

1 BIOGRAPHICAL SKETCH

NAME	POSITION TITLE		
James F. Alexander	Professor of Psychology		
EDUCATION (<i>Begin with baccalaureate or other professional education, such as nursing, and include postdoctoral training.</i>)			
	YEAR		
INSTITUTION AND LOCATION	DEGREE	CONFERRED	FIELD OF STUDY
Duke University	B.A.	1962	Psychology
California State University, Long Beach	M.A.	1964	Psychology
Michigan State University	Ph.D.	1967	Psychology (Clinical)

RESEARCH AND PROFESSIONAL EXPERIENCE:

A. Positions and Honors .

POSITIONS AND EMPLOYMENT:

1968-1973 University of Utah: Assistant Professor
1973-1978 University of Utah: Associate Professor (tenure)
1978-present University of Utah: Professor (1974-1983 Director of Clinical Training)

OTHER EXPERIENCE and PROFESSIONAL MEMBERSHIPS

1992-1995 Senior Consulting Editor, *The Family Psychologist*,
1975-present Past or present Editorial Board member for 7 major family-related journals.
1989 Past President, Division 43, APA & Co-chair, Committee on Division-APA Relations
Past Treasurer & Board Member, AFTA
Past and Present Consultant with numerous NIMH, NIDA, CDC, CSAP, State and County Juvenile Justice and Mental Health programs dealing with high-risk youth
Over 300 national & international clinical training workshops

HONORS

*Distinguished Contributions to Family Therapy Research, AFTA (1986)
*Master Therapist & "Learning Edge" presenter, AAMFT (1988, 1994)
*Approved Supervisor, AAMFT (1990 - present)
*Family Psychologist Of The Year, Division 43 of the APA (1994)
*Fellow, Divisions 12 & 43, APA
*Good Housekeeping List of Top U.S. Mental Health Experts (1994)
*Superior Teaching Award, University of Utah College of Social & Behavioral Science (1986)
*APA Div 43 Presidential Citation/Lifetime Contributions to Family Therapy Research (1996)
**"Scientist Exemplar" Award, 1999 AAMFT Research Conference, Chicago
**"Superior Research Award", College of Social and Behavioral Science, University of Utah, 2001
* Faculty Fellow Award, University Research Committee 2002-2003
*Distinguished Contribution to Family Psychology Award from APA, Division 43 – July 29th, 2004.

B. SELECTED PUBLICATIONS

Alexander, J. F., & Parsons, B. V. (1973). Short term behavioral intervention with delinquent families: Impact on family process and recidivism. *Journal of Abnormal Psychology*, 81(3), 219-225.
Alexander, J. F., Barton, C., Schiavo, R. S., & Parsons, B. V. (1976). Behavioral intervention with families of delinquents: Therapist characteristics and outcome. *Journal of Consulting and Clinical Psychology*, 44(4), 656-664.
Barton, C., Alexander, J. F., & Sanders, J. D. (1985). Research in family therapy. In L. L'Abate (Ed.), *The handbook of family psychology and therapy*. Homewood, IL: The Dorsey Press.
Barton, C., Alexander, J. F., Waldron, H., Turner, C. W., & Warburton, J. (1985). Generalizing treatment effects of Functional Family Therapy: Three replications. *American Journal of Family Therapy*, 13(3), 16-26.
Alexander, J. F., Waldron, H. B., Barton, C., & Mas, C. H. (1989). Minimizing blaming attributions and behaviors in delinquent families. Special series on marital and family disorders in *Journal of Consulting and Clinical Psychology*. 57(1), 19-24.
Newberry, A. M., Alexander, J. F., & Turner, C. W. (1991). Gender as a process variable in family therapy. *Journal of Family Psychology*, 5(2), 158-175.
Morris, S. M., Alexander, J. F., & Turner, C. W. (1991). Do reattributions reduce blame? *Journal of Family Psychology*, 5(2), 192-203.

Principal Investigator/ Alexander, J. F., Ph.D.

Alexander, J.F., (1992). An integrative model for treating the adolescent who is delinquent/acting-out. In W. Snyder & T. Ooms (Ed.), *Empowering families, helping adolescents: family-centered treatment of adolescents with alcohol, drug abuse, and mental health problems*. Rockville, MD: U.S. Department of Health and Human Services.

Alexander, J.F., Holtzworth-Munroe, A., & Jameson, P. B., (1993). Research on the process and outcome of marriage and family therapy. In A.E. Bergin & S.L. Garfield (Eds.), *Handbook of psychotherapy and behavior change*, 4th Edition, New York: John Wiley & Sons.

Waldron, H. B., Turner, C. W., Alexander, J. F., & Barton, C. (1994). Coding defensive and supportive communications: Discriminant validity and sub-category convergence. *Journal of Family Psychology*, 7, 197-203.

Alexander, J.F., & Barton, C. (1995). Family therapy research. In R.H. Mikesell, D.D. Lusteran, & S. McDaniel (Eds.), *Integrating Family Therapy: Handbook of Family Psychology and Systems Therapy*. Washington DC: American Psychological Association.

Alexander, J.F., Newell, R.M., Robbins, M.R., & Turner, C.W. (1995). Observational coding in family therapy process research. [Invited special feature article] *Journal of Family Psychology*, 9, 4, 355-365.

