., Heaton, R. K., & Harvey, P. D. (2011). Validating measures of real-world outcome: The results of the VALERO Expert Survey and RAND panel. *Schizophrenia Bulletin, 37*, 334-343.
22. **Leifker, F. R.**, Patterson, T. L., Bowie, C. R., Mausbach, B. T., & Harvey, P. D. (2010). Psychometric properties of performance-based measurements of functional capacity: Test-retest reliability, practice effects, and potential sensitivity to change. *Schizophrenia Research, 119*, 246-252.
23. **Leifker, F. R.**, Bowie, C. R., & Harvey, P. D. (2009). Determinants of everyday outcomes in Schizophrenia: The influences of cognitive impairment, functional capacity, and symptoms. *Schizophrenia Research, 115*, 82-87.

BOOK CHAPTERS

1. Wittenborn, A. K., Baucom, B. R. W., **Leifker, F. R.**, Lachmar, E. M. (2020). Couple-based interventions for the treatment of depressive and anxiety disorders. In K. S. Wampler & A. J. Blow (Eds.) *The Handbook of Systemic Family Therapy: Volume 3 Systemic Family Therapy with Couples* (pp. 207-226). Hoboken, NJ: John Wiley and Sons.
2. Roberge, E., **Leifker, F. R.**, Baker, S., Rozek, D. C., & Bryan, C. J. (2020). Suicidality following trauma. In J. G. Beck & D. M. Sloan (Eds.) *The Oxford Handbook of Traumatic Stress Disorders, Second Edition*. Oxford University Press.
3. Leo, K., **Leifker F. R.**, Baucom, D. H., & Baucom, B. R. W. (2020). Conflict management and problem solving as relationship maintenance. In Ogolsky, B. S. & Monk, J. K. (Eds.),

Relationship Maintenance: Theory, Process, and Context (pp. 194-294). Cambridge University Press.

4. Bryan, C. J., Bryan, A. O., Rozek, D. C., **Leifker, F. R.**, & May, A. M. (2019). Availability and quality of mental healthcare services for veterans at risk of suicide. In M. E. Button & I. Marsh (Eds.) *Suicide and Social Justice: New Perspectives on the Politics of Suicide and Suicide Prevention* (pp. 180-196). New York, NY: Routledge.

PUBLICATIONS IN PREPARATION/UNDER REVIEW

1. **Leifker, F. R.**, Hogan, J., Crenshaw, A., Leo, K., Baucom, K. J. W., & Baucom, B. R. W. (*in preparation*). The impact of negative attributions on the associations between intimate partner violence and couples' relationship satisfaction.
2. **Leifker, F. R.** & Marshall, A. D. (*in preparation*). The longitudinal role of positivity during couples' aggressive conflicts: Helpful or harmful?
3. **Leifker, F. R.**, Khalifian, C. E., Morland, L. A., & Bryan, C. J. (*in preparation*). Interpersonal antecedents and disclosures prior to suicide attempts in a treatment seeking sample of military personnel.
4. Chakravarthula, S. N., Tseng, S., Nasir, M., Li, H., **Leifker, F. R.**, Marchand, W., Baucom, B. R. W., Bryan, C. J., Garland, E., Georgiou, P., & Narayan. (*in preparation*). What couples interactions reveal about suicidal risk: A machine learning assessment using speech and language cues.
5. Bryan, C. J., Russell, H. A., Bryan, A. O., Rozek, D., **Leifker, F. R.**, Rugo, K., Baker, J., Khazem, L. R., Roberge, E. M., & Asnaani, A. (*under revised review*). Impact of treatment setting and format on symptom severity following cognitive processing therapy for posttraumatic stress disorder (PTSD).
6. Baucom, K. J. W., Baucom, B. R. W., & **Leifker, F. R.** (*under contract*). Supervising work with couples. In M. Terjesen & T. Del Vecchio (Eds.) *Handbook of Training and Supervision in Cognitive Behavioral Therapy*. Springer Publications.

