

# KATHERINE J.W. BAUCOM, PH.D.

## Curriculum Vitae

Department of Psychology  
University of Utah  
380 South 1530 East  
BEHS 502  
Salt Lake City, UT 84112  
(801) 587-7222

[katherine.baucom@psych.utah.edu](mailto:katherine.baucom@psych.utah.edu)

## EDUCATION

- |                             |   |
|-----------------------------|---|
| <b>Ph.D.</b><br>Spring 2012 | <b>University of California, Los Angeles</b><br>Clinical Psychology (Measurement Minor) |
| <b>M.A.</b><br>Fall 2006    | <b>University of California, Los Angeles</b><br>Clinical Psychology (Measurement Minor) |
| <b>B.A.</b><br>Spring 2005  | <b>New College of Florida, Sarasota, FL</b><br>Psychology                               |

## LICENSURE

- |                |   |
|----------------|---|
| 2012 – present | Utah Licensed Psychologist (# 8385115-2501)                             |
| 2022 – present | Authority to Provide Interjurisdictional Telepsychology (APIT), PSYPACT |

## PROFESSIONAL APPOINTMENTS

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|----------------|--|
| 2020 – present | Assistant Professor, University of Utah Department of Psychology                   |
| 2018 – 2021    | Adjunct Instructor, NYU Family Translational Research Group                        |
| 2017 – 2020    | Research Assistant Professor, University of Utah Department of Psychology          |
| 2017 – 2018    | Assistant Research Scientist, NYU Family Translational Research Group              |
| 2012 – 2017    | Staff Associate, University of Utah Counseling Center                              |
| 2012 – 2016    | Assistant Professor (Clinical), University of Utah Department of Psychology        |
| 2011 – 2012    | Psychology Intern, University of California, San Diego/San Diego VA                |
| 2011 – 2012    | Research Associate, San Diego VA   |
| 2009 – 2012    | Research Associate, LA Biomedical Research Institute at Harbor-UCLA Medical Center |
| 2006 – 2011    | Teaching Assistant, UCLA Department of Psychology                                  |
| 2005 – 2006    | Graduate Student Researcher, UCLA Department of Psychology                         |

## AWARDS & HONORS

- |             |  |
|-------------|--|
| 2019        | Faculty Recognition Award, University of Utah Career & Professional Development Center                   |
| 2018-2020   | NIH Clinical Research Loan Repayment Program, NIDDK  |
| 2016-2017   | Vice President's Clinical and Translational Research Scholar, University of Utah                         |
| 2015-2017   | NIH Clinical Research Loan Repayment Program, NIDDK  |
| 2011        | Virginia Roswell Dissertation Award, ABCT (\$1,000)  |
| 2010        | Tamar Diana Wilson Grant, UCLA Institute of American Cultures' Chicano Studies Research Center (\$5,000) |
| 2010        | Randy Gerson Memorial Grant, American Psychological Foundation (\$6,000)                                 |
| 2006 – 2008 | Summer Research Mentorship Awards, UCLA Graduate Division  |
| 2006        | Steve Duck New Scholar Award, International Association for Relationship Research                        |

**RESEARCH SUPPORT****CURRENT**

- 5/1/22-2/29/24      Administrative Supplement to K23, Research on the Health of Women of Understudied, Underrepresented and Underreported Populations  
NIDDK/ORWH (\$153,200)  
Role: PI
- 5/1/22-2/29/24      Administrative Supplement to K23, Extensions for Early Career Scientists Whose Career Trajectories Have Been Significantly Impacted by COVID-19  
NIDDK/OD (\$145,062)  
Role: PI
- 7/1/22 – 6/30/25      *Family-Based Lifestyle Intervention to Prevent Diabetes in Hispanic/Latino Communities in Utah*  
American Diabetes Association, 7-22-ICTSN-36  
Innovative Clinical or Translational Science Award (\$600,000)  
Role: PI
- 2021-2022              *Qualitative Feedback, Adaptation, and Acceptability Evaluation of a Dyadic Positive Psychology Intervention for Patients following Bariatric Surgery*  
Faculty Pilot Grant (\$9,966)  
Consortium for Families and Health Research, University of Utah  
Role: Co-I  
PI: Larissa McGarrity, Ph.D.
- 2021-2022              *Leveraging the Family for Interventions to Promote Lifelong Health and Management of Illness Across the Life Span*  
Faculty Innovations Grant  
Consortium for Families and Health Research, University of Utah  
Role: Co-I  
PI: Cynthia Berg, Ph.D. & Brian Baucom, Ph.D.
- 3/1/21 – 2/28/23      *Implementation of the National Diabetes Prevention Program Delivered to Hispanic/Latinx Americans*  
Funding Incentive Seed Grant (\$25,290)  
Utah Research Foundation, University of Utah  
Role: PI
- 2018-2023              *Couple-Based Lifestyle Intervention to Prevent Type 2 Diabetes*  
K23, NIDDK (\$899,723)  
Role: PI (K23DK115820)  
Mentors: Timothy Smith, Ph.D., Lauren Clark, Ph.D., Debra Simmons, M.D.

**COMPLETED**

- 2/15/21 – 2/14/22      *Understanding Implementation of the CDC NDPP Delivered to Hispanic/Latinx Americans*  
Seed Grant (\$15,000)  
University of Utah Health Driving Out Diabetes, a Larry H. Miller Family Wellness Initiative  
Role: PI
- 2016 – 2017              *Couple Therapy as an Adjunct to Medical Treatment in Relationally Distressed Individuals with Metabolic Syndrome and Their Partners*  
Funding Incentive Seed Grant (\$24,805)  
Utah Research Foundation, University of Utah  
Role: PI

- 2015-2017 *Couple Therapy as an Adjunct to Medical Treatment in Relationally Distressed Individuals with Metabolic Syndrome and Their Partners*  
Faculty Pilot Grant (\$10,000)  
Consortium for Families and Health Research, University of Utah  
Role: PI
- 2014 – 2017 *Self-Regulation and Collaborative Coping with Type 1 Diabetes over the Life Span*  
DP3, NIDDK (\$3,874,558 for 2014-2019)  
Role: Co-Investigator (11.1% effort)  
PIs: Cynthia Berg, Ph.D., Vicki Helgeson, Ph.D.
- 2015-2016 *Incorporating Patient-Partner Dyads in a Healthy Lifestyle Program Following Total Knee Arthroplasty: A Pilot Assessment of Feasibility and Preliminary Effects*  
Faculty Pilot Grant (\$9,600)  
Consortium for Families and Health Research, University of Utah  
Role: Co-Investigator  
PI: Paul LaStayo, Ph.D., PT
- 2013 *Prevention of Relationship Distress at the Transition to Parenthood*  
LEGO Foundation Grant  
Role: Statistical Consultant  
PI: Tea Trillingsgaard, Ph.D. (Aarhus University, Denmark)
- 2009-2012 *Prevention of Relationship Distress in Low-Income Couples Transitioning to Parenthood*  
F31, NICHD (\$91,683)  
Role: PI, Katherine Williams [Baucom] (F31HD062168)  
Faculty sponsors: Andrew Christensen, Ph.D., Astrid Reina, Ph.D.
- 2005-2006 *Acceptance and Change in Couple Therapy*  
R01, NIMH  
Role: Graduate Student Researcher  
PIs: Andrew Christensen, Ph.D. (R01MH56223), Neil Jacobson, Ph.D. (R01MH56165)

## PUBLICATIONS

### Peer-reviewed journal articles

42. Heyman, R.E., Slep, A.M.S., Giresi, J., & **Baucom, K.J.W.** (in press). Revisiting “ill will versus poor skill”: Dissatisfaction, partner violence, and observed “communication skills deficits”. *Family Process*. <https://doi.org/10.1111/famp.12834>
41. **Baucom, K.J.W.**, \*Bauman, T., Nemirovsky, Y., \*Gutierrez Chavez, M., Aguirre, M.C., Ramos, C., Asnaani, A., Gutner, C.A., Ritchie, N.D., Shah, M., & Clark, L. (2022). Promises and pitfalls of dyads in the National Diabetes Prevention Program: Lifestyle coach perspectives. *American Journal of Health Promotion, 36*(7), 1204-1207. <https://doi.org/10.1177/08901171221088580>
40. **Baucom, K.J.W.**, \*Bauman, T., \*Gutierrez Chavez, M., Nemirovsky, Y., Aguirre, M.C., Ramos, C., Asnaani, A., Gutner, C.A., Ritchie, N.D., & Shah, M. (2022). Barriers to participation and lifestyle change among lower versus higher income participants in the National Diabetes Prevention Program: Lifestyle coach perspectives. *Translational Behavioral Medicine, 12*(8), 860-869. <https://doi.org/10.1093/tbm/ibac032>
39. Gutierrez Chavez, M., Kaur, K., **Baucom, K.J.W.**, Sanchez-Birkhead, A., Sunada, G., Mukundente, V., Tavake-Pasi, F., Napia, E., Villalta, J., Asnaani, A. (2022). Developing equitable interventions for ethnically diverse populations: Mental health and co-occurring physical symptoms in the context of the COVID-19 pandemic. *Translational Behavioral Medicine, 12*(9), 919-926. <https://doi.org/10.1093/tbm/ibac033>