Robbins, M.R., Alexander, J. F., Turner, C.W., & Newell, R.M. (1996). Effects of reframes on adolescent negativity in family therapy. [Invited, special section] *Journal of Family Psychology*, 10,1, 28-34.

Alexander, J.F., & Pugh, C. (1996). Adolescent oppositional and conduct disorders. In F. Kaslow (Ed.), *Handbook of Relational Diagnosis*. New York: Wiley.

Wilson, C. A., Alexander, J. A., & Turner, C. W. (1996). Family therapy process and outcome research: Relationship to treatment ethics. *Ethics & Behavior* 6(4), 345-352.

Alexander, J. F., Robbins, M.S., & Sexton, T.L., (2000). Family Therapy with Older, Indicated Youth. In K. Kumpfer (Ed.), *Center for Substance Abuse Prevention Science Symposium: Bridging the Gap Between Research and Practice*. Washington D.C.

Alexander, J. F., Robbins, M. S., & Sexton, T. L. (2000). Family-based interventions with older, at-risk youth: From promise to proof to practice *The Journal of Primary Prevention*, 21(2) 185-205.

Robbins, M. S., Alexander, J. F., & Turner, C. W. (2000) Disrupting Defensive Family Interactions in Family Therapy with Delinquent Adolescents, *Journal of Family Psychology* (14,4, 688-701).

Alexander, J. F., Pugh, C., Parsons, B. V., & Sexton, T. L. (2000). *Functional Family Therapy*. (2nd Edition.) In D. S. Elliott (Series Ed.), *Blueprints for Violence Prevention* (Book 3). Boulder, CO: Center for the Study and Prevention of Violence, Institute of Behavioral Science, University of Colorado.

Sexton, T. L. & Alexander, J. F. (Dec. 2000). Functional Family Therapy (FFT), U. S. Department of Justice, Office of Juvenile Justice and Delinquency Prevention, *Juvenile Justice Bulletin* (p1-8).

Alexander, J. F., Sexton, T. L., & Robbins, M. (2002). The Developmental Status of Family Therapy in Family Psychology Intervention Science. In H. Liddle, D. Santisteban, R. Levant, & J. Bray (Eds.) *Family Psychology Science-Based Interventions*. Washington DC: APA.

Sexton, T. L., & Alexander, J. F. (March 2002). FBEST: Family-based Empirically Supported Treatment Interventions, *The Counseling Psychologist* 30(2), 238-261.

Robbins, M. S., Turner, C. W., Alexander, J. F., & Perez, G. A. (2003). Alliance and dropout in family therapy with drug using adolescents: Individual and systemic effects. *Journal of Family Psychology*.

Sexton, T. L., Alexander, J. F. (2003). Functional Family Therapy: A mature clinical model for working with at-risk adolescents and their families. In T. L. Sexton, G. R. Weeks, & M. S. Robbins (Eds.), *Handbook of Family Therapy* (pp. 323-348). New York: Brunner-Routledge.

Sexton, T. L., Alexander, J. F., & Mease, A. L. (2004). Levels of evidence for the models and mechanism of therapeutic change in family and couple therapy. In M. Lambert, (Ed.) *Handbook of Psychotherapy and Behavior Change*, (pp. 590-646), New York, NY: Wiley.

Alexander, J. F. (2005). Adolescent disruptive behavior disorders. In *Clinical Updates for Family Therapists: Research and Treatment Approaches for Issues Affecting Today's Families*. Alexandria, VA: American Association for Marriage and Family Therapy.

C. Research Support

Completed Research Support

EPI 02-003 Liddle (PI)

NIDA 03/01/02-02/28/03

Center for Treatment Research on Adolescent Drug Abuse 1 P50 DA 11328-05
Change Processes in Family Therapy with Drug Using Youth

The main goals of this study are to develop and extend the empirical base for understanding the common ingredients (core processes) of family therapy that predict dropout in family therapy with drug abusing youth.

EPI 01-004

NIDA 03/01/01 – 02/28/02

Center for Treatment Research on Adolescent Drug Abuse 5 P50 DA11328-03

NIDA 03/01/00 – 02/28/01

Center for Treatment Research on Adolescent Drug Abuse 5 P50 DA11328-03

Year 3 continuation see above

OTHER SUPPORT

ALEXANDER, J. F.

1 RO1 DA014850-01A2 Alexander 4/1/04-3/31/07 4.0 person months

NIDA \$951,060

Mechanisms of Effective Family Change in High Risk Youth

1 U01 DA016201-01 Jainchill 9/30/03-4/30/08 2.4 person months

NIDA \$566,137

Models for Integrating Juvenile Justice Treatment

The National Criminal Justice Drug Abuse Treatment Research System (CJ-DATS) under RFA-DA-02-001 provides the opportunity to engage in collaborative, rigorously conducted, multi-site service delivery and evaluation research involving drug abusing offenders in the justice system. The stated goal of the CJ-DATS is to establish and utilize a research infrastructure to develop and test research-based systems level models that integrate public health and public safety approaches to criminal justice involved individuals with addictive disorders.

Annually for the last 20+ years he has conducted 20-40 conference presentations, addresses, workshops, and clinical trainings in Functional Family Therapy as an Evidenced Based Treatment.