PROFESSIONAL PRESENTATIONS

1. Roberge, E. M., **Leifker, F. R.**, Rozek, D., Baker, J., Rugo, K., Russell, H. A., Bryan, A. O., Khazem, L. R., Asnaani, A., & Bryan, C. J. (Nov. 2021). 12-month Follow-Up Data of Daily Delivery of Cognitive Processing Therapy for Veterans. Paper to be presented at the *Addressing Limitations of PTSD Treatments with Innovative, Evidence-Based Approaches* symposium (Chair: K. Chard). Presented at the annual meeting of the International Society of Traumatic Stress Studies.
2. Khalifian, C., **Leifker, F.**, Knopp, K., Rashkovsky, K., Depp, C., Glynn, S., and Morland, L. (Nov. 2021). Development and Evaluation of Treatment for Relationships and Safety Together (TR&ST), a Novel Couple-Based Suicide Intervention for Veteran Couples. Paper to be presented at the *Cognitive Behavioral Couple Focused Interventions to Prevent Suicide* Symposium (Chair: **F. R. Leifker**). Presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
3. Khalifian, C. E., **Leifker, F. R.**, Knopp, K., Wilks, C., Depp, C., Glynn, S. & Morland, L. A. (Apr. 2021). Utilizing couple relationships to prevent suicide and improve functioning: A pilot study of treatment for relationships and safety together (TR&ST). Presented at the annual meeting for the American Association of Suicidology, Orlando, FL.
4. **Leifker, F. R.**, Chakravarthula, S., Tseng, T., Li, H., Georgiou, P., Narayanan, ... Baucom, B. R. W. (Nov. 2020). *Automated classification of suicide risk form acoustic and linguistic*

- variables during couple interaction*. Paper presented at the *Using Technology-Facilitated Methods to Improve Understanding of Romantic Couple Interactions* symposium (Chair: D. Garcia). Presented at the annual meeting for the Association of Cognitive and Behavioral Therapies, Philadelphia, PA.
5. Khalifian, C. E., Knopp, K., Chalker, S. A., **Leifker, F. R.**, Depp, C., Glynn, S., ... Morland, L. A. (Nov. 2020). *Veteran and partner interest in a couples-based suicide intervention*. Poster presented at the annual meeting for the Association of Cognitive and Behavioral Therapies, Philadelphia, PA.
 6. Bryan, C. J., Tabares, J., Butner, J., Bryan, A. B. O., Rugo, K. F., **Leifker, F. R.**, & Rozek, D. (Nov. 2020). *Nonlinear change patterns in daily suicidal ideation during massed Cognitive Processing Therapy (CPT) for PTSD*. Paper presented at the *Assessing, Anticipating, and Treating Suicidality in Trauma Survivors with and without Posttraumatic Stress Disorder* Symposium (Chair: S. Fitzpatrick). Presented at the annual meeting for the Association of Cognitive and Behavioral Therapies, Philadelphia, PA.
 7. **Leifker, F. R.**, Baucom, B. R. W., Leo, K., Adamo, C., Hogan, J. Crenshaw, A. O., ... Marchand, W. (Nov. 2019). *Service members' and their partners' implicit biases about suicide predict suicide risk*. Paper presented at the *Emerging Research Among Military Couples: Novel Investigations and Unique Considerations* symposium (Chair: **F. R. Leifker**). Presented at the annual meeting for the Association of Cognitive and Behavioral Therapies, Washington, DC.
 8. May, A. M., Crenshaw, A. O., **Leifker, F.**, Bryan, C. J., & Baucom, B. R. W. (Oct. 2019) *Dyadic knowledge of suicide history, current depressive symptoms, and future suicide risk within romantic couples*. Paper presented at the International Academy for Suicide Research (IASR) International Summit on Suicide Research, Miami, FL.
 9. Khazem, L. R., Rozek, D. C., **Leifker, F. R.**, Baker, J. C., Bryan, A. B. O., Baucom, B. R. W., ... Bryan, C. J. (Aug. 2019). *BCBT: An RCT to Reduce Military Suicides*. Paper presented at the 2019 VA/DoD Suicide Prevention Conference, Nashville, TN.
 10. **Leifker, F. R.** (Nov. 2018). *Improving the Inclusivity, Replicability, and Generalizability of Couples Research Through Technological and Methodological Interventions* Symposium (Chair: **F. R. Leifker**). Paper presented at the annual meeting for the Association of Cognitive and Behavioral Therapies, Washington, DC.
 11. **Leifker, F. R.**, & Marshall, A. D. (Nov. 2018). *The longitudinal role of positivity during couples' aggressive conflicts: Helpful or harmful?* Paper presented at *The Looking Within the Black Box of Family Violence: How Assessment of Incidents of Aggression Can Inform Understanding of Etiological Processes* Symposium (Chair: A. D. Marshall) at the annual meeting for the Association of Cognitive and Behavioral Therapies, Washington, DC.
 12. Bryan, C. J., Rozek, D. C., **Leifker, F. R.**, Oakley, D. N., Reynolds, M. L., Roberge, E., & Bryan, A. O. (Aug. 2018). *Clinical application of Cognitive Processing Therapy to military-related moral injury*. Paper presented at the *Assessment and Treatment of Military-related Moral Injury* symposium (Chair: B. J. Griffin) at the annual meeting for the American Psychological Association National Convention, San Francisco, CA.
 13. Bryan, C. J., Reynolds, M., Bryan, A. O., **Leifker, F. R.**, Rozek, D. C., Roberge, E. M ... Dustin, D. (Nov. 2017). *Intensive cognitive processing therapy (CPT) for military personnel and veterans with PTSD: preliminary results from the National Center for Veterans Studies R&R Program*. Paper presented at the *Innovations in CBT for Active Duty Military Personnel* Symposium (Chair: **F. Leifker**) at the 2017 annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

