

Robert D. Vlisides-Henry

Curriculum Vitae

University of Utah, Department of Psychology, 380 South 1530 East, Rm. 502
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robert.vlisidshenry@psych.utah.edu

EDUCATION

Ph.D. (expected 2023) Clinical Psychology
UNIVERSITY OF UTAH, Salt Lake City, UT

M.S. (expected 2019) Clinical Psychology
UNIVERSITY OF UTAH, Salt Lake City, UT

B.A. (2017) Psychology and Biology (*Magna Cum Laude*)
HOPE COLLEGE, Holland, MI

RESEARCH and CLINICAL INTERESTS

Developmental Psychopathology; Borderline Personality Disorder; Self-Injury; Suicidality; Temperament; Psychophysiology; Self-Regulation; Risk/Resilience; Dialectical Behavior Therapy; Child and Adolescent Clinical Assessment

HONORS

CLAYTON RESEARCH FELLOWSHIP, University of Utah (2018)

SIGMA XI, Hope College (2017)

PHI BETA KAPPA (2017)

PSI CHI REGIONAL RESEARCH AWARD, Midwestern Psychological Association (2017)

PSI CHI KAY WILSON OFFICER TEAM LEADERSHIP AWARD, Vice President (2016)

HOPE COLLEGE DEAN'S LIST, 7 semesters

PHAGE GENOMICS HONORS RESEARCH STUDENT, Howard Hughes Medical Inst. (2013–2014)

PRESIDENTIAL SCHOLARSHIP, Hope College (2013–2017)

GRANTS

2016	The impact of grit and self-consciousness on peripheral physiology <i>Primary Investigator</i>	Undergraduate Summer Research Grant, PSI CHI/CUR
2015	Embodying virtue: A review of the positive psychology and psychophysiology literature	Frost Center for Social Science Research, HOPE COLLEGE

PUBLICATIONS

- Witvliet, C. V. O., Root Luna, L. M., VanderStoep, J. V., **Vlisides-Henry, R. D.**, Gonzalez, T., & Griffin, G. D. (under review). OXTR rs53576 and gender predict trait gratitude through empathy. *Social Psychological and Personality Science*.
- Pope, W. H., Bowman, C. A., Russell, D. A., Jacobs-Sera, D., Asai, D. J., Cresawn, S G., ... & Hatfull, G. F. (2015). Whole genome comparison of a large collection of mycobacteriophages reveals a continuum of phage genetic diversity. *eLife*, 4, e06416.
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PUBLICATIONS in PREPARATION

- Vlisides-Henry, R. D.** & Root Luna, L. M. Grit, self-consciousness, and psychophysiology. *Journal of Research in Personality*.
- Crowell, S. E., **Vlisides-Henry, R. D.**, & Kaliush, P. R. Emotion generation and emotion regulation as multilevel transdiagnostic constructs.
- Crowell, S. E., Kaliush, P. R., & **Vlisides-Henry, R. D.** Assessment of mechanisms in personality disorders. In Lejuez, C. W. & Gratz, K. L. (Eds.) *Handbook of Personality Disorders* (pp. xx-xx). Cambridge (England): Cambridge University Press.
- Root Luna, L. M., **Vlisides-Henry, R. D.**, & Witvliet, C. V. O. Embodying virtue and psychophysiology review. *Psychological Bulletin*.
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POSTER and PAPER PRESENTATIONS

- Henry, R. D.** & Root Luna, L. M. (July, 2017). *Reflecting on grit: The physiological markers of self-consciousness and a gritty personality*. Poster presented at the Fifth World Congress on Positive Psychology, Montréal, Québec, Canada.
- Henry, R. D.**, Gonzalez, T., Moffat, S., Miller, M., Perkins, E., Johnson, E., Witvliet, C. V. O., Griffin, G., Root Luna, L. M., VanderStoep, J. (April, 2017). *Genetics, gender, and gratitude*. Poster presented at the Hope College Celebration of Undergraduate Research and Creative Performance, Holland, MI.
- Pikaart, K., Cinader, M., Gonzalez, T., Greene, K., **Henry, R. D.**, Moffat, S., Nyugen, A., Zhang, T., Griffin, G. (April, 2017). *Investigating the influence of oxytocin receptor genotype on receptor sensitivity – an in vitro study*. Poster presented at the Hope College Celebration of Undergraduate Research and Creative Performance, Holland, MI.
- Bernal, N. J., Collins, J., Van Eyl, A., Loker, R., **Henry, R. D.**, Root Luna, L. M., Giannini, H., & Witvliet, C. V. O. (April, 2017). *Flourishing and the unity of virtues*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Gonzalez, T., Johnson, E., Moffat, S., **Henry, R. D.**, Perkins, E., Miller, M., Werkema, C., Griffin, G., Witvliet, C. V. O., & Root Luna, L. M. (April, 2017) *Genotypic variations of the oxytocin receptor influence forgiveness traits*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Henry, R. D., Perkins, E., Miller, M., Moffat, S., Werkema, C., Witvliet, C. V. O., Root Luna, L. M., & Griffin, G. (April, 2017). *Flourishing after an offense: How compassion and benefit-finding work together to promote forgiveness and well-being*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Henry, R. D., & Root Luna, L. M. (April, 2017). *Does grit crack under pressure? Trait grit, primed self-awareness, and the influence on physiology*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
****Psi Chi Regional Research Award Winner****

Werkema, C., Miller, M., Perkins, E., **Henry, R. D.**, Moffat, S., Witvliet, C. V. O., Griffin, G., & Root Luna, L. M. (April, 2017). *If the person who offended you walked into the room right now, what would you do?* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Henry, R. D., & Root Luna, L. M. (January, 2017). *Don't look at me! The impact of grit and self-consciousness on peripheral physiology*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Antonio, TX.