38. Heyman, R.E., Slep, A.M.S., Giresi, J., & **Baucom, K.J.W.** (2022). Couples conflict behavior: Disentangling associations with relationship dissatisfaction and intimate partner violence. *Journal of Family Issues*. Online first ahead of print. <https://doi.org/10.1177/0192513X221123787>
37. Adamo, C., Leo, K., Hogan, J.N., Crenshaw, A.O., **Baucom, K.J.W.**, & Baucom, B.R.W. (2021). Negative partner attributions moderate the association between heart rate reactivity during relationship conflict and relationship satisfaction. *Family Process*, 60(3), 823-835. <https://doi.org/10.1111/famp.12609>
36. **Baucom, K.J.W.**, Pershing, M.L., Dwenger, K.M., Karasawa, M., Cohan, J.N., & Ozanne, E.M. (2021). Barriers and facilitators to enrollment and retention in the National Diabetes Prevention Program: Perspectives of women and clinicians within a health system. *Women's Health Reports*, 2(1), 133-141. <https://doi.org/10.1089/whr.2020.0102>
35. Crenshaw, A.O., Leo, K., Christensen, A., Hogan, J.N., **Baucom, K.J.W.**, & Baucom, B.R.W. (2021). Relative importance of conflict topics for within-couple tests: The case of demand/withdraw interaction. *Journal of Family Psychology*, 35(3), 377-387. <https://doi.org/10.1037/fam0000782>
34. Heyman, R.E., **Baucom, K.J.W.**, Xu, S., Slep, A.M.S., Snarr, J.D., Foran, H.M., Lorber, M.F., Wojda, A.K. & Linkh, D.J. (2021). High sensitivity and specificity screening for clinically significant intimate partner violence. *Journal of Family Psychology*, 35(1), 80-91. <https://doi.org/10.1037/fam0000781>
33. Hogan, J.N., Crenshaw, A.O., **Baucom, K.J.W.**, Baucom, B.R.W. (2021). Time spent together in intimate relationships: Implications for relationship functioning. *Contemporary Family Therapy*, 43(3), 226-233. <https://doi.org/10.1007/s10591-020-09562-6>
32. Leo, K., Crenshaw, A.O., Hogan, J.N., Bourne, S.V., **Baucom, K.J.W.**, & Baucom, B.R.W. (2021). A replication and extension of the interpersonal model of demand/withdraw behavior: Incorporating subjective emotional experience. *Journal of Family Psychology*, 35(4), 534-545. <https://doi.org/10.1037/fam0000802>
31. \*Aguirre, M.C., Brown, H., Gershenoff, D., Hinton, K.L., \*Huntzinger, O.M., Klein, N., Ramos, C., Tavake-Pasi, O.F., Witte, B., Wolfsfeld, M., Sher, T., Simmons, D., Smith, T.W., Clark, L., & **Baucom, K.J.W.** (2020). The role of advocacy in adapting the Diabetes Prevention Program for couple-based delivery that reaches marginalized groups. *the Behavior Therapist*, 43(7), 261-265.
30. **Baucom, K.J.W.**, Giresi, J., Heyman, R. E., & Smith Slep, A. M. (2020). Associations between self-rated physical health and relationship satisfaction in couples with children. *Health Psychology Open*, 7(2). <https://doi.org/10.1177/2055102920959527>
29. Bulling, L.J., **Baucom, K.J.W.**, Lorber, M.F., Heyman, R.E., Slep, A.M.S., & Mitnick, D.M. (2020). Predicting program retention in a flexibly-delivered relationship education program for low-income, unmarried parents. *Journal of Family Social Work*, 23(3), 234-256. <https://doi.org/10.1080/10522158.2019.1681337>
28. Deits-Lebehn, C., **Baucom, K.J.W.**, Crenshaw, A.O., Smith, T.W., & Baucom, B.R. (2020). Incorporating physiology into the study of psychotherapy process. *Journal of Counseling Psychology*, 67(4), 488-499. <https://doi.org/10.1037/cou0000391>
27. Heyman, R.E., **Baucom, K.J.W.**, Giresi, J., Isaac, L.J., & Slep, A.M.S. (2020). Patient experience and expression of unpleasant emotions during healthcare encounters. *Journal of Patient Experience*, 7, 969-972. <https://doi.org/10.1177/2374373520978869>
26. Heyman, R.E., **Baucom, K.J.W.**, Slep, A.M.S., Mitnick, D.M., & Halford, W.K. (2020). An uncontrolled trial of flexibly delivered relationship education with low-income, unmarried perinatal couples. *Family Relations*, 69(4), 849-864. <https://doi.org/10.1111/fare.12431>
25. Heyman, R.E., Snarr, J. D., Slep, A.M.S., **Baucom, K.J.W.**, & Linkh, D. J. (2020). Self-reporting DSM-5/ICD-11 clinically significant intimate partner violence and child abuse: Convergent and response process validity. *Journal of Family Psychology*, 34(1) 101-111. <https://doi.org/10.1037/fam0000560>
24. †Ritchie, N., †**Baucom, K.J.W.**, & Sauder, K.A. (2020). Benefits of participating with a partner in the National Diabetes Prevention Program. *Diabetes Care*, 43(2), e20-e21. <https://doi.org/10.2337/dc19-1489>

†equal contributions

23. Ritchie, N.D., **Baucom, K.J.W.**, & Sauder, K.A. (2020). Current perspectives on the impact of the National Diabetes Prevention Program: Building on successes and overcoming challenges. *Diabetes, Metabolic Syndrome & Obesity: Targets & Therapy*, 13, 2949-2957. <https://doi.org/10.2147/DMSO.S218334>
22. Slep, A.M.S., Heyman, R.E., Lorber, M.F., **Baucom, K.J.W.**, & Linkh, D.J. (2020). Evaluating the effectiveness of NORTH STAR: A community-based framework to reduce secretive adult problems. *Prevention Science*, 21, 949-959. <https://doi.org/10.1007/s1121-020-01156-w>
21. **Baucom, K.J.W.**, & Ritchie, N.D. (2019). Including partners in the National Diabetes Prevention Program: Rationale and practical considerations. *American Association of Diabetes Educators in Practice*, 7(6), 46-47. <https://doi.org/10.1177/2325160319877569>
20. Heyman, R.E., **Baucom, K.J.W.**, Slep, A.M.S., Mitnick, D.M., & Lorber, M.F. (2019). A research program testing the effectiveness of a preventive intervention program for couples with a newborn. *Family Process*, 58(3), 669-684. <https://doi.org/10.1111/famp.12428>
19. Heyman, R.E., Slep, A.M.S., Lorber, M.F., Mitnick, D.M., Xu, S., **Baucom, K.J.W.**, Halford, W. K., & Niolon, P. (2019). A randomized, controlled trial of the impact of the Couple CARE for Parents of Newborns program on the prevention of intimate partner violence and relationship problems. *Prevention Science*, 20, 620-631. <https://doi.org/10.1007/s1121-018-0961-y>
18. Tracy, E.L., Berg, C.A., **Baucom, K.J.W.**, Turner, S., Kelly, C.S, Van Vleet, M., Butner, J., & Helgeson, V.S. (2019). Daily sleep quality and daily stressors in couples coping with type 1 diabetes. *Health Psychology*, 38(1), 75-83. <https://doi.org/10.1037/hea0000690>
17. Baucom, B.R.W., **Baucom, K.J.W.**, Hogan, J.N., Crenshaw, A.O., Bourne, S.E., Crowell, S., Georgiou, P.G., & Goodwin, M. (2018). Cardiovascular reactivity to marital conflict in laboratory and naturalistic settings. *Family Process*, 57(3), 662-678. <https://doi.org/10.1111/famp.12353>
16. **Baucom, K.J.W.**, \*Chen, X.S., \*Perry, N., \*Revolorio, K.Y., Reina, A., & Christensen, A. (2018). Recruitment and retention of low-SES ethnic minority couples in intervention research at the transition to parenthood. *Family Process*, 57(2), 308-323. <https://doi.org/10.1111/famp.12287>
15. **Baucom, K.J.W.**, Turner, S.L., Tracy, E.L., Berg, C.A., & Wiebe, D.J. (2018). Depressive symptoms and diabetes management from late adolescence to emerging adulthood. *Health Psychology*, 37(8), 716-724. <https://doi.org/10.1037/hea0000645>
14. Baucom, B.R.W., Leo, K., Adamo, C., Georgiou, P., & **Baucom, K.J.W.** (2017). Conceptual and statistical issues in couples observational research: Rationale and methods for design decisions. *Journal of Family Psychology*, 31(8), 972-982. <https://doi.org/10.1037/fam0000370>
13. Butner, J.E., Deits-Lebehn, C., Crenshaw, A.O., Wiltshire, T.J., Perry, N.S., Kent de Grey, R.G., Hogan, J.N., Smith, T.W., **Baucom, K.J.W.**, & Baucom, B.R.W. (2017). A multivariate dynamic systems model for psychotherapy with more than one client. *Journal of Counseling Psychology*, 64(6), 616-625. <https://doi.org/10.1037/cou0000238>
12. Perry, N.S., **Baucom, K.J.W.**, Bourne, S., Butner, J., Crenshaw, A.O., Hogan, J.N., ... Baucom, B.R.W. (2017). Graphic methods for interpreting longitudinal dyadic patterns from Repeated-Measures Actor-Partner Interdependence Models. *Journal of Family Psychology*, 31(5), 592-603. <https://doi.org/10.1037/fam0000293>
11. \*Perry, N.S., \*Chaplo, S. D., & **Baucom, K.J.W.** (2017). The impact of cumulative minority stress on cognitive behavioral treatment with gender minority individuals: A case study and clinical recommendations. *Cognitive and Behavioral Practice*, 24(4), 472-483. <https://doi.org/10.1016/j.cbpra.2016.12.004>
10. Queen, T.L., **Baucom, K.J.W.**, Baker, A., Mello, D., Berg, C.A., & Wiebe, D. (2017). Neighborhood disorder predicts HbA1c in late adolescents with type 1 diabetes. *Social Science and Medicine*, 183, 126-129. <https://doi.org/10.1016/j.socscimed.2017.04.052>
9. Kliem, S., Weusthoff, S., Hahlweg, K., **Baucom, K.J.W.**, & Baucom, B. (2015). Predicting long-term risk for relationship dissolution using non-parametric conditional survival trees. *Journal of Family Psychology*, 29(6), 807-817. <https://doi.org/10.1037/fam0000134>
8. **Baucom, K.J.W.**, Queen, T.L., Wiebe, D.J., Turner, S.L., Wolfe, K.L., Godbey, E.I., Fortenberry, K.T., Mansfield, J.H., & Berg, C.A. (2015). Depressive symptoms, daily stress, and adherence in late