14. Bryan, C.J., Bryan, A.O., Roberge, E., **Leifker, F. R.**, & Rozek, D. (Nov. 2017). Moral injury, PTSD, and suicidal behavior among National Guard personnel. Paper presented at the *Beyond diagnosis: mediators underlying the link between PTSD and adverse outcomes* Symposium (Chair: S. M. Blakey) at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
15. Bryan, C. J., Reynolds, M., Bryan, A. O., **Leifker, F. R.**, Rozek, D. C., Roberge, E.M. & Oakey, D.N., (Oct. 2017). *Intensive cognitive processing therapy (CPT) for military personnel and veterans with PTSD: preliminary results from the National Center for Veterans Studies R&R Program*. Poster presented at the annual meeting for the STRONG STAR Conference, San Antonio, TX.
16. Sullivan, T. J., **Leifker, F. R.**, & Marshall, A. D. (April 2017). *A Couples-Based Examination of Emotional Inexpressivity, Posttraumatic Stress Disorder Symptoms, and Intimate Partner Violence*. Paper presented at the *Resilience and Interpersonal Relationships in PTSD and Anxiety Disorders Treatment* Symposium (Chair: T. Gallagher) at the 2017 annual conference of the Anxiety and Depression Association of America.
17. **Leifker, F. R.**, & Marshall, A. D. (Nov. 2015). *The Impact of Negative Attributions on the Link Between Partner-Provided Social Support and PTSD Symptom Severity*. Paper presented at the *Social Support and PTSD: Empirically-Based Extensions of Current Knowledge* Symposium (Chairs: J. DiMauro & K. Renshaw) at the 49th annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, IL.
18. Rockey, E. A., Daly, K. A., **Leifker, F. R.**, Marshall, A. D. (Nov. 2015). *Men with a history of childhood maltreatment who perceive their wives as threatening perpetrate more intimate partner violence*. Poster presented at the 49th annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, IL.
19. Sullivan, T. J., **Leifker, F. R.**, Wong, J. D., & Marshall, A. D. (Nov. 2015). *Does emotional inexpressivity influence the relationship between PTSD and intimate partner violence?* Poster presented at the 49th Annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
20. **Leifker, F. R.**, Hanley, K., Blandon, A. Y., Marshall, A. D. (May 2013). *Gender differences in the impact of posttraumatic stress disorder symptoms on intimacy among community couples*. Paper presented at the *Posttraumatic Stress Disorder and Intimate Relationships: Sex and Gender Considerations* symposium (Chair: A. D. Marshall) at the 25th annual meeting of the Association for Psychological Science, Washington, D.C.
21. Parker-Guilbert, K. S., **Leifker, F. R.**, Sippel, L. M., & Marshall, A. D. (May 2013). *The differential diagnostic accuracy of the PTSD Checklist among men and women in a community sample*. Paper presented at the *Posttraumatic Stress Disorder and Intimate Relationships: Sex and Gender Considerations* symposium (Chair: A. D. Marshall) at the 25th annual meeting of the Association for Psychological Science, Washington, D.C.
22. Blandon, A. Y., Marshall, A. D., Hanley, K. & **Leifker, F.R.** (May 2013). *Differences in the association between husbands' and wives' self-regulation and intimacy behaviors*. Poster presented at the 25th annual meeting of the Association for Psychological Science, Washington, D.C.
23. **Leifker, F. R.** & Marshall, A. D. (Nov. 2011). *PTSD and Spousal Social Support in Observed Couple Interactions*. Poster presented at the 27th annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Baltimore, Maryland.
24. Parker-Maloney, K. S., **Leifker, F. R.**, Sippel, L. M., & Marshall, A. D. (Nov. 2011). *The PTSD Checklist as a screening tool for PTSD in a community sample*. Poster presented at

