

What Can Psychology Undergraduate Advising Do for You?

Psychology Undergraduate Advising will help you access resources for your education and help you achieve your academic goals. Below are some guidelines for what you can expect from your advisor and what will be expected of you.

What Psychology Undergraduate Advising strives to do for you:

- Listen attentively to your questions and concerns and maintain confidentiality
- Respect your unique interests, abilities, and circumstances
- Help you explore a variety of academic options that support your personal and career interests
- Explain the various Psychology degree requirements
- Assist you in building an appropriate class schedule
- Refer you to appropriate campus resources as needed
- Help you learn how to search out answers for yourself

Psychology Undergraduate Advising CANNOT:

- Be your only source of advice. The Academic Advising Center can clarify information about general education and University regulations, policies, and procedures. Additional offices including Career and Professional Development, Financial Aid, Registrar's, Veteran Affairs and many others may also hold valuable information.
- Make decisions for you. The choices you make about which courses to take or what to major/minor in must be yours; the results of those decisions affect *your* future.
- Clear you for graduation. While the Psychology Undergraduate Advising can help you plan your courses to meet graduation requirements and help you check to see if you are on track, you are responsible for making sure that you have met your various graduation requirements. The Graduation Office has the final authority in determining when you have satisfied all of the requirements for your degree.

What you can do as an advisee:

- Ask questions! Let us know when you need assistance with classes, ways to get involved, or even personal health concerns.
- Be prepared for advising sessions by bringing appropriate documents, making a list of questions, and planning a tentative schedule.
- Honestly communicate your unique interests, abilities, and circumstances with your advisor.
- Take responsibility for achieving your success and accepting the consequences of your academic and personal decisions.
- Meet with your advisor regularly - we recommend meeting with an advisor every semester.
- Make sure that your AP, IB and other transfer credits have been officially sent to the U for evaluation.
- Arrive for your appointment on time. We have a 10 minute late policy. If you need to cancel, please let us know ASAP to allow us to assist other students who need to be helped.