Henry, R. D., Bernal, N. J., Richie, F., Snyder, A., Root Luna, L. M., & Witvliet, C. V. O. (May, 2016). *Adaptive regulation strategies in response to transgression rumination: Analysis of written responses following acceptance or reappraisal training*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Snyder, A., Richie, F., **Henry, R. D.**, Bernal, N. J., Root Luna, L. M., & Witvliet, C. V. O. (May, 2016). *Coping with an interpersonal transgression: The impact of brief reappraisal, acceptance, and rumination inductions on forgiveness and short-term emotions*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Black, A., Gonzalez, T., **Henry, R. D.**, Milad, M., Miller, M., Moffat, S., Perkins, E., Ryan, M., Werkema, C., Witvliet, C. V. O., Griffin, G., & Root Luna, L. M. (April, 2016). *Oxytocin receptor gene variation and forgiveness: A study of traits and states*. Poster presented at the Hope College Celebration of Undergraduate Research and Creative Performance, Hope College, Holland, MI.

Henry, R. D., Root Luna, L. M., & Witvliet, C. V. O. (April, 2016). *Embodied virtues: A review of peripheral physiological associations with human strengths*. Poster presented at the Hope College Celebration of Undergraduate Research and Creative Performance, Hope College, Holland, MI.

Henry, R. D., Root Luna, L. M., & Witvliet, C. V. O. (September, 2015). *Embodied virtues and peripheral psychophysiology: A review of the physiological correlates of human strengths and virtues*. Poster presented at the Arts and Humanities and Social Sciences Summer Collaborative Showcase, Hope College, Holland, MI.

Root Luna, L. M., & **Henry, R. D.** (June, 2015). *Virtues and psychophysiology: What do we know?* Poster presented at Hope College Research Day for Prospective Students, Hope College, Holland, MI.

Alexander, C., DeGlopper, K., Dorn, S., Ensink, E., Gager, C., **Henry, R. D.,** ... & Stukey, J. (April, 2014). *Isolation of 32 mycobacteriophages and genomic analysis of the novel mycobacteriophage, roscoe*. Poster presented at the Hope College Celebration of Undergraduate Research and Creative Performance, Hope College, Holland, MI.

ACADEMIC TALKS

Henry, R. D. (April, 2017). In Melissa T. Buelow (Chair), *Awards, grants, and leadership: How to increase your involvement with psi chi*. Psi Chi symposium conducted at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Black, A., **Henry, R. D.,** Milad, M., Miller, M., Moffat, S., Perkins, E., Ryan, M., Werkema, C., & Witvliet, C. V. O. (April, 2016). *Forgiveness: A study of strategies and genetics*. Talk given at PSY 390 Department Colloquium, Hope College, Holland, MI

TALKS PRESENTED to NONACADEMIC AUDIENCES

Henry, R. D. (Featured Guest) & Martin, R. C. (Host). (April, 2017). Episode 38: LIVE from the 2017 midwestern psychological association conference. [Audio podcast]. In University of Wisconsin–Green Bay Psychology Department (Producer), *Psychology and stuff*. Retrieved from blog.uwgb.edu/uwgbpsych/episode38/.

Henry, R. D. (June, 2016). *How grit and self-consciousness influence physiology*. Talk given at the annual Research Day for Prospective Students, Hope College, Holland, MI.

LICENSURES and CERTIFICATIONS

CITI Certification,
BIOMEDICAL RESPONSIBLE CONDUCT OF RESEARCH COURSE

CITI Certification,
SOCIAL/BEHAVIORAL RESEARCH COURSE

CITI Certification,
GOOD CLINICAL PRACTICE COURSE

CLINICAL EXPERIENCES

04/16 – 08/16	Undergraduate Intern, <i>120 on-site hours</i>	PINE REST CHRISTIAN MENTAL HEALTH SERVICES
01/15 – 08/15	Volunteer <i>60 on-site hours</i>	HOLLAND FREE HEALTH CLINIC

TEACHING EXPERIENCES

08/17 – Present	Graduate Teaching Assistant, <i>General Psychology</i>	Department of Psychology, UNIVERSITY OF UTAH
08/16 – 12/16	Undergraduate Teaching Assistant, <i>Behavior Disorders</i>	Department of Psychology, HOPE COLLEGE
01/16 – 5/17	Writing Fellow, <i>Behavior Disorders</i>	Department of Psychology & Academic Writing Center, HOPE COLLEGE
09/15 – 05/17	Tutor, <i>Introduction to Statistics</i>	Academic Success Center, HOPE COLLEGE

SERVICE

Undergraduate Service at Hope College

2015 – 2016 Psychology Club and Psi Chi Chapter President

2014 – 2015 Psychology Club and Psi Chi Chapter Vice President

PROFESSIONAL AFFILIATIONS

American Psychological Association
Association for Psychological Science
Psi Chi National Honors Society
TriBeta National Honors Society
Phi Beta Kappa