- the 27th annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Baltimore, Maryland.
25. Marshall, A. D. & **Leifker, F. R.** (Nov. 2010). *The impact of childhood physical abuse on women's maladaptive posttraumatic beliefs: The role of early initiation of sexual intercourse and history of sexually transmitted infection.* Paper presented at the 7th annual Interdisciplinary Women's Health Research Symposium, Bethesda, MD.
 26. Jennings-Kelsall, V., Aloia, L.S., Solomon, D., **Leifker, F.**, & Marshall, A. (Nov. 2010). *Stressors within Marine Corps families: A qualitative study of discourse within an online forum.* Paper presented at the 96th annual National Communication Association Meeting, San Francisco, CA.
 27. **Leifker, F. R.** & Rothbaum, B. O. (Nov. 2009). *Sexual Assault Characteristics versus Individual Vulnerabilities: Predicting PTSD Severity.* Poster presented at the 25th annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, GA.
 28. **Leifker, F.**, Patterson, T. L., Heaton, R. K., & Harvey, P. D. (Mar. 2009). *Measuring Functional Outcomes in Schizophrenia: Results of an Expert Survey and RAND Panel.* Paper presented at the 12th Annual International Congress on Schizophrenia Research Meeting, San Diego, CA.
 29. DeOreo, E., Harvey, P. D., **Leifker, F. R.**, & Bowie, C. R. (Mar. 2009). *Negative Symptoms and Motivational Deficits as Predictors of Disability.* Paper presented at the 12th Annual International Congress on Schizophrenia Research Meeting, San Diego, CA.
 30. **Leifker, F. R.** & Harvey, P. D. (May 2008). *Neuropsychological Performance at Multi-Site Trials and Academic Sites: Do the results differ?* Poster presented at the 63rd Annual meeting of the Society of Biological Psychiatry, Washington, D.C.

RESEARCH FUNDING

ACTIVE

Unrestricted gift (Baucom/Leifker)

Apple

A Standardized Data Set for Benchmarking Mental Health Status \$99,820

The goal of this project is to develop a database of passive sensor, EMA, vocal, and health service utilization data that is shareable with the computational mental health research community.

Role: Co-Principal Investigator

Pilot Study Grant (Leifker)

7/1/2021-6/30/2022

University of Utah – Center for Families and Health Research

\$2,575

Effectiveness of Cognitive Behavioral Conjoint Therapy for PTSD in Law Enforcement Officers

The primary aim of this project is to test the effectiveness of Cognitive Behavioral Conjoint Therapy (CBCT) in treating posttraumatic stress disorder among couples where one partner is a law enforcement officer with PTSD. Further we test whether CBCT for PTSD can improve relationship functioning among these couples as well as reduce job-related burnout.

Role: Principal Investigator

UNDER REVIEW

National Institute Health

Submitted: 11/2021

Loan Repayment Program

Examining the effectiveness of couple-based and individual interventions for psychopathology in reducing symptom severity and improving relationship functioning.

IN PREPARATION

National Institute of Mental Health (Leifker) To be submitted: 2/2022
A Pilot Trial of Treating Relationships and Suicide Together (TR&ST) among Community Couples
This trial will examine the acceptability, feasibility, and preliminary effectiveness of a couple-based intervention that is currently being pilot tested among veteran couples in a community sample.

Role: Principal Investigator

NCI (Ellington/Reblin) To be submitted: 2/2022

PACES: Patient and Caregiver Exchanging Support

Role: Co-Leader of BHIDC Methods & Statistics Core

National Institute of Mental Health (May) To be submitted: 2/2022

Partner Supported Crisis Response Planning for Suicide Prevention

Role: Co-Leader of BHIDC Methods & Statistics Core

NHLBI (Uchino) To be submitted: 3/2022

Loving Kindness Mindfulness Intervention for Couples

Role: Co-Leader of BHIDC Methods & Statistics Core

NCI (Langer/Porter) To be submitted: 4/2022

Couple Communication in Cancer: A Multimethod Investigation

Role: Co-Leader of BHIDC Methods & Statistics Core

NHLBI (Baron/Troxel) To be submitted: 6/2022

We-PAP: A Couple-Based Intervention for Sleep Apnea

Role: Co-Leader of BHIDC Methods & Statistics Core

PREVIOUS

UPenn 576708 (Bryan) 3/1/2019-3/29/2020

University of Pennsylvania / Military Suicide Research Consortium \$484,662

Suicide risk and sleep in treatment: An intensive daily sampling study

The primary aim of this project is to examine the temporal relationship between sleep disturbance and suicidal ideation among treatment-seeking Marines with active suicidal ideation.