- adolescents with type 1 diabetes. *Health Psychology*, 34(5), 522-530.  
<https://doi.org/10.1037/hea0000219>
7. **Baucom, K.J.W.**, Baucom, B.R., & Christensen, A. (2015). Changes in dyadic communication during and after Integrative and Traditional Behavioral Couple Therapy. *Behaviour Research and Therapy*, 65, 18-28. <https://doi.org/10.1016/j.brat.2014.12.004>
  6. Trillingsgaard, T., **Baucom, K.J.W.**, & Heyman, R.E. (2014). Predictors of change in relationship satisfaction during the transition to parenthood. *Family Relations*, 63(5), 667-679.  
<https://doi.org/10.1111/fare.12089>
  5. \*Kaufman, E.A., & **Baucom, K.J.W.** (2014). Treating comorbid social anxiety and major depression: The challenge of diagnostic overshadowing. *Clinical Case Studies*, 13(3), 265-281.  
<https://doi.org/10.1177/1534650113508220>
  4. **Baucom, K.J.W.**, Baucom, B.R., & Christensen, A. (2012). Do the naïve know best? The predictive power of naïve ratings of couple interactions. *Psychological Assessment*, 24(4), 983-994.  
<https://doi.org/10.1037/a0028680>
  3. Trillingsgaard, T., **Baucom, K.J.W.**, Heyman, R.E., & Elklit, A. (2012). Relationship interventions at the transition to parenthood: Issues of timing and efficacy. *Family Relations*, 61(5), 770-783.  
<https://doi.org/10.1111/j.1741-3729.2012.00730.x>
  2. **Baucom, K.J.W.**, Sevier, M., Eldridge, K.A., Doss, B.D., & Christensen, A. (2011). Observed communication in couples two years after Integrative and Traditional Behavioral Couple Therapy: Outcome and link with five-year follow-up. *Journal of Consulting and Clinical Psychology*, 79(5), 565-576. <https://doi.org/10.1037/a0025121>
  1. **Williams-Baucom, K.J.**, Atkins, D.C., Sevier, M., Eldridge, K.A., & Christensen, A. (2010). "You" and "I" need to talk about "us:" Linguistic patterns in couple interactions. *Personal Relationships*, 17(1), 41-56.  
<https://doi.org/10.1111/j.1475-6811.2010.01251.x>

### Book chapters and encyclopedia entries

11. **Baucom, K.J.W.**, Baucom, B.R.W., & Leifker, F.R. (in press). Supervising work with couples. In Terjesen, M. & Del Vecchio, T. *Handbook of Training and Supervision in Cognitive Behavioral Therapy*. Springer Publications.
10. **Baucom, K.J.W.**, Mercer, F.D., \*Aguirre, M.C., & Christensen, A. (2022). Integrative behavioral couple therapy. In Rapp-McCall, L., Corcoran, K. & Roberts, A.R. (Eds.), *Social Workers' Desk Reference, 4<sup>th</sup> Ed* (644-653). Oxford University Press.
9. **Baucom, K.J.W.** & Baucom, B.R.W. (2017). Andrew Christensen. In Lebow, J., Chambers, A., & Breunlin, D. (Eds.), *Encyclopedia of Couple and Family Therapy*. Springer Publications, Inc.
8. \*Crasta, D., \*Knopp, K., Baucom, B.R.W., & **Baucom, K.J.W.** (2017). Couple Research and Treatment special interest group of ABCT. In Lebow, J., Chambers, A., & Breunlin, D. (Eds.), *Encyclopedia of Couple and Family Therapy*. Springer Publications, Inc.
7. **Baucom, K.J.W.** (2017). Integrative behavioral couple therapy. In Wenzel, A. (Ed.), *SAGE Encyclopedia of Abnormal and Clinical Psychology*. Sage Publications, Inc.
6. **Baucom, K.J.W.** & \*Leo, K. (2017). Protective buffering. In Wenzel, A. (Ed.), *SAGE Encyclopedia of Abnormal and Clinical Psychology*. Sage Publications, Inc.
5. **Baucom, K.J.W.** & \*Perry, N.S. (2017). Traditional behavioral couple therapy. In Wenzel, A. (Ed.), *SAGE Encyclopedia of Abnormal and Clinical Psychology*. Sage Publications, Inc.
4. **Baucom, K.J.W.**, Mercer, F.D., & Christensen, A. (2015). Integrative behavioral couple therapy. In Corcoran, K. & Roberts, A.R. (Eds.), *Social Workers' Desk Reference, 3<sup>rd</sup> Ed*. Oxford University Press.
3. Christensen, A. & **Williams, K.J.** (2009). Integrative behavioral couple therapy. In Reis, H., & Sprecher, S. (Eds.), *Encyclopedia of Human Relationships* (pp. 863-865). Sage Publications, Inc.
2. Christensen, A., McGinn, M.M., & **Williams, K.J.** (2008). Behavioral couples therapy. In Gabbard, G. (Ed.), *Textbook of Psychotherapeutic Treatments* (pp. 603-623). American Psychiatric Publishing, Inc.

1. **Williams, K.J.**, Mercer, F.D., & Christensen, A. (2008). Integrative behavioral couple therapy. In Franklin, C., et al. (Eds.), *Social Workers' Desk Reference, 2<sup>nd</sup> Ed* (pp. 467-473). Oxford University Press.

### Peer-reviewed conference proceedings

2. Chaspari, T., Timmons, A.C., Baucom, B.R., Perrone, L., **Baucom, K.J.W.**, Georgiou, P.G., Margolin, G., & Narayanan, S.S. (2017). *Exploring sparse representation measures of physiological synchrony for romantic couples*. International Conference on Affective Computing and Intelligent Interaction.
1. Chaspari, T., Baucom, B.R., Timmons, A.C., Tsiartas, A., Del Piero, L.B., **Baucom, K.J.W.**, Georgiou, P.G., Margolin, G., & Narayanan, S.S. (2015). *Quantifying EDA synchrony through joint sparse representation: A case-study of couples' interactions*. International Conference on Acoustics, Speech and Signal Processing.

