

SCORING & REFERENCE

Items 3, 5, 6, 10, 13, 20, 22, and 23 use the following scoring:

- 5 = disagree very much
- 4 = disagree pretty much
- 3 = disagree a little
- 2 = agree a little
- 1 = agree pretty much
- 0 = agree pretty much

All remaining items are scored using the original scale values.

Score range from 0 to 125

Median is usually around 60

For complete psychometric information:

Rhodewalt, F. (1990). Self-handicappers: Individual differences in the preference for anticipatory self-protective acts. In R. Higgins, C. R. Snyder, and S. Berglas, (Eds.), Self-Handicapping: The Paradox That Isn't, pp. 69-106. New York: Guilford Press.

Sincerely,
Frederick Rhodewalt, Ph.D.
Professor