Role: Site Co-Investigator

Boeing Corporation (Bryan) 7/1/2018- 6/30/2021

Suicide and Trauma Reduction Initiative for Veterans \$3,000,000

The primary aim of this project is to provide training to 1,000 clinicians in the delivery of crisis response planning and to provide PTSD treatment to 200 veterans and service members.

Role: Co-Investigator

W81XWH-18-2-0022 (Bryan) 7/1/2018-6/30/2023

Brief Cognitive Behavioral Therapy (BCBT) Replication Trial \$4,918,546

The primary objective of this project is to test the efficacy of the brief cognitive behavioral therapy (BCBT) for the prevention of suicide attempts as compared to present centered therapy (PCT) among active duty military personnel.

Role: Co-Investigator

Bob Woodruff Foundation (Bryan/Leifker) 4/9/2018-6/30/2019
R&R program \$124,357
The primary objective of this project is to provide intensive, daily, cognitive processing therapy (CPT) to 36 veterans and service members.
Role: Co-Principal Investigator

W81XWH-15-1-0632 (Baucom) 9/30/2015-12/29/2020
U.S. Army Medical Research Acquisition Activity \$2,355,470
Technologies for assessing behavioral and cognitive markers of suicide risk
The primary aim of this project is to improve the predictability of suicide via the development of computer mediated risk assessment tools that can be used outside of health care settings by individuals other than health care providers, especially at-risk military personnel and their spouses.
Role: Post-doctoral fellow

UNFUNDED SUBMISSIONS

NIJ 13087449 (Rozek) 2/1/2021 – 1/31/2024
National Institute of Justice \$1,896,972
PTSD Treatment & Law Enforcement Officers and Partners after COVID-19
The primary aim of this project is to test two interventions for PTSD, individual cognitive processing therapy and conjoint cognitive behavioral therapy for PTSD to determine if they are effective in treating trauma symptoms among officers following COVID-19 and improve relationship functioning among officers and their partners.
Role: Site Principal Investigator

VPR/CSBS Seed grant (Leifker) 3/1/2021 – 2/28/2022
University of Utah \$20,531
Effectiveness of Cognitive Behavioral Conjoint Therapy among Law Enforcement Officers
The primary aim of this project is to test whether Cognitive Behavioral Conjoint Therapy reduces PTSD symptom severity and improves relationship functioning among officers and their partners. A secondary aim is to determine if improvements in relationship functioning result in long-term improvements in officers' functioning (greater resilience, less burnout, lower mental health symptoms).
Role: Principal Investigator

PT190104 (Leifker) 10/1/2020 – 9/30/2023
Congressionally Directed Medical Research Programs \$734,902
Distinguishing adjustment disorders from chronic behavioral health disorders after sexual assault and other military relevant stressors
Improve clinicians' accuracy in diagnosing adjustment disorders and determine risk and protective factors for adjustment disorders becoming a more chronic mental health condition.
Role: Principal Investigator

TEACHING

Courses Taught at University of Utah

Fall 2020-Sp 2022 Cognitive Behavioral Therapy Pre-Practicum – PSY 6960 & 6961
(Graduate course)

Fall 2021 Field Instructor; Internships and Field Experience – PSY 4890
(undergraduate course)

Sp 2021 Statistical Methods – PSY 3000
(undergraduate course)

Fall 2020, Sp 2021 Research Methods – PSY 3010
(undergraduate course)

Fall 2020 Science and Practice of Clinical Psychology – PSY 3320
(undergraduate course)

Fall 2017 Introduction to Quantitative Methods – PSY 5499/6499
(undergraduate honors and graduate course)

Courses Taught at Pennsylvania State University

Fall 2014, Sp 2015 Introduction to Well-being and Positive Psychology – PSYCH 243
(undergraduate class)

Sp 2014, Su 2014 Elementary Statistics in Psychology – PSYCH 200
(undergraduate class)

Su 2013 Health Psychology – PSYCH 441
(undergraduate class)