### Manuscripts under review

3. Eastwick, P., Sparks, J., Finkel, E.J., ...**Baucom, K.J.W.** ...et al. (under review). A worldwide test of the predictive validity of ideal partner preference-matching.
2. \*Whitaker, M., \*Aguirre, M.C., \*Gutierrez Chavez, M., \*Beaulieu, E., Arones, Y.B., Gershenoff, D., Hinton, K., Klein, N., Munezero Uwizeye, J., Napia, E., Ramos, C., Tavake-Pasi, O.F., Villalta, J., Wolfsfeld, C., Witte, B., Maxfield, E., Simmons, D.L., Clark, L., Sher, T., Smith, T.W., & **Baucom, K.J.W.** (under review). Couple-based lifestyle intervention to prevent type 2 diabetes: Protocol for a randomized pilot feasibility and acceptability trial.
1. \*Whitaker, M., \*Gutierrez Chavez, M., Asnaani, A., Gutner, C., Ritchie, N.D., Shah, M., & **Baucom, K.J.W.** (under review). Adjustments made to the National Diabetes Prevention Program during the COVID-19 pandemic.

\*denotes mentee or co-mentee

## SERVICE ACTIVITIES

### National Service

Representative-at-Large, ABCT Board of Directors (2021-present)  
 Co-Chair, Listserv Review Committee, Society for a Science of Clinical Psychology (2021-2022)  
 Early Career Reviewer, NIH Human Studies of Diabetes & Obesity Study Section (February 2022)  
 Member-at-Large, Society for a Science of Clinical Psychology Board of Directors (2019-2020)  
 Coordinator, ABCT Academic & Professional Issues (2017-2020)  
 Chair, ABCT Awards & Recognition Committee (2014-2017)  
 Member, ABCT Academic & Professional Issues Committee (2014-2017)  
 Co-President, ABCT Couples' Research & Therapy Special Interest Group (2014-2016)  
 Member, ABCT Awards & Recognition Committee (2012-2014)  
     Subcommittee Chair, Student Awards (2012-2014)  
     Subcommittee Member, Dissertation Awards (2012-2014)  
 External Reviewer, Facilitating Research & Creative Activities Pilot Grant, San Francisco State University (2014)  
 Reviewer, World Congress of Behavioral and Cognitive Therapies Posters and Open Papers (2013)  
 Student Co-President, ABCT Couples' Research & Therapy Special Interest Group (2009-2011)

### Editorial Boards

*the Behavior Therapist* (2017-2019)  
*Family Process* (2014-2017)

### Psychology Department Service, University of Utah

Member, CNS Assistant Professor Search Committee (2022-present)  
 Member, Career-Line Personnel Committee (2022-present)  
 Member, Clinical Training Committee (2012-present)  
 Member, Undergraduate Committee (2019-2021)

Member, Diversity Committee (2018-2019)

### University of Utah Service

Program Partner, Office of Undergraduate Research (2022-present)

Member, VPCAT Alumni Advisory Committee (2019-present)

Reviewer, Primary Children's Foundation Career Development Award (2017, 2021, 2022)

Member, Health Behaviors Seminar Series Planning Committee, Diabetes & Metabolism Research Center (2020-2021)

Near Peer Mentor, Utah CCTS Interdisciplinary Spheres of Translation across the Research Spectrum (STARS) TL1 Training Program (2019-2020)

### Examination Committee Membership

#### Dissertation Committees

Kimberley Johnson, University of Utah (2022)

Erin Buttars, Counseling Psychology, U of U (2022)

Brianna Wellen, University of Utah (2021)

Karena Leo, University of Utah (2021)

Julia Harris, University of Utah (2020)

Loran Hayes, University of Utah (2018)

Shirley Chen, Pepperdine University (2015)

Kaddy Revolorio, Pepperdine University (2015)

#### Preliminary Exam Committee

Kimberley Johnson, University of Utah (2022)

Carlene Deits-Lebehn, University of Utah (2019)

#### Master's Thesis Committees

Brynn Meulenberg, University of Utah (2023; Chair)

Manuel Gutierrez Chavez, University of Utah (2022)

Kirsten Bootes, University of Utah (2021)

Emily Braley, University of Utah (2021)

Krishnapriya Ramanujam, University of Utah (2015)

#### Undergraduate Honor's Thesis Committee

Aya Sadat, University of Utah (2023; Chair)

Christina Ferguson, University of Utah (2015; Chair)

### Student Mentoring

#### PhD Students

Brooke Franklin (2022-present)

Brynn Meulenberg (2021-present)

Madelyn Whitaker (2021-present)

Manuel Gutierrez Chavez (2020-present; co-mentor)

#### MPH Practicum Student

Sidney Cushing (Summer & Fall 2021)

#### Outside University of Utah

ABCT Couples Research & Therapy Special Interest Group (2022)

ABCT Behavioral Medicine Special Interest Group (2021,2022)

### Mentored Student Honors & Awards

Spring 2022

**Emmanuel Jesus Diaz**, *CSBS Outstanding Undergraduate Research Award*

**Emmanuel Jesus Diaz**, *Beehive Honor Society Inductee*

**Emmanuel Jesus Diaz**, *U of Utah Undergraduate Research Opportunities Program Grant*

Fall 2021

**Monique C. Aguirre**, *Yale Psychology Department's Sneak Peek Program for PhD Applicants*

Summer 2021

**Tali Bauman**, *U of Utah Undergraduate Research Opportunities Program Grant*

**Yessica Diaz**, *U of Utah Summer Program for Undergraduate Research Grant*

**Bennie Martinez**, *U of Utah Summer Program for Undergraduate Research Grant*



- Spring 2021 **Tali Bauman**, *U of Utah Undergraduate Research Opportunities Program Grant*
- Summer 2020 **Olivia Huntzinger**, *U of Utah Undergraduate Research Opportunities Program Grant*
- Spring 2020 **Monique C. Aguirre**, *U of Utah Undergraduate Research Opportunities Program Grant*  
**Olivia Huntzinger**, *U of Utah Undergraduate Research Opportunities Program Grant*

### Ad Hoc Manuscript Review

*Acta Paediatrica; Anxiety, Stress, and Coping; Behavior Therapy; Behavioral Medicine; Behaviour Research and Therapy; BMJ Open Diabetes Research & Care; Depression & Anxiety; Diabetes Research and Clinical Practice; Family Practice; Family Process; Health Education & Behavior; Health Psychology Open; Journal of Child & Family Studies; Journal of Clinical Psychology in Medical Settings; Journal of Consulting & Clinical Psychology; Journal of Couple & Relationship Therapy; Journal of Diabetes & Its Complications; Journal of Family Psychology; Journal of Language & Social Psychology; Journal of Medical Internet Research; Journal of Social & Personal Relationships; Journal of Social & Clinical Psychology; Personal Relationships; Psychology of Learning & Teaching; Psychoneuroendocrinology*

### Professional Affiliations

Association for Behavioral and Cognitive Therapies  
 Behavioral Medicine Special Interest Group (SIG)  
 Clinical Psychological Science SIG  
 Couples' Research & Therapy SIG  
 Society for a Science of Clinical Psychology  
 Society of Behavioral Medicine

## CONFERENCE PRESENTATIONS

84. \*Meulenberg, B.L., Carbajal-Salisbury, S., Villalta, J., \*Gutierrez Chavez, M., \*Whitaker, M., Asnaani, A., Sanchez-Birkhead, A.C., & **Baucom, K.J.W.** (accepted; 2022, November). Culturally-sensitive family-based diabetes prevention for Hispanic mothers: A community-based approach. In M. Roddy (Chair), *Novel Adaptations to Dyadic Clinical Research for High-Risk and Underserved Populations during the COVID-19 Pandemic*. [Symposium presentation]. The Association for Behavioral and Cognitive Therapies Annual Conference, New York City, NY.
83. \*†Whitaker, M., †Aguirre, M.C., Ramos, C., Klein, N., Arones, Y., Villalta, J., Munezero Uwizeye, J., Wolfsfeld, C., Wolfsfeld, M., Napia, E., Tavake-Pasi, O.F., Hinton, K.L., Sher, T., Simmons, D.L., Smith, T.W., Clark, L., & **Baucom, K.J.W.** (anticipated; 2022, November). Use of community-based participatory research principles to adapt the CDC's National Diabetes Prevention Program curriculum for delivery to couples across diverse communities. In M. Roddy (Chair), *Novel Adaptations to Dyadic Clinical Research for High-Risk and Underserved Populations during the COVID-19 Pandemic*. [Symposium presentation]. The Association for Behavioral and Cognitive Therapies Annual Conference, New York City, NY.  
 †Equal contributions
82. Gutierrez Chavez, M., Kaur, K., **Baucom, K.J.W.**, Sanchez-Birkhead, A., Sunada, G., Mukundente, V., Tavake-Pasi, F., Napia, E., Villalta, J., & Asnaani, A. (2022, April). Developing an equitable intervention approach for communities of color: Mental health and co-occurring physical health concerns in the context of the COVID-19 pandemic. Oral presentation. The Rocky Mountain Psychological Association Annual Conference, Salt Lake City, UT.
81. \*Aguirre, M.C., \*Diaz, Y., \*Bauman, T., \*Nemirovsky, Y., \*Gutierrez Chavez, M., Ramos, C., Asnaani, A., Gutner, C., Ritchie, N.D., & **Baucom, K.J.W.** (2021, November 18-21). *Emotional, social, and structural barriers among Latinx participants in the National Diabetes Prevention Program*. [Poster presentation]. The Association for Behavioral and Cognitive Therapies Annual Conference, Virtual Meeting.
80. \*Whitaker, M., Gutierrez Chavez, M., Gutner, C., & **Baucom, K.J.W.** (2021, November 8-12). *Strategies and Adjustments Made to the National Diabetes Prevention Program in Response to the COVID-19 Pandemic*. [Poster presentation]. University of Utah Diabetes & Metabolism Research Center Fall Retreat, Virtual Meeting.

79. Pershing, M.,L., **Baucom, K.J.W.**, Dwenger, K.M., Karasawa, M., Cohan, J.N., & Ozanne, E.M. (2021, October 17-20). *Improving Communication Between Clinicians, Coaches, and Participants of the National Diabetes Prevention Program*. The International Conference on Communication in Healthcare, Virtual Meeting.
78. **Baucom, K.J.W.**, \*McBride, S., Deits-Lebehn, C., Fortenberry, K.T., Frame, K.A., Smith, T.W., Williams, P.G., & Baucom, B.R.W. (2020, November). *Incorporating bluetooth proximity sensors into objective assessment of physical activity in couples* [Symposium presentation]. The Association for Behavioral and Cognitive Therapies, Virtual Meeting.
77. Heyman, R.E., **Baucom, K.J.W.**, Slep, A.M.S., Mitnick, D.M., & Lorber, M.F. (2020, November). A research program testing the effectiveness of a preventive intervention for couples with a newborn. In M. O'Reilly-Treter (Chair), *Better Access and Better Outcomes: Relationship Education Programs During the Perinatal Period Session: Better Access and Better Outcomes: Relationship Education Programs During the Perinatal Period*. Symposium at the 54<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
76. Heyman, R. E., Slep, A. M. S., **Baucom, K. J. W.**, & Malik, J. (2020, November) Myths or Facts: (1) Distressed Couples Have Skills Deficits and (2) Couples Behavior Results from Distress, Not IPV. In A. K. Wojda (Chair), *A Close Examination of Interpersonal Behavior Associated with Intimate Partner Violence*. Symposium at the 54<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Virtual Meeting.
75. Tracy, E.L., **Baucom, K.J.W.**, Helgeson, V.S., & Berg, C.A. (2020, April 1-4). *Illness appraisal and positive interaction in couples with type 1 diabetes* [Poster presentation]. The Scientific Sessions of the Society for Behavioral Medicine, San Francisco, CA.
74. **Baucom, K.J.W.**, Aguirre, M.C., Arones, Y., Coulter, H., Gershonoff, D., Hinton, K.L., Napia, E., Ramos, C., Rowe, N., Tavake-Pasi, O.F., Villalta, J., Sher, T., Smith, T.W., & Clark, L. (2019, November 21-24). *Community advisory board for couple-based diabetes prevention* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, Atlanta, GA.
73. Rascon, A., Heyman, R.E., **Baucom, K.J.W.**, Isaac, L., Haydt, N.C., DiSpirito, Z.F., Glazman, J.E., Guerrero, C., Fat, S.J., & Slep, A.M.S. (2019, June 19-22). *Patient experience and expression of unpleasant emotion during healthcare encounters* [Poster presentation]. The International Association for Dental Research, Vancouver, Canada.
72. **Baucom, K.J.W.**, Helgeson, V.S., & Berg, C.A. (2019, June 7-11). *In the eye of the beholder? Communication in couples coping with type 1 diabetes* [Poster presentation]. The American Diabetes Association Scientific Sessions, San Francisco, CA.
71. Adamo, C., Crenshaw, A., Hogan, J., Leo, K., Bourne, S., **Baucom, K.J.W.**, & Baucom, B.R.W. (2018, November 15-18). *Utilizing wearable technology to study relationship conflict in naturalistic settings* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, Washington, DC.
70. Crenshaw, A.O., Leo, K., Christensen, A., Hogan, J.N., **Baucom, K.J.W.**, & Baucom, B.R.W. (2018, November 15-18). *Demand/withdraw behavior and the structure of couple conflict: Reexamining an old question with new methods* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, Washington, D.C.
69. Leo, K., **Baucom, K.J.W.**, & Baucom, B.R.W. (2018, November 15-18). *Methodological issues in observational research on group differences: Disentangling enactment and perception of behavior and emotion*. In F. Leifker (Chair), *Improving the Inclusivity, Replicability, and Generalizability of Couples Research Through Technological and Methodological Innovations* [Symposium]. The Association for Behavioral and Cognitive Therapies, Washington, D.C.
68. Adamo, C., Hogan, J.N., Leo, K., Crenshaw, A.O., **Baucom, K.J.W.**, & Baucom, B.R.W. (2017, November 16-19). *The physiology of relationship conflict across contexts* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, San Diego, CA.
67. **Baucom, K.J.W.** (2017, November 16-19). Discussant. In K. Knopp (Chair), *From efficacious to effective: Interventions for disadvantaged couples* [Symposium]. The Association for Behavioral and Cognitive Therapies, San Diego, CA.

66. Leo, K., Adamo, C., Georgiou, P.G., Baucom, B.R.W., & **Baucom, K.J.W.** (2017, November 16-19). *Observational coding: Power in the masses* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, San Diego, CA.
65. Heyman, R.E., Slep, A.M.S., **Baucom, K.J.W.**, Mitnick, D.M., Lorber, M.F., & Xu, S. (2017, August 3-4). *Prevention programs for couples with a newborn: Promising or problematic?* [Paper presentation]. Child Development: The Roles of the Family and Public Policies, Vejle, Denmark.
64. Adamo, C., Leo, K., Hogan, J.N., Crenshaw, A.O., **Baucom, K.J.W.**, & Baucom, B.R.W. (2017, May 25-27). *Absence makes the heart grow how? Daily life physiological functioning in romantic partners* [Poster presentation]. Association for Psychological Science, Boston, MA.
63. Adamo, C., Leo, K., Hogan, J.N., Crenshaw, A.O., **Baucom, K.J.W.**, & Baucom, B.R.W. (2017, April 6-8). *Strong reactions, stronger attributions: Evidence in support of the Polarization Process Model of relationship distress* [Poster presentation]. Rocky Mountain Psychological Association, Salt Lake City, UT.
62. Leo, K., Crenshaw, A.O., Hogan, J.N., Bourne, S., Chaspari, T., **Baucom, K.J.W.**, & Baucom, B.R.W. (2017, April 6-8). *The role of affect modulation in the demand-withdraw interaction pattern* [Poster presentation]. Rocky Mountain Psychological Association, Salt Lake City, UT.
61. Lee, E., Helgeson, V.S., **Baucom, K.J.W.**, & Berg, C.A. (2017, March 29-April 1). *Daily diabetes stress, general stress, and sleep satisfaction in couples with type 1 diabetes: Evidence of bidirectional effects* [Poster presentation]. Society of Behavioral Medicine, San Diego, CA.
60. Wiebe, D. Silva, S., Suchy, Y., **Baucom, K.J.W.**, & Berg, C.A. (2017, March 29-April 1). *Depressive symptoms moderate links between self-regulation and type 1 diabetes management in late adolescents* [Paper presentation]. Society of Behavioral Medicine, San Diego, CA.
59. Deits-Lebehn, C.M., Smith, T.W., Hogan, J.N., Crenshaw, A.O., Perry, N.S., Wiltshire, T., Kent, R., Dickenson, J., Baron, C., **Baucom, K.J.W.**, & Baucom, B.R.W. (2016, October 27-30). A systems approach to modeling intra- and interpersonal processes in psychotherapy and psychopathology. In Z.E. Imel & B. Baucom (Chairs), *A biobehavioral model of therapeutic presence in couple therapy* [Symposium]. The Association for Behavioral and Cognitive Therapies, New York, NY.
58. Leo, K., Crenshaw, A.O., Hogan, J.N., Bourne, S., **Baucom, K.J.W.**, Baucom, B.R.W. (2016, October 27-30). *Observational assessment of couple conflict behaviors in the lab and in the home* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, New York, NY.
57. Perry, N.S. Crenshaw, A. O., Hogan, J. N., Leo, K., **Baucom, K. J. W.**, & Baucom, B. R. W. (2016, October 27-30). Interpersonal aspects of emotion regulation mediate associations between psychological distress and communication behavior in married couples. In K. Christensen (Chair), *Lifespan and methodological perspectives on interpersonal emotion regulation: Implications for clinical science* [Symposium]. The Association of Behavioral and Cognitive Therapies, New York, NY.
56. Crenshaw, A.O., Hogan, J.N., **Baucom, K.J.W.**, Leo, K., & Baucom, B.R. (2016, May 26-29). *Stress, empathic accuracy, and satisfaction across four relationship conversations: A multilevel SEM approach* [Poster presentation]. The Association for Psychological Science, Chicago, IL.
55. Berg, C., Helgeson, V., Queen, T., Van Vleet, M., Fuessel-Herrmann, D., Huntbach, B., Kelly, C., Russo, M., **Baucom, K.J.W.**, Ramsey, M., Jones, R., & Korytkowski, M. (2016, March 30-April 2). *Disclosure to partner and self-regulation of type 1 diabetes in couples during adulthood* [Paper presentation]. Society of Behavioral Medicine, Washington, DC.
54. **Baucom, K.J.W.**, Helgeson, V.S., & Berg, C.A. (2015, November 12-15). *Dyadic communication in adults with type 1 diabetes and their partners* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
53. Crenshaw, A.O., Hogan, J.N., **Baucom, K.J.W.**, Leo, K., Baucom, B.R. (2015, November 12-15). *Is it all about me? Predictors and consequences of empathic accuracy during relationship conversations* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
52. Hogan, J.N., Crenshaw, A.O., **Baucom, K.J.W.**, & Baucom, B.R. (2015, November 12-15) *Quantity, quality, and form of time spent together in intimate relationships: Implications for relationship functioning* [Poster presentation]. The Association for Behavioral and Cognitive Therapies, Chicago, IL.

51. Hogan, J.N., Crenshaw, A.O., Bourne, S., Kent De Grey, R.G., Perry, N.S., Baron, C., Dickenson, J., **Baucom, K.J.W.**, & Baucom, B.R. (2015, November 12-15). *Multilevel models for characterizing dyadic psychophysiological reactivity* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
50. \*Klinkefus, N.S., \*Bishop, T., \*Chavez, A., \*Ferguson, C., \*Leo, K., \*Schaff, M., & **Baucom, K.J.W.** (2015, November 12-15). *Self-compassion, resilience, and psychological distress among same-sex attracted Mormons* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
49. Leo, K., Crenshaw, A.O., Hogan, J., Bourne, S., Chaspari, T., **Baucom, K.J.W.**, & Baucom, B.R. (2015, November 12-15). *Demand/withdraw behavior, emotional expression, and physiological reactivity during marital conflict* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
48. Perry, N.S., Butner, J., Hogan, J., Crenshaw, A., Bourne, S., **Baucom, K.J.W.**, & Baucom, B.R. (2015, November 12-15). *Using Vector Fields to Plot and Interpret Cross-Lagged Panel Models* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
47. Hogan, J.N., Crenshaw, A.O., **Baucom, K.J.W.**, & Baucom, B.R. (2015, September 30 – October 5). *Electrodermal activity and high frequency heart rate variability during dyadic baselines* [Poster presentation]. The Society for Psychophysiological Research, Seattle, WA.
46. Baucom, B.R., **Baucom, K.J.W.**, Hogan, J.N., Crenshaw, A.O., Bourne, S.E., Moore, L., Crowell, S.E., Georgiou, P.G., & Goodwin, M. (2015, May 21-25). Resting high-frequency heart rate variability predicts behavioral roles in demand/withdraw behavior. In S. Holley and B.R. Baucom (Co-chairs), *Recognizing, regulating, and reciprocating: Associations between emotion regulatory processes and demand-withdraw behavior* [Symposium]. Association for Psychological Science Convention, New York, NY.
45. Chaspari, T., Timmons, A.C., Perrone, L., **Baucom, K.J.W.**, Georgiou, P.G., Baucom, B.R., Margolin, G., & Narayanan, S.S. (2015, February 26-28). Quantifying physiological synchrony in romantic relationships with joint sparse representation. In G. Lucas and R. Boyd (Co-chairs), *Computational Mental Health* [Symposium]. Society for Personality and Social Psychology, Long Beach, CA
44. Baucom, B.R., **Baucom, K.J.W.**, Hogan, J.N., Crenshaw, A.O., Bourne, S.E., Moore, L., Crowell, S.E., Georgiou, P.G., & Goodwin, M. (2014, November 20-23). Comparability of cardiovascular reactivity to marital conflict in laboratory and naturalistic settings. In B. Baucom (Chair), *Marrying the laboratory and daily life: Ambulatory physiological responses to relationship conflict as it occurs in everyday life* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
43. **Baucom, K.J.W.**, Baucom, B.R., & Christensen, A. (2014, November 20-23). *Changes in dyadic communication during and after Integrative and Traditional Behavioral Couple Therapy* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
42. **Baucom, K.J.W.**, Queen, T.L., Wiebe, D.J., Turner, S.L., Wolfe, K.L., Godbey, E.I., Fortenberry, K.T., Mansfield, J.H., & Berg, C.A. (2014, November 20-23). *Depressive symptoms, daily stress, and adherence in late adolescents with type 1 diabetes* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
41. Hogan, J.N., Bourne, S.E., Crenshaw, A.O., Moore, L., **Baucom, K.J.W.**, & Baucom, B.R. (2014, November) 20-23. *A comparison of baseline physiological regulatory functioning with spouse present versus alone* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
40. \*Leo, K., \*Chen, X.S., Reina, A., Christensen, A., & **Baucom, K.J.W.** (2014, November 20-23). *Individual distress and observed communication in low-SES couples transitioning to parenthood* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
39. **Baucom, K.J.W.** (2013, November 21-24). Panel Chair. *Beyond the intent to reach: Recruitment of couples for intervention research*. Panel discussion at the Association for Behavioral and Cognitive Therapies Convention, Nashville, TN.
38. \*Chen, X.S., \*Revolorio, K.Y., **Baucom, K.J.W.**, Reina-Patton, A., & Christensen, A. (2012, August 2-5). *Recruitment and retention of low-income couples: Spanish vs. English-speaking participants* [Poster presentation]. The American Psychological Association Convention, Orlando, FL.

37. \*Revolorio, K.Y., \*Chen, X.S., **Baucom, K.J.W.**, Reina-Patton, A., & Christensen, A. (2012, May 24-27). *Recruitment and enrollment of low-income couples for a distress prevention study during the transition to parenthood: The importance of timing* [Poster presentation]. The Association for Psychological Science Convention, Chicago, IL.
36. **Baucom, K.J.W.**, Baucom, B.R., & Christensen, A. (2011, November 10-13). *Do the naïve know best? The predictive power of naïve ratings of couple interactions* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
35. **Baucom, K.J.W.**, Sevier, M., Doss, B., Eldridge, K.A., & Christensen, A. (2011, November 10-13). Associations between changes in communication and relationship outcomes 5 years after Traditional and Integrative Behavioral Couple Therapy. In L. Benson (Chair), *Five-year follow-up data on a comparison of two couple therapies* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
34. Benson, L.A., Higier, R.G., Testerman, L., Glenn, D., **Baucom, K.J.W.**, & McFarr, L.M. (2011, November 10-13). *Dialectical Behavior Therapy's secondary targets as predictors of psychiatric services utilization in individuals with Borderline Personality Disorder* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
33. Eubanks, C.J., & **Baucom, K.J.W.** (2011, November 10-13). Symposium Chair. *Beyond relationship satisfaction: An examination of the effects of depression and distress in new domains of relationship health* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
32. Glenn, D., Higier, R.G., Benson, L.A., Testerman, L., **Baucom, K.J.W.**, & McFarr, L.M. (2011, November 10-13). *Mindfulness and burnout in DBT for Borderline Personality Disorder: Does therapist mindfulness moderate the effects of therapy-interfering behavior* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
31. Higier, R.G., Benson, L.A., Testerman, L., Glenn, D., Jackson, L.L., \*Mallam, S., **Baucom, K.J.W.**, & McFarr, L. (2011, November 10-13). *Predictors of burnout in DBT: Dialectical dilemmas and therapy-interfering behaviors* [Poster presentation]. The International Society for the Improvement and Teaching of Dialectical Behavior Therapy Conference, Toronto, Canada.
30. Jackson, L.L., Higier, R.G., \*Mallam, S., **Baucom, K.J.W.**, Bedics, J., & McFarr, L.M. (2011, November 10-13). *Shaping team-interfering behavior using the strategies of Dialectical Behavior Therapy* [Poster presentation]. The International Society for the Improvement and Teaching of Dialectical Behavior Therapy Conference, Toronto, Canada.
29. Jackson, L.L., \*Mallam, S., **Baucom, K.J.W.**, Bedics, J.D., & McFarr, L.M. (2011, November 10-13). *Links between therapy-interfering behaviors, emotion regulation, and skills use in patients diagnosed with Borderline Personality Disorder* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
28. Trillingsgaard, T., & **Baucom, K.J.W.** (2011, November 10-13). *Predicting individual and interpersonal adjustment across the transition to parenthood* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
27. \*Wu, M., **Baucom, K.J.W.**, & Christensen, A. (2011, November 10-13). *Examining the link between depressive symptoms and physical/psychological aggression in married couples* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
26. \*Mallam, S., \*Revolorio, K., \*Quezada, M., **Baucom, K.J.W.**, Jackson, L.L., et al. (2011, August 4-7). *Identifying patterns in the trajectory of therapy-interfering behaviors in patients diagnosed with Borderline Personality Disorder* [Poster presentation]. The American Psychological Association Convention, Washington, DC.
25. Higier, R.G., Benson, L., Mallam, S., Testerman, L., Glenn, D., **Baucom, K.J.W.**, Bedics, J.D., & McFarr, L.M. (2011, June 2-5). *Predictors of therapist burnout in DBT: The role of secondary targets* [Poster presentation]. The International Congress of Cognitive Psychotherapy Convention, Istanbul, Turkey.