PROFESSIONAL ACTIVITIES

Ad hoc Journal Reviewing

Psychiatry Research

Assessment

Journal of Family Psychology

Journal of Aggression, Maltreatment, and Trauma

Journal of Affective Disorders

Journal of Traumatic Stress

Psychology of Violence

Journal of Clinical and Consulting Psychology

Psychology Department Service, University of Utah

2021 – Undergraduate Teaching Committee

Advising

TJ Sullivan, Senior Thesis, Pennsylvania State University

Kelsi Rugo, Informal PhD Advisor, University of Utah

Kent Hinkson, Informal PhD Advisor, University of Utah

Undergraduate Clinical Intern Advising

Amy Thomson, University of Utah

Angel Picos, University of Utah

Yessica Diaz, University of Utah
Mason Bancroft, University of Utah
Dahla Mixayboua, University of Utah
Tiffany Flores, University of Utah
Katerina Shilling, University of Utah

Clinical Supervision & Consultation (outside of supervision related to courses taught)

- 2021 - Behavioral Health Innovation and Dissemination Center supervises: Brittany Bullock, RN, MSN, PMH-C (DNP PMHNP candidate); Kristen Hoppe, RN, BSN (DNP PMHNP candidate)
- 2018 – 2020 National Center for Veterans Studies supervises: Erika Roberge, MS (PhD Candidate); Julia Harris, MS (PhD Candidate), Kelsi Rugo, MS (PhD Candidate); Kent Hinkson, MS (PhD candidate); William Russell, MSW (PhD Candidate); Malisa Brooks, MSW (PhD candidate); Lauren Khazem, PhD (postdoctoral fellow); David Shirley, PhD (postdoctoral fellow).
- 2019 National Center for Veterans Studies. Provided consultation to licensed clinicians and various other mental health professionals on crisis response plan for suicide use following their attendance to Crisis Response Plan workshops.

Professional Affiliations and Memberships

The International Society of Traumatic Stress Studies (ISTSS)
Association for Behavioral and Cognitive Therapies (ABCT)

INVITED TALKS & MEDIA APPEARANCES

The National Center for Veterans Studies R&R program. Invited talk given to the Salt Lake City Veteran’s Affairs Hospital 2017-2018 internship class (June 2018).

New U Clinic Addresses Gaps in Mental Health Needs. News interview, 2021. @theU: <https://attheu.utah.edu/facultystaff/new-u-clinic-addresses-gaps-in-mental-health-needs/>

Want to Get Vaccinated but Afraid of Needles? U Therapists Can Help. News interview, 2021. @theU: <https://attheu.utah.edu/uncategorized/want-to-get-vaccinated-but-afraid-of-needles-u-therapists-can-help/>

CLINICAL EXPERIENCE

- 2021 – **Clinical Supervisor & Co-director**
University of Utah
Behavioral Health Innovation and Dissemination Center
- 2017 – **Clinical Supervisor**
University of Utah
University Counseling Center
Cognitive Behavioral Therapy Pre-Practicum
- 2018 – 2020 **Director of Clinical Services**
University of Utah
National Center for Veterans Studies

2016 – 2018 **Postdoctoral Fellow**
University of Utah, Department of Psychology, Salt Lake City, UT
Couples Laboratory for Observational StudiEs (CLOSE) Lab & National
Center for Veterans Studies.

2015 – 2016 **Psychology Intern**
UCSD/San Diego VA Psychology Internship, San Diego, CA
Anxiety Disorders Clinic & Family Mental Health Program

2010 – 2015 **Graduate Student Clinician**
Pennsylvania State University, State College, PA
The Pennsylvania State University Psychological Clinic

ADVANCED TRAINING RECEIVED

Dynamical Systems Analysis by Brian Baucom, PhD and Jonathan Butner, PhD. June 17-21st 2019.
Salt Lake City, UT.

Brief Cognitive Behavioral Therapy for Suicide by Craig Bryan, PsyD. December 13-14 2018. Salt
Lake City, UT.

Cognitive Behavioral Conjoint Therapy for PTSD and Enhancing Relationships by Candice
Monson, C. Psych. October 25-26th 2018. Toronto, ON.

Crisis Response Planning for Suicide by Craig Bryan, PhD. October 27th 2017. Salt Lake City, UT.

Cognitive Processing Therapy for Individuals and Groups by Carolyn Allard, PhD, William Hunt,
PhD, & Carie Rodgers, PhD. October 14-16th 2015. San Diego, CA.