24. Jackson, L.L., Higier, R.G., Henriquez, S., **Baucom, K.J.W.**, Bedics, J.D., & McFarr, L.M. (2011, June). *Potential links between DBT skills acquisition, emotion regulation, and length of time in comprehensive DBT treatment* [Poster presentation]. The International Congress of Cognitive Psychotherapy Convention, Istanbul, Turkey.
23. **Baucom, K.J.W.**, & Eubanks, C.J. (2010, November 18-21). Symposium Chair. *Extending research on associations between individual and relational distress in couples* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, San Francisco, CA.
22. Conway, C.C., **Baucom, K.J.W.**, Castriotta, N., Jalbrzikowski, M., Radisavljevic, K., & McFarr, L.M. (2010, November 18-21). *Gender bias in assessment of Borderline Personality Disorder symptoms: An Item Response Theory analysis* [Poster presentation]. The International Society for the Improvement and Teaching of Dialectical Behavior Therapy Conference, San Francisco, CA.
21. Holler, R., Jakle, K., Gorgorian, A., **Baucom, K.J.W.**, & McFarr, L.M. (2010, November 18-21). *Training Cognitive Behavioral Therapy practitioners in a community mental health setting: Identifying roadblocks and success in transfer of learning* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, San Francisco, CA.
20. \*Mallam, S., **Baucom, K.J.W.**, Bedics, J., & McFarr, L. (2010, November 18-21). *The trajectory of therapy-interfering behaviors in Dialectical Behavior Therapy: A case study* [Poster presentation]. The International Society for the Improvement and Teaching of Dialectical Behavior Therapy Conference, San Francisco, CA.
19. McGinn, M.M., **Baucom, K.J.W.**, Ferriter, C., Bolden, L., & McFarr, L. (2010, November 18-21). *Effectiveness of Acceptance and Commitment Therapy for chronic pain as an outpatient group intervention in a community hospital setting* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, San Francisco, CA.
18. **Baucom, K.J.W.**, Sevier, M., Eldridge, K.A., Doss, B., & Christensen, A. (2010, June 2-5). *Changes in behavior and changes in relationship satisfaction in Traditional and Integrative Behavioral Couple Therapy: Associations through 2-year follow-up* [Poster presentation]. The World Congress for Behavioral and Cognitive Therapies Convention, Boston, MA.
17. \*Derhovanesian, G., **Baucom, K.J.W.**, & Christensen, A. (2010, June 2-5). *Differences in observed mindfulness in distressed vs. nondistressed couples* [Poster presentation]. The World Congress for Behavioral and Cognitive Therapies Convention, Boston, MA.
16. Trillingsgaard, T., **Baucom, K.J.W.**, & Elklit, A. (2010, June 2-5). *Enhancing the couple relationship at the transition to parenthood: A randomized trial of the Prevention Relationship Enhancement Program versus two control conditions* [Poster presentation]. The World Congress for Behavioral and Cognitive Therapies Convention, Boston, MA.
15. \*Wu, M., **Baucom, K.J.W.**, & Christensen, A. (2010, May 14). *Examining the link between depressive symptoms and physical/psychological aggression in marital couples* [Poster presentation]. The Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.
14. **Williams-Baucom, K.J.**, Sevier, M., Doss, B., Eldridge, K.A., & Christensen, A. (2009, November 19-22). Behavior change in Traditional and Integrative Behavioral Couple Therapy: Examination of changes through 2-year follow up. In R. Brock & W. Aldridge (Chairs), *Beyond Marital Satisfaction as an Outcome of Interest in Couples' Research* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, New York, NY.
13. **Williams, K.J.**, Ferriter, C., Rubin, N., Gorgorian, A., & McFarr, L.M. (2009, November 19-22). *Prediction of student outcomes from student-rated supervisor competence* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, New York, NY.
12. Baucom, B.R., **Baucom, K.W.**, & Christensen, A. (2009, November 19-22). *Clinically significant change outcomes and change in endogenous eye-blink rate in two behavioral couple therapies* [Poster presentation]. The Couples Special Interest Group Meeting at the Association for Behavioral and Cognitive Therapies Convention, New York, NY.

11. \*Derhovanesian, G., **Williams-Baucom, K.J.**, & Christensen, A. (2009, November 19-22). *Changes in mindfulness following Integrative Behavioral Couple Therapy: Associations with relationship satisfaction* [Poster presentation]. The Mindfulness Special Interest Group Meeting at the Association for Behavioral and Cognitive Therapies Convention, New York, NY.
10. **Williams-Baucom, K.J.**, McFarr, L., & Arns, P. (2009, October 19-21). *Effectiveness of Dialectical Behavior Therapy in an outpatient community mental health clinic: Mechanisms and outcomes* [Paper presentation]. The Dialectical Behavior Therapy Strategic Planning Meeting, Seattle, WA.
9. \*Derhovanesian, G., **Williams, K.J.**, & Christensen, A. (2009, May 22-25). *Changes in mindfulness following Integrative Behavioral Couple Therapy* [Poster presentation]. The Association for Psychological Science Convention, San Francisco, CA.
8. \*Pang, L., **Williams, K.J.**, & Christensen, A. (2009, May 22-25). *Pronoun rates of distressed and non-distressed couples in social support and problem solving interactions* [Poster presentation]. The Association for Psychological Science Convention, San Francisco, CA.
7. Ferriter, C., **Williams, K.J.**, Lovato, L.D., Davidtz, J., & McFarr, L. (2008, November 13-16). *Impact of supervisees' reports of supervisor competency on supervision evaluation and patient outcomes* [Poster presentation]. The Association for Behavioral and Cognitive Therapies Convention, Orlando, FL.
6. \*Huang, J., \*Kim, M., \*Pang, L., **Williams, K.J.**, & Christensen, A. (2008, May 22-25). *Emotion words in responders and non-responders to behavioral couple therapies* [Poster presentation]. The Association for Psychological Science Convention, Chicago, IL.
5. \*Kim, M., \*Huang, J., \*Pang, L., **Williams, K.J.**, & Christensen, A. (2008, May 22-25). *The impact of parents' emotional language on child adjustment* [Poster presentation]. The Association for Psychological Science Convention, Chicago, IL.
4. **Williams, K.J.**, Atkins, D.C., & Christensen, A. (2007, November 15-18). The language of closeness. In B. Baucom, B., & E. Gadol (Chairs), *Positive aspects of relationship functioning* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
3. **Williams, K.J.**, Baucom, B.R., Watson, M.J., Sevier, M., Eldridge, K.A., & Christensen, A. (2007, November 15-18). Do the naïve know best? Naïve ratings of relationship quality in problem solving interactions during a clinical trial of couple therapy. In B. Baucom (Chair), *Innovative behavioral research methods in couples research* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
2. **Williams, K.J.**, Atkins, D.C., & Christensen, A. (2006, November 16-19). "You" and "I" need to talk about "us:" Linguistic patterns in couples. In S. Steenywyk (Chair), *The language of relationships: Using computational linguistics to study couples and couple therapy* [Symposium]. The Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.
1. **Williams, K.J.**, Atkins, D.C., & Christensen, A. (2006, July 6-10). *Verbal language use in couples' problem solving discussions* [Poster presentation]. The International Association for Relationship Research Conference, Crete, Greece.

\*denotes student mentee

## TEACHING EXPERIENCE

### Courses taught (University of Utah):

F 2021, F2022	Introduction to Clinical Science (graduate course)	PSY 6391
S 2021, F 2019, F 2018, S 2013, F 2012	Abnormal Behavior (undergraduate course)	PSY 2300 (formerly PSY 3400)
S 2017	Behavioral Couple Therapy Practicum (graduate course)	PSY 6310
F 2012 – SP 2017	CBT Pre-Practicum/Practicum (graduate course)	PSY 6960/6961

F 2012 – F 2017

Clinical Psychology Clerkship  
(coordination of graduate clinical training)

PSY 6910

**Research and clinical workshops, guest lectures:**

6/2022	<b>Data Management Bootcamp</b>	HEART Lab <i>University of Utah</i>
11/2021	<b>The ABCs of Fs and Ks (co-facilitator)</b>	Diabetes and Metabolism Research Center Fall Retreat <i>University of Utah</i>
10/2019	<b>Leveraging Close Relationships to Maximize the Impact of the Diabetes Prevention Program</b>	Diabetes and Metabolism Research Center Fall Retreat <i>University of Utah</i>
3/2017	<b>Recruitment Challenges in Health-Related Couple Intervention Research</b>	Consortium for Families & Health Research Spring Symposium <i>University of Utah</i>
12/2016	<b>Couple-Based Lifestyle Intervention to Prevent Type 2 Diabetes</b>	K Club <i>University of Utah</i>
10/2016, 10/2015, 10/2014	<b>Case Formulation Approach to CBT</b>	Guest Lecture, Introduction to Clinical Science Graduate Course <i>University of Utah</i>
4/2014	<b>DBT Skills Training Workshop</b>	Psychology interns <i>University of Utah Neuropsychiatric Institute</i>
1/2014	<b>Integrative Behavioral Couple Therapy</b>	*co-facilitated with Brian Baucom, Ph.D. <i>Utah Psychological Association</i>
4/2013	<b>EPPP Panel Loan Repayment Options Panel</b>	Early Career Psychologist Workshop <i>Utah Psychological Association</i>
3/2013	<b>DBT Skills Training Workshop</b>	Clinical Psychology graduate students <i>University of Utah</i>
12/2012	<b>Integrative Behavioral Couple Therapy</b>	Postdoctoral Fellowship Seminar <i>Salt Lake City VA</i>
10/2012	<b>Case Formulation Approach to CBT</b>	Clinical Psychology graduate students <i>University of Utah</i>
4/2012	<b>Mindfulness and Distress Tolerance Skills in DBT</b>	Child & Adolescent Psychiatry Service <i>UCSD</i>
4/2012	<b>Helping Couples Get Past the Affair: The D. Baucom et al. Model</b>	Family Mental Health Program <i>San Diego VA</i>
3/2012	<b>DBT Applications to Inpatient Psychiatric Settings</b>	Child & Adolescent Psychiatry Service <i>UCSD</i>
3/2012	<b>An Overview of DBT</b>	Child & Adolescent Psychiatry Service <i>UCSD</i>
5/2011	<b>Behavioral Couple Therapies</b>	*co-facilitated with Brian Baucom, Ph.D.



*Pepperdine University*

3/2011	<b>Assessment with Couples: An Integrative Behavioral Couple Therapy Framework</b>	Guest Lecture, Clinical Intervention Graduate Seminar <i>California Lutheran University</i>
10/2010	<b>The Transition to Parenthood</b>	Guest Lecture, Marriage and the Family <i>University of Southern California</i>
9/2010	<b>Skills Group &amp; Phone Coaching in DBT</b>	<i>Harbor-UCLA Medical Center</i>
8/2010	<b>An Introduction to Multilevel Modeling (2-day workshop)</b>	*co-facilitated with Brian Baucom, Ph.D. <i>T.U. Braunschweig (Braunschweig, Germany)</i>
3/2010	<b>Borderline Personality Disorder: Presentation, Etiology, &amp; Treatment</b>	Guest Lecture, Abnormal Psychology <i>University of Southern California</i>
2/2010	<b>DBT for Borderline Personality Disorder</b>	Clinical Psychology Graduate Seminar <i>UCLA</i>
9/2009	<b>Skills Group in Dialectical Behavior Therapy</b>	<i>Harbor-UCLA Medical Center</i>

**CLINICAL EXPERIENCE**

2021 – present	<b>Director &amp; Clinical Supervisor, Needle Phobia Specialty Clinic, Behavioral Health Innovation &amp; Dissemination Center (BHIDC), University of Utah (Salt Lake City, UT)</b> Provide exposure therapy and supervise advanced Clinical Psychology Ph.D. student in exposure therapy for blood-injury-injection phobia to facilitate COVID-19 vaccination.
2014 – 2020	<b>Clinical Supervisor, University of Utah Couple Therapy Clinic (Salt Lake City, UT)</b> Supervise advanced Clinical Psychology Ph.D. students in Integrative Behavioral Couple Therapy in the context of research studies.
2012 – 2017	<b>Clinical Supervisor, University of Utah Counseling Center (Salt Lake City, UT)</b> Supervise 2nd year Clinical Psychology Ph.D. students in CBT for mood and anxiety disorders.
2011 – 2012	<b>Intern, San Diego VA Family Mental Health Program (San Diego, CA)</b> <u>Supervisor:</u> Joshua Madsen, Ph.D. Conducted couple therapy with Veterans presenting with relationship distress, typically in combination with individual physical/mental health problems in one or both partners. <b>Intern, UCSD Child and Adolescent Psychiatry Service (San Diego, CA)</b> <u>Supervisor:</u> Sandra J. Brown, Ph.D. Conducted behaviorally-based individual and family therapy, as well as assessment, with children and adolescents with mood, anxiety, psychotic, autism spectrum, and disruptive behavior disorders in an inpatient psychiatric center.
2010 – 2012	<b>Clinical Supervisor, UCLA Transition to Parenthood Project (Los Angeles, CA)</b> <u>Supervisor:</u> Astrid Reina-Patton, Ph.D. <u>Consultant:</u> Andrew Christensen, Ph.D. Supervised graduate students in delivery of distress prevention program with low-SES couples pregnant with their first child on this NICHD-funded study.
2008 – 2011	<b>Therapist, UCLA Anxiety Disorders Research Center (Los Angeles, CA)</b> <u>Supervisor:</u> Michelle G. Craske, Ph.D. <b>Neural Mediators of Behavior Therapy for Social Phobia (2008 – 2011)</b> <u>Consultants:</u> Jennifer Plumb, M.A. & Steven Hayes, Ph.D.

Conducted Acceptance and Commitment Therapy (ACT) for Social Phobia on this NIMH-funded study (Co-PIs: Craske and Lieberman).

**Pilot Study of Acceptance Training and Exposure for Panic Disorder (2010)**

Consultant: Michael Twohig, Ph.D.

Conducted Acceptance Training and Exposure Therapy for Panic Disorder (Co-PIs: Craske and Mueret).

**Emotion Regulation in Treatment of Anxiety Disorders (2009 – 2010)**

Consultants: Jennifer Plumb, M.A. & Steven Hayes, Ph.D.

Conducted ACT for a range of anxiety disorders on this NIMH-funded study (PI: Craske).

2009 – 2011

**Therapist, UCLA Psychology Clinic (Los Angeles, CA)**

Supervisor: Jayson Mystkowski, Ph.D.

Conducted individual CBT for psychosis, mood, and anxiety disorders. Coordinated & conducted supportive therapy low-fee psychotherapy program for individuals with amyotrophic lateral sclerosis (ALS) at the UCLA Muscular Dystrophy/ALS Center.

2007 – 2009

**Psychology Extern, Harbor-UCLA Medical Center (Los Angeles, CA)**

Supervisor: Lynn M. McFarr, Ph.D.

Conducted outpatient individual and group CBT for variety of psychiatric disorders, including Dialectical Behavior Therapy (DBT) for Borderline Personality Disorder. Facilitated inpatient ACT for Psychosis group.

2006 – 2007

**Therapist and Assessor, UCLA Psychology Clinic (Los Angeles, CA)**

Supervisors: Andrew Christensen, Ph.D., Eric Miller, Ph.D., & Jill Waterman, Ph.D.

Conducted individual, family, and couple therapy, as well as psychoeducational assessments of children and adults with learning difficulties.

**ADVANCED STATISTICAL & METHODOLOGICAL TRAINING RECEIVED**

*Community-Based Participatory Research* with Eleanor Gil-Kashiwabara, Ph.D. and Patricia Rodriguez Espinosa, Ph.D., October 21, 2021 (virtual)

*Intensive Longitudinal Modeling* with Niall Bolger, Ph.D. & Jean-Phillippe Laurenceau, Ph.D., October 27, 2016 (New York City, NY)

*Missing Data* with Craig Enders, Ph.D., September 10, 2012 (Utah State University)

*Propensity Score Methodology* with Elizabeth Stuart, Ph.D., April 8, 2010 (UCLA)

*Dyadic Data Analysis* with David Kenny, Ph.D., June 21-26, 2009 (University of Connecticut)

**ADVANCED CLINICAL TRAINING RECEIVED**

*Dialectical Behavior Therapy Intensive Training* with Tony DuBose, Psy.D., & Jennifer Waltz, Ph.D., April 26-30 & October 25-29, 2010 (Harbor-UCLA Medical Center, Los Angeles)

*Acceptance and Commitment Therapy Experiential and Core Skills Workshop* with Steven C. Hayes, Ph.D., July 25-27, 2008 (University of Nevada